

Hungry Howie's

FLAVORED CRUST® PIZZA

NUTRITIONAL GUIDE



BUILD YOUR OWN PIZZA

8" Junior

To calculate total nutritional values for One Slice: Add selected "Toppings" to "Cheese Only"

| | Serving Size | Total Servings | Calories | Calories from Fat | Sat. Fat (g) | Trans. Fat (g) | Cholesterol (mg) | Sodium (mg) | Carbohydrates (g) | Dietary Fiber (g) | Sugars (g) | Protein (g) | Vitamin A | Vitamin C | Calcium | Iron | | |
|-------------|-------------------|----------------|----------|-------------------|--------------|----------------|------------------|-------------|-------------------|-------------------|------------|-------------|-----------|-----------|---------|------|----|----|
| Cheese Only | 1 Slice | 4 | 160 | 45 | 5g | 3g | 0g | 15mg | 200mg | 21g | 1g | 1g | 8g | 120% | 2% | 20% | 0% | |
| Toppings | Anchovies | 1 Slice | 4 | 10 | 0 | 0g | 0g | 0mg | 230mg | 0g | 0g | 0g | <1g | 0% | 0% | 0% | 0% | |
| | Bacon | 1 Slice | 4 | 20 | 15 | 2g | 0.5g | 0g | <5mg | 65mg | 0g | 0g | 1g | 0% | 0% | 0% | 0% | |
| | Black Olive | 1 Slice | 4 | 5 | 5 | 0.5g | 0g | 0g | 25mg | 0g | 0g | 0g | 0g | 0% | 0% | 0% | 0% | |
| | Cheddar | 1 Slice | 4 | 30 | 20 | 2.5g | 1.5g | 0g | 5mg | 45mg | 0g | 0g | 2g | 70% | 0% | 50% | 0% | |
| | Chicken | 1 Slice | 4 | 10 | 0 | 0g | 0g | 0g | 50mg | 0g | 0g | 0g | 2g | 0% | 0% | 0% | 0% | |
| | Feta | 1 Slice | 4 | 20 | 10 | 1g | 0g | <5mg | 85mg | <1g | 0g | 0g | 2g | 2% | 0% | 2% | 0% | |
| | Green Olive | 1 Slice | 4 | 5 | 0 | 0.5g | 0g | ** | 0mg | 55mg | 0g | 0g | 0g | 0% | 0% | 0% | 0% | |
| | Green Pepper | 1 Slice | 4 | 0 | 0 | 0g | 0g | 0g | 0mg | 0mg | <1g | 0g | 0g | 0% | 15% | 0% | 0% | |
| | Ground Beef | 1 Slice | 4 | 15 | 10 | 1.5g | 0.5g | 0g | <5mg | 90mg | 0g | 0g | 0g | 1g | 0% | 0% | 0% | 2% |
| | Ham | 1 Slice | 4 | 10 | 0 | 0g | 0g | 0g | <5mg | 75mg | 0g | 0g | 0g | 1g | 0% | 0% | 0% | 0% |
| | Jalapenos | 1 Slice | 4 | 0 | 0 | 0g | 0g | ** | 0mg | 120mg | 0g | 0g | 0g | 0g | 2% | 2% | 0% | 0% |
| | Meatball | 1 Slice | 4 | 20 | 15 | 1.5g | 0.5g | 0g | <5mg | 55mg | 0g | 0g | 0g | 2g | 0% | 0% | 2% | 2% |
| | Mild Pepper Rings | 1 Slice | 4 | 0 | 0 | 0g | 0g | 0g | 0mg | 105mg | 0g | 0g | 0g | 0g | 2% | 4% | 4% | 0% |
| | Mushroom | 1 Slice | 4 | 0 | 0 | 0g | 0g | ** | 0mg | 0mg | 0g | 0g | 0g | 0g | 0% | 0% | 0% | 0% |
| | Pepperoni | 1 Slice | 4 | 5 | 0 | 0.5g | 0g | 0g | 0mg | 45mg | 0g | 0g | 0g | 0g | 0% | 0% | 0% | 0% |
| | Pineapple | 1 Slice | 4 | 0 | 0 | 0g | 0g | 0g | 0mg | 0mg | 1g | 0g | <1g | 0g | 0% | 0% | 0% | 0% |
| | Red Onion | 1 Slice | 4 | 0 | 0 | 0g | 0g | 0g | 0mg | 0mg | 0g | 0g | 0g | 0g | 0% | 0% | 0% | 0% |
| | Sausage | 1 Slice | 4 | 30 | 25 | 2.5g | 1g | 0g | 5mg | 65mg | 0g | 0g | 0g | <1g | 0% | 0% | 0% | 0% |
| Steak | 1 Slice | 4 | 15 | 10 | 1g | 0g | 0g | <5mg | 0mg | 0g | 0g | 0g | 1g | 0% | 0% | 0% | 0% | |
| Tomato | 1 Slice | 4 | 5 | 0 | 0g | 0g | 0g | 0mg | 0mg | 1g | 0g | <1g | 0g | 6% | 6% | 0% | 0% | |

10" Small

To calculate total nutritional values for One Slice: Add selected "Toppings" to "Cheese Only"

| | Serving Size | Total Servings | Calories | Calories from Fat | Sat. Fat (g) | Trans. Fat (g) | Cholesterol (mg) | Sodium (mg) | Carbohydrates (g) | Dietary Fiber (g) | Sugars (g) | Protein (g) | Vitamin A | Vitamin C | Calcium | Iron | | |
|-------------------------|-------------------|----------------|----------|-------------------|--------------|----------------|------------------|-------------|-------------------|-------------------|------------|-------------|-----------|-----------|---------|------|-----|----|
| BUI | 1 Slice | 6 | 150 | 40 | 4.5g | 2.5g | 0g | 15mg | 200mg | 21g | 1g | 1g | 7g | 120% | 2% | 20% | 0% | |
| Gluten Free Cheese Only | 1 Slice | 6 | 90 | 45 | 5g | 2.5g | 0g | 15mg | 160mg | 7g | <1g | 2g | 4g | 120% | 2% | 15% | 0% | |
| Toppings | Anchovies | 1 Slice | 6 | 10 | 0 | 0g | 0g | 0mg | 230mg | 0g | 0g | 0g | <1g | 0% | 0% | 0% | 0% | |
| | Bacon | 1 Slice | 6 | 25 | 20 | 2.5g | 0.5g | 0g | <5mg | 85mg | 0g | 0g | 0g | 1g | 0% | 0% | 0% | 0% |
| | Black Olive | 1 Slice | 6 | 10 | 5 | 0.5g | 0g | 0g | 30mg | 0g | 0g | 0g | 0g | 0% | 0% | 0% | 0% | |
| | Cheddar | 1 Slice | 6 | 40 | 30 | 3g | 1.5g | 0g | 10mg | 60mg | 0g | 0g | 0g | 2g | 90% | 0% | 70% | 0% |
| | Chicken | 1 Slice | 6 | 10 | 0 | 0g | 0g | 0g | 5mg | 50mg | 0g | 0g | 0g | 2g | 0% | 0% | 0% | 0% |
| | Feta | 1 Slice | 6 | 25 | 15 | 1.5g | 1g | 0g | 5mg | 115mg | <1g | 0g | 0g | 2g | 2% | 0% | 4% | 0% |
| | Green Olive | 1 Slice | 6 | 5 | 5 | 0.5g | 0g | ** | 0mg | 75mg | 0g | 0g | 0g | 0g | 0% | 0% | 0% | 0% |
| | Green Pepper | 1 Slice | 6 | 0 | 0 | 0g | 0g | 0g | 0mg | 0mg | <1g | 0g | 0g | 0g | 2% | 20% | 0% | 0% |
| | Ground Beef | 1 Slice | 6 | 15 | 10 | 1.5g | 0.5g | 0g | <5mg | 90mg | 0g | 0g | 0g | 1g | 0% | 0% | 0% | 2% |
| | Ham | 1 Slice | 6 | 10 | 0 | 0g | 0g | 0g | <5mg | 75mg | 0g | 0g | 0g | 1g | 0% | 0% | 0% | 0% |
| | Jalapenos | 1 Slice | 6 | 0 | 0 | 0g | 0g | ** | 0mg | 120mg | 0g | 0g | 0g | 0g | 2% | 2% | 0% | 0% |
| | Meatball | 1 Slice | 6 | 40 | 25 | 3g | 1g | 0g | 5mg | 115mg | <1g | <1g | 0g | 3g | 0% | 0% | 2% | 2% |
| | Mild Pepper Rings | 1 Slice | 6 | 0 | 0 | 0g | 0g | 0g | 0mg | 105mg | 0g | 0g | 0g | 0g | 2% | 4% | 4% | 0% |
| | Mushroom | 1 Slice | 6 | 0 | 0 | 0g | 0g | ** | 0mg | 0mg | 0g | 0g | 0g | 0g | 0% | 0% | 0% | 0% |
| | Pepperoni | 1 Slice | 6 | 10 | 5 | 0.5g | 0g | 0g | 0mg | 60mg | 0g | 0g | 0g | 0g | 0% | 0% | 0% | 0% |
| | Pineapple | 1 Slice | 6 | 0 | 0 | 0g | 0g | 0g | 0mg | 0mg | 1g | 0g | <1g | 0g | 0% | 0% | 0% | 0% |
| | Red Onion | 1 Slice | 6 | 0 | 0 | 0g | 0g | 0g | 0mg | 0mg | 0g | 0g | 0g | 0g | 0% | 0% | 0% | 0% |
| | Sausage | 1 Slice | 6 | 30 | 25 | 2.5g | 1g | 0g | 5mg | 65mg | 0g | 0g | 0g | <1g | 0% | 0% | 0% | 0% |
| Steak | 1 Slice | 6 | 15 | 10 | 1g | 0g | 0g | <5mg | 0mg | 0g | 0g | 0g | 1g | 0% | 0% | 0% | 0% | |
| Tomato | 1 Slice | 6 | 5 | 0 | 0g | 0g | 0g | 0mg | 0mg | 2g | 0g | 1g | 0g | 6% | 8% | 0% | 0% | |

12" Medium

To calculate total nutritional values for One Slice: Add selected "Toppings" to "Cheese Only"

| | Serving Size | Total Servings | Calories | Calories from Fat | Sat. Fat (g) | Trans. Fat (g) | Cholesterol (mg) | Sodium (mg) | Carbohydrates (g) | Dietary Fiber (g) | Sugars (g) | Protein (g) | Vitamin A | Vitamin C | Calcium | Iron | | |
|------------------------|-------------------|----------------|----------|-------------------|--------------|----------------|------------------|-------------|-------------------|-------------------|------------|-------------|-----------|-----------|---------|------|----|----|
| Cheese Only | 1 Slice | 8 | 180 | 50 | 5g | 3g | 0g | 15mg | 230mg | 25g | 1g | 2g | 9g | 140% | 2% | 20% | 0% | |
| Thin Crust Cheese Only | 1 Slice | 8 | 140 | 60 | 7g | 3.5g | 0g | 15mg | 180mg | 13g | 1g | 1g | 6g | 140% | 2% | 15% | 0% | |
| Toppings | Anchovies | 1 Slice | 8 | 10 | 0 | 0g | 0g | 0mg | 230mg | 0g | 0g | 0g | <1g | 0% | 0% | 0% | 0% | |
| | Bacon | 1 Slice | 8 | 25 | 20 | 2.5g | 0.5g | 0g | <5mg | 85mg | 0g | 0g | 0g | 1g | 0% | 0% | 0% | 0% |
| | Black Olive | 1 Slice | 8 | 10 | 5 | 0.5g | 0g | 0g | 30mg | 0g | 0g | 0g | 0g | 0% | 0% | 0% | 0% | |
| | Cheddar | 1 Slice | 8 | 45 | 30 | 3.5g | 2g | 0g | 10mg | 70mg | 0g | 0g | 3g | 110% | 0% | 80% | 0% | |
| | Chicken | 1 Slice | 8 | 10 | 0 | 0g | 0g | 0g | 5mg | 50mg | 0g | 0g | 0g | 2g | 0% | 0% | 0% | 0% |
| | Feta | 1 Slice | 8 | 25 | 15 | 1.5g | 1g | 0g | 5mg | 115mg | <1g | 0g | 0g | 2g | 2% | 0% | 4% | 0% |
| | Green Olive | 1 Slice | 8 | 5 | 5 | 0.5g | 0g | ** | 0mg | 75mg | 0g | 0g | 0g | 0g | 0% | 0% | 0% | 0% |
| | Green Pepper | 1 Slice | 8 | 0 | 0 | 0g | 0g | 0g | 0mg | 0mg | <1g | 0g | 0g | 0g | 2% | 20% | 0% | 0% |
| | Ground Beef | 1 Slice | 8 | 15 | 10 | 1.5g | 0.5g | 0g | <5mg | 90mg | 0g | 0g | 0g | 1g | 0% | 0% | 0% | 2% |
| | Ham | 1 Slice | 8 | 10 | 0 | 0g | 0g | 0g | <5mg | 75mg | 0g | 0g | 0g | 1g | 0% | 0% | 0% | 0% |
| | Jalapenos | 1 Slice | 8 | 0 | 0 | 0g | 0g | ** | 0mg | 120mg | 0g | 0g | 0g | 0g | 2% | 2% | 0% | 0% |
| | Meatball | 1 Slice | 8 | 40 | 25 | 3g | 1g | 0g | 5mg | 115mg | <1g | <1g | 0g | 3g | 0% | 0% | 2% | 2% |
| | Mild Pepper Rings | 1 Slice | 8 | 0 | 0 | 0g | 0g | 0g | 0mg | 105mg | 0g | 0g | 0g | 0g | 2% | 4% | 4% | 0% |
| | Mushroom | 1 Slice | 8 | 0 | 0 | 0g | 0g | ** | 0mg | 0mg | 0g | 0g | 0g | 0g | 0% | 0% | 0% | 0% |
| | Pepperoni | 1 Slice | 8 | 10 | 5 | 0.5g | 0g | 0g | 0mg | 60mg | 0g | 0g | 0g | 0g | 0% | 0% | 0% | 0% |
| | Pineapple | 1 Slice | 8 | 0 | 0 | 0g | 0g | 0g | 0mg | 0mg | 1g | 0g | <1g | 0g | 0% | 0% | 0% | 0% |
| | Red Onion | 1 Slice | 8 | 0 | 0 | 0g | 0g | 0g | 0mg | 0mg | 0g | 0g | 0g | 0g | 0% | 0% | 0% | 0% |
| | Sausage | 1 Slice | 8 | 30 | 25 | 2.5g | 1g | 0g | 5mg | 65mg | 0g | 0g | 0g | <1g | 0% | 0% | 0% | 0% |
| Steak | 1 Slice | 8 | 15 | 10 | 1g | 0g | 0g | <5mg | 0mg | 0g | 0g | 0g | 1g | 0% | 0% | 0% | 0% | |
| Tomato | 1 Slice | 8 | 5 | 0 | 0g | 0g | 0g | 0mg | 0mg | 2g | 0g | 1g | 0g | 6% | 8% | 0% | 0% | |

BUILD YOUR OWN PIZZA

14" Large

To calculate total nutritional values for One Slice: Add selected "Toppings" to "Cheese Only"

| | Serving Size | Total Servings | Calories | Calories from Fat | Sat. Fat (g) | Trans. Fat (g) | Cholesterol (mg) | Sodium (mg) | Carbohydrates (mg) | Dietary Fiber (g) | Sugars (g) | Protein (g) | Vitamin A | Vitamin C | Calcium | Iron | | |
|---------------------------|-------------------|----------------|----------|-------------------|--------------|----------------|------------------|-------------|--------------------|-------------------|------------|-------------|-----------|-----------|---------|------|------|----|
| Cheese Only | 1 Slice | 8 | 250 | 70 | 7g | 4g | 0g | 25mg | 320mg | 34g | 2g | 2g | 12g | 220% | 4% | 30% | 0% | |
| Thin Crust Cheese Only | 1 Slice | 8 | 200 | 90 | 10g | 4.5g | 0g | 25mg | 260mg | 18g | 1g | 2g | 9g | 220% | 4% | 25% | 2% | |
| Stuffed Crust Cheese Only | 1 Slice | 8 | 300 | 120 | 12g | 7g | 0g | 40mg | 500mg | 35g | 2g | 3g | 15g | 360% | 4% | 150% | 0% | |
| Toppings | Anchovies | 1 Slice | 8 | 10 | 0 | 0g | 0g | 0g | 0mg | 290mg | 0g | 0g | 0g | <1g | 0% | 0% | 0% | 0% |
| | Bacon | 1 Slice | 8 | 20 | 15 | 2g | 0.5g | 0g | <5mg | 65mg | 0g | 0g | 0g | 1g | 0% | 0% | 0% | 0% |
| | Black Olive | 1 Slice | 8 | 15 | 10 | 1g | 0g | 0g | 0mg | 50mg | 0g | 0g | 0g | 0g | 0% | 0% | 0% | 0% |
| | Cheddar | 1 Slice | 8 | 60 | 40 | 4.5g | 2.5g | 0g | 15mg | 90mg | 0g | 0g | 0g | 4g | 140% | 0% | 100% | 0% |
| | Chicken | 1 Slice | 8 | 15 | 0 | 0g | 0g | 0g | 10mg | 85mg | 0g | 0g | 0g | 3g | 0% | 0% | 0% | 0% |
| | Feta | 1 Slice | 8 | 35 | 20 | 2g | 1.5g | 0g | 10mg | 170mg | 1g | 0g | <1g | 3g | 2% | 0% | 6% | 0% |
| | Green Olive | 1 Slice | 8 | 10 | 10 | 1g | 0g | ** | 0mg | 110mg | 0g | 0g | 0g | 0g | 0% | 0% | 0% | 0% |
| | Green Pepper | 1 Slice | 8 | 0 | 0 | 0g | 0g | 0g | 0mg | 0mg | <1g | 0g | 0g | 0g | 2% | 25% | 0% | 0% |
| | Ground Beef | 1 Slice | 8 | 30 | 20 | 2g | 1g | 0g | 5mg | 160mg | 0g | 0g | 0g | 2g | 0% | 0% | 0% | 2% |
| | Ham | 1 Slice | 8 | 15 | 0 | 0.5g | 0g | 0g | 5mg | 130mg | 0g | 0g | 0g | 2g | 0% | 0% | 0% | 0% |
| | Jalapenos | 1 Slice | 8 | 0 | 0 | 0g | 0g | ** | 0mg | 180mg | <1g | 0g | 0g | 0g | 4% | 2% | 0% | 2% |
| | Meatball | 1 Slice | 8 | 60 | 40 | 4.5g | 1.5g | 0g | 10mg | 170mg | 1g | <1g | 0g | 5g | 2% | 0% | 4% | 4% |
| | Mild Pepper Rings | 1 Slice | 8 | 0 | 0 | 0g | 0g | 0g | 0mg | 160mg | 0g | 0g | 0g | 0g | 4% | 6% | 6% | 0% |
| | Mushroom | 1 Slice | 8 | 0 | 0 | 0g | 0g | ** | 0mg | 0mg | 0g | 0g | 0g | 0g | 0% | 0% | 0% | 0% |
| | Pepperoni | 1 Slice | 8 | 10 | 10 | 1g | 0g | 0g | <5mg | 85mg | 0g | 0g | 0g | 0g | 0% | 0% | 0% | 0% |
| | Pineapple | 1 Slice | 8 | 5 | 0 | 0g | 0g | 0g | 0mg | 0mg | 2g | 0g | 1g | 0g | 0% | 2% | 0% | 0% |
| | Red Onion | 1 Slice | 8 | 0 | 0 | 0g | 0g | 0g | 0mg | 0mg | <1g | 0g | 0g | 0g | 0% | 0% | 0% | 0% |
| | Sausage | 1 Slice | 8 | 40 | 35 | 3.5g | 1g | 0g | 5mg | 90mg | 0g | 0g | 0g | 1g | 0% | 0% | 0% | 0% |
| | Steak | 1 Slice | 8 | 25 | 15 | 1.5g | 0.5g | 0g | 10mg | 5mg | 0g | 0g | 0g | 3g | 0% | 0% | 0% | 2% |
| | Tomato | 1 Slice | 8 | 10 | 0 | 0g | 0g | 0g | 0mg | 0mg | 3g | <1g | 2g | <1g | 10% | 15% | 0% | 2% |

16" XL

To calculate total nutritional values for One Slice: Add selected "Toppings" to "Cheese Only"

| | Serving Size | Total Servings | Calories | Calories from Fat | Sat. Fat (g) | Trans. Fat (g) | Cholesterol (mg) | Sodium (mg) | Carbohydrates (mg) | Dietary Fiber (g) | Sugars (g) | Protein (g) | Vitamin A | Vitamin C | Calcium | Iron | |
|-------------------|--------------|----------------|----------|-------------------|--------------|----------------|------------------|-------------|--------------------|-------------------|------------|-------------|-----------|-----------|---------|------|----|
| Cheese Only | 1 Slice | 8 | 350 | 90 | 10g | 6g | 0g | 35mg | 450mg | 48g | 3g | 3g | 17g | 310% | 4% | 45% | 0% |
| Anchovies | 1 Slice | 8 | 10 | 5 | 0.5g | 0g | 0g | 0mg | 350mg | 0g | 0g | 0g | 1g | 0% | 0% | 0% | 0% |
| Bacon | 1 Slice | 8 | 25 | 20 | 2g | 0.5g | 0g | <5mg | 80mg | 0g | 0g | 0g | 1g | 0% | 0% | 0% | 0% |
| Black Olive | 1 Slice | 8 | 15 | 15 | 1.5g | 0g | 0g | 0mg | 60mg | <1g | 0g | 0g | 0g | 0% | 0% | 0% | 0% |
| Cheddar | 1 Slice | 8 | 80 | 60 | 6g | 3.5g | 0g | 20mg | 125mg | 0g | 0g | 0g | 5g | 200% | 0% | 140% | 0% |
| Chicken | 1 Slice | 8 | 20 | 0 | 0g | 0g | 0g | 10mg | 110mg | 0g | 0g | 0g | 3g | 0% | 0% | 0% | 0% |
| Feta | 1 Slice | 8 | 45 | 25 | 2.5g | 2g | 0g | 10mg | 220mg | 1g | 0g | <1g | 4g | 2% | 0% | 6% | 0% |
| Green Olive | 1 Slice | 8 | 15 | 10 | 1.5g | 0g | ** | 0mg | 140mg | 0g | 0g | 0g | 0g | 0% | 0% | 0% | 0% |
| Green Pepper | 1 Slice | 8 | 5 | 0 | 0g | 0g | 0g | 0mg | 0mg | 1g | <1g | <1g | 0g | 2% | 40% | 0% | 0% |
| Ground Beef | 1 Slice | 8 | 35 | 25 | 3g | 1g | 0g | 5mg | 200mg | <1g | 0g | 0g | 2g | 0% | 0% | 0% | 2% |
| Ham | 1 Slice | 8 | 15 | 5 | 0.5g | 0g | 0g | 10mg | 170mg | 0g | 0g | 0g | 2g | 0% | 0% | 0% | 0% |
| Jalapenos | 1 Slice | 8 | 0 | 0 | 0g | 0g | ** | 0mg | 240mg | <1g | 0g | 0g | 0g | 4% | 2% | 0% | 2% |
| Meatball | 1 Slice | 8 | 80 | 50 | 6g | 2g | 0g | 15mg | 230mg | 2g | 1g | 0g | 6g | 2% | 0% | 6% | 6% |
| Mild Pepper Rings | 1 Slice | 8 | 0 | 0 | 0g | 0g | 0g | 0mg | 210mg | <1g | 0g | 0g | 0g | 4% | 8% | 8% | 0% |
| Mushroom | 1 Slice | 8 | 0 | 0 | 0g | 0g | ** | 0mg | 0mg | 0g | 0g | 0g | 0g | 0% | 0% | 0% | 0% |
| Pepperoni | 1 Slice | 8 | 15 | 10 | 1.5g | 0.5g | 0g | <5mg | 105mg | 0g | 0g | 0g | <1g | 0% | 0% | 0% | 0% |
| Pineapple | 1 Slice | 8 | 10 | 0 | 0g | 0g | 0g | 0mg | 0mg | 2g | 0g | 2g | 0g | 0% | 2% | 0% | 0% |
| Red Onion | 1 Slice | 8 | 0 | 0 | 0g | 0g | 0g | 0mg | 0mg | <1g | 0g | 0g | 0g | 0% | 0% | 0% | 0% |
| Sausage | 1 Slice | 8 | 60 | 50 | 6g | 2g | 0g | 10mg | 140mg | 0g | 0g | 0g | 2g | 0% | 0% | 0% | 2% |
| Steak | 1 Slice | 8 | 30 | 15 | 2g | 1g | 0g | 10mg | 10mg | 0g | 0g | 0g | 3g | 0% | 0% | 0% | 2% |
| Tomato | 1 Slice | 8 | 15 | 0 | 0g | 0g | 0g | 0mg | 0mg | 3g | <1g | 2g | <1g | 15% | 15% | 0% | 2% |

Deep Dish

To calculate total nutritional values for One Slice: Add selected "Toppings" to "Cheese Only"

| | Serving Size | Total Servings | Calories | Calories from Fat | Sat. Fat (g) | Trans. Fat (g) | Cholesterol (mg) | Sodium (mg) | Carbohydrates (mg) | Dietary Fiber (g) | Sugars (g) | Protein (g) | Vitamin A | Vitamin C | Calcium | Iron | |
|-------------------|--------------|----------------|----------|-------------------|--------------|----------------|------------------|-------------|--------------------|-------------------|------------|-------------|-----------|-----------|---------|------|----|
| Cheese Only | 1 Slice | 8 | 330 | 140 | 16g | 6g | 0g | 30mg | 370mg | 36g | 1g | 2g | 13g | 220% | 4% | 35% | 0% |
| Anchovies | 1 Slice | 8 | 10 | 0 | 0g | 0g | 0g | 0mg | 290mg | 0g | 0g | 0g | <1g | 0% | 0% | 0% | 0% |
| Bacon | 1 Slice | 8 | 20 | 15 | 2g | 0.5g | 0g | <5mg | 65mg | 0g | 0g | 0g | 1g | 0% | 0% | 0% | 0% |
| Black Olive | 1 Slice | 8 | 15 | 10 | 1g | 0g | 0g | 0mg | 50mg | 0g | 0g | 0g | 0g | 0% | 0% | 0% | 0% |
| Cheddar | 1 Slice | 8 | 60 | 50 | 5g | 3g | 0g | 15mg | 105mg | 0g | 0g | 0g | 4g | 160% | 0% | 110% | 0% |
| Chicken | 1 Slice | 8 | 15 | 0 | 0g | 0g | 0g | 10mg | 85mg | 0g | 0g | 0g | 3g | 0% | 0% | 0% | 0% |
| Feta | 1 Slice | 8 | 35 | 20 | 2g | 1.5g | 0g | 10mg | 170mg | 1g | 0g | <1g | 3g | 2% | 0% | 6% | 0% |
| Green Olive | 1 Slice | 8 | 10 | 10 | 1g | 0g | ** | 0mg | 110mg | 0g | 0g | 0g | 0g | 0% | 0% | 0% | 0% |
| Green Pepper | 1 Slice | 8 | 0 | 0 | 0g | 0g | 0g | 0mg | 0mg | 1g | <1g | <1g | 0g | 2% | 30% | 0% | 0% |
| Ground Beef | 1 Slice | 8 | 30 | 20 | 2g | 1g | 0g | 5mg | 160mg | 0g | 0g | 0g | 2g | 0% | 0% | 0% | 2% |
| Ham | 1 Slice | 8 | 15 | 0 | 0.5g | 0g | 0g | 5mg | 130mg | 0g | 0g | 0g | 2g | 0% | 0% | 0% | 0% |
| Jalapenos | 1 Slice | 8 | 0 | 0 | 0g | 0g | ** | 0mg | 180mg | <1g | 0g | 0g | 0g | 4% | 2% | 0% | 2% |
| Meatball | 1 Slice | 8 | 60 | 40 | 4.5g | 1.5g | 0g | 10mg | 170mg | 1g | <1g | 0g | 5g | 2% | 0% | 4% | 4% |
| Mild Pepper Rings | 1 Slice | 8 | 0 | 0 | 0g | 0g | 0g | 0mg | 160mg | 0g | 0g | 0g | 0g | 4% | 6% | 6% | 0% |
| Mushroom | 1 Slice | 8 | 0 | 0 | 0g | 0g | ** | 0mg | 0mg | 0g | 0g | 0g | 0g | 0% | 0% | 0% | 0% |
| Pepperoni | 1 Slice | 8 | 10 | 10 | 1g | 0g | 0g | <5mg | 85mg | 0g | 0g | 0g | 0g | 0% | 0% | 0% | 0% |
| Pineapple | 1 Slice | 8 | 5 | 0 | 0g | 0g | 0g | 0mg | 0mg | 2g | 0g | 1g | 0g | 0% | 2% | 0% | 0% |
| Red Onion | 1 Slice | 8 | 0 | 0 | 0g | 0g | 0g | 0mg | 0mg | <1g | 0g | 0g | 0g | 0% | 0% | 0% | 0% |
| Sausage | 1 Slice | 8 | 40 | 35 | 3.5g | 1g | 0g | 5mg | 90mg | 0g | 0g | 0g | 1g | 0% | 0% | 0% | 0% |
| Steak | 1 Slice | 8 | 25 | 15 | 1.5g | 0.5g | 0g | 10mg | 5mg | 0g | 0g | 0g | 3g | 0% | 0% | 0% | 2% |
| Tomato | 1 Slice | 8 | 10 | 0 | 0g | 0g | 0g | 0mg | 0mg | 3g | <1g | 2g | <1g | 10% | 15% | 0% | 2% |

| | | | | | | | | | | | | | | | | | |
|-------------------------------------|--------------|----------------|----------|-------------------|----------|---------------|----------------|-------------------|--------------|---------------------|--------------------|-------------|--------------|-----------|-----------|---------|------|
| BUILD YOUR OWN PIZZA | Serving Size | Total Servings | Calories | Calories from Fat | Fat (g.) | Sat. Fat (g.) | Trans Fat (g.) | Cholesterol (mg.) | Sodium (mg.) | Carbohydrates (mg.) | Dietary Fiber (g.) | Sugars (g.) | Protein (g.) | Vitamin A | Vitamin C | Calcium | Iron |
| | | | | | | | | | | | | | | | | | |

Sheet
To calculate total nutritional values for One Slice: Add selected "Toppings" to "Cheese Only"

| Item | 1 Slice | 32 | 190 | 50 | 5g | 3g | 0g | 15mg | 240mg | 25g | 1g | 2g | 9g | 150% | 2% | 25% | 0% |
|--------------------|---------|----|-----|----|------|------|----|------|-------|-----|----|-----|-----|------|-----|-----|----|
| Cheese Only | 1 Slice | 32 | 190 | 50 | 5g | 3g | 0g | 15mg | 240mg | 25g | 1g | 2g | 9g | 150% | 2% | 25% | 0% |
| Toppings | | | | | | | | | | | | | | | | | |
| Anchovies | 1 Slice | 32 | 10 | 0 | 0g | 0g | 0g | 0mg | 230mg | 0g | 0g | 0g | <1g | 0% | 0% | 0% | 0% |
| Bacon | 1 Slice | 32 | 25 | 20 | 2g | 0.5g | 0g | <5mg | 80mg | 0g | 0g | 0g | 1g | 0% | 0% | 0% | 0% |
| Black Olive | 1 Slice | 32 | 10 | 5 | 0.5g | 0g | 0g | 0mg | 30mg | 0g | 0g | 0g | 0g | 0% | 0% | 0% | 0% |
| Cheddar | 1 Slice | 32 | 40 | 30 | 3g | 1.5g | 0g | 10mg | 65mg | 0g | 0g | 0g | 2g | 100% | 0% | 70% | 0% |
| Chicken | 1 Slice | 32 | 10 | 0 | 0g | 0g | 0g | 10mg | 65mg | 0g | 0g | 0g | 2g | 0% | 0% | 0% | 0% |
| Feta | 1 Slice | 32 | 35 | 20 | 2g | 1.5g | 0g | 10mg | 170mg | 1g | 0g | <1g | 3g | 2% | 0% | 6% | 0% |
| Green Olive | 1 Slice | 32 | 5 | 5 | 0.5g | 0g | ** | 0mg | 70mg | 0g | 0g | 0g | 0g | 0% | 0% | 0% | 0% |
| Green Pepper | 1 Slice | 32 | 0 | 0 | 0g | 0g | 0g | 0mg | 0mg | <1g | 0g | 0g | 0g | 2% | 20% | 0% | 0% |
| Ground Beef | 1 Slice | 32 | 20 | 15 | 1.5g | 0.5g | 0g | <5mg | 105mg | 0g | 0g | 0g | 1g | 0% | 0% | 0% | 2% |
| Ham | 1 Slice | 32 | 10 | 0 | 0g | 0g | 0g | <5mg | 85mg | 0g | 0g | 0g | 1g | 0% | 0% | 0% | 0% |
| Jalapenos | 1 Slice | 32 | 0 | 0 | 0g | 0g | ** | 0mg | 115mg | 0g | 0g | 0g | 0g | 2% | 2% | 0% | 0% |
| Meatball | 1 Slice | 32 | 30 | 20 | 2g | 0.5g | 0g | <5mg | 80mg | <1g | 0g | 0g | 2g | 0% | 0% | 2% | 2% |
| Mild Pepper Rings | 1 Slice | 32 | 0 | 0 | 0g | 0g | 0g | 0mg | 100mg | 0g | 0g | 0g | 0g | 2% | 4% | 4% | 0% |
| Mushroom | 1 Slice | 32 | 0 | 0 | 0g | 0g | 0g | 0mg | 0mg | 0g | 0g | 0g | 0g | 0% | 0% | 0% | 0% |
| Pepperoni | 1 Slice | 32 | 5 | 5 | 0.5g | 0g | 0g | 0mg | 50mg | 0g | 0g | 0g | 0g | 0% | 0% | 0% | 0% |
| Pineapple | 1 Slice | 32 | 0 | 0 | 0g | 0g | 0g | 0mg | 0mg | 1g | 0g | <1g | 0g | 0% | 0% | 0% | 0% |
| Red Onion | 1 Slice | 32 | 0 | 0 | 0g | 0g | 0g | 0mg | 0mg | 0g | 0g | 0g | 0g | 0% | 0% | 0% | 0% |
| Sausage | 1 Slice | 32 | 35 | 30 | 3g | 1g | 0g | 5mg | 75mg | 0g | 0g | 0g | <1g | 0% | 0% | 0% | 0% |
| Steak | 1 Slice | 32 | 15 | 10 | 1g | 0g | 0g | 5mg | 0mg | 0g | 0g | 0g | 2g | 0% | 0% | 0% | 2% |
| Tomato | 1 Slice | 32 | 5 | 0 | 0g | 0g | 0g | 0mg | 0mg | 2g | 0g | <1g | 0g | 6% | 8% | 0% | 0% |

| | | | | | | | | | | | | | | | | |
|--------------|------|----------|-------------------|----------|---------------|----------------|-------------------|--------------|---------------------|--------------------|-------------|--------------|-----------|-----------|---------|------|
| PEPSI | Size | Calories | Calories from Fat | Fat (g.) | Sat. Fat (g.) | Trans Fat (g.) | Cholesterol (mg.) | Sodium (mg.) | Carbohydrates (mg.) | Dietary Fiber (g.) | Sugars (g.) | Protein (g.) | Vitamin A | Vitamin C | Calcium | Iron |
| | | | | | | | | | | | | | | | | |

FOUNTAIN

| | | | | | | | | | | | | | | | | |
|-------------------|--------|-----|---|----|----|----|-----|-------|------|----|------|----|----|----|----|----|
| Pepsi | 22 oz. | 270 | 0 | 0g | 0g | 0g | 0mg | 55mg | 75g | 0g | 75g | 0g | 0% | 0% | 0% | 0% |
| | 32 oz. | 400 | 0 | 0g | 0g | 0g | 0mg | 80mg | 109g | 0g | 109g | 0g | 0% | 0% | 0% | 0% |
| Diet Pepsi | 22 oz. | 0 | 0 | 0g | 0g | 0g | 0mg | 65mg | 0g | 0g | 0g | 0g | 0% | 0% | 0% | 0% |
| | 32 oz. | 0 | 0 | 0g | 0g | 0g | 0mg | 95mg | 0g | 0g | 0g | 0g | 0% | 0% | 0% | 0% |
| Mountain Dew | 22 oz. | 310 | 0 | 0g | 0g | 0g | 0mg | 110mg | 84g | 0g | 84g | 0g | 0% | 0% | 0% | 0% |
| | 32 oz. | 450 | 0 | 0g | 0g | 0g | 0mg | 160mg | 123g | 0g | 123g | 0g | 0% | 0% | 0% | 0% |
| Sierra Mist Twist | 22 oz. | 270 | 0 | 0g | 0g | 0g | 0mg | 65mg | 71g | 0g | 71g | 0g | 0% | 0% | 0% | 0% |
| | 32 oz. | 400 | 0 | 0g | 0g | 0g | 0mg | 95mg | 104g | 0g | 104g | 0g | 0% | 0% | 0% | 0% |
| Sweet Tea | 22 oz. | 140 | 0 | 0g | 0g | ** | 0mg | 20mg | 37g | 0g | 35g | 0g | 0% | 0% | 0% | 0% |
| | 32 oz. | 200 | 0 | 0g | 0g | ** | 0mg | 30mg | 53g | 0g | 50g | 0g | 0% | 0% | 0% | 2% |
| Unsweetened Tea | 22 oz. | 5 | 0 | 0g | 0g | ** | 0mg | 20mg | 2g | 0g | 0g | 0g | 0% | 0% | 0% | 0% |
| | 32 oz. | 10 | 0 | 0g | 0g | ** | 0mg | 30mg | 3g | 0g | 0g | 0g | 0% | 0% | 0% | 2% |

Actual calorie counts may vary based on cup fill level, the type and precise amount of ice used, and fountain equipment performance.
Diet beverages contain small amounts of calories that typically round to zero per FDA rules. In larger sizes, these calories may round to more than zero.

| SALAD | | | Total Servings | Calories | Calories from Fat | Fat (g) | Sat. Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Carbohydrates (g) | Dietary Fiber (g) | Sugars (g) | Protein (g) | Vitamin A | Vitamin C | Calcium | Iron |
|-----------------------------|---------|---|----------------|----------|-------------------|---------|--------------|---------------|------------------|-------------|-------------------|-------------------|------------|-------------|-----------|-----------|---------|------|
| Serving Size | | | | | | | | | | | | | | | | | | |
| Antipasto | Large | 1 | 1 | 800 | 480 | 53g | 25g | 0g | 190mg | 2790mg | 27g | 11g | 11g | 53g | 540% | 150% | 90% | 25% |
| | Regular | 1 | 1 | 400 | 240 | 26g | 12g | 0g | 95mg | 1390mg | 14g | 5g | 6g | 27g | 270% | 80% | 45% | 15% |
| Chef | Large | 1 | 1 | 390 | 180 | 19g | 8g | 0g | 80mg | 1380mg | 23g | 9g | 11g | 28g | 610% | 150% | 100% | 25% |
| | Regular | 1 | 1 | 240 | 120 | 13g | 6g | 0g | 55mg | 780mg | 13g | 5g | 6g | 17g | 340% | 80% | 80% | 10% |
| Chicken Asiago | Large | 1 | 1 | 370 | 130 | 14g | 5g | 0g | 105mg | 1200mg | 27g | 9g | 12g | 35g | 520% | 160% | 35% | 25% |
| | Regular | 1 | 1 | 240 | 80 | 9g | 3.5g | 0g | 80mg | 830mg | 15g | 5g | 7g | 25g | 260% | 80% | 20% | 15% |
| Chicken Ceaser | Large | 1 | 1 | 310 | 90 | 10g | 5g | 0g | 105mg | 1100mg | 22g | 7g | 7g | 35g | 500% | 120% | 30% | 20% |
| | Regular | 1 | 1 | 220 | 70 | 8g | 3.5g | 0g | 80mg | 830mg | 15g | 3g | 4g | 25g | 250% | 60% | 20% | 10% |
| Garden | Large | 1 | 1 | 190 | 45 | 5g | 0g | 0g | 0mg | 240mg | 31g | 12g | 15g | 8g | 530% | 340% | 30% | 20% |
| | Regular | 1 | 1 | 90 | 25 | 2.5g | 0g | 0g | 0mg | 115mg | 14g | 5g | 7g | 3g | 160% | 180% | 10% | 8% |
| Greek | Large | 1 | 1 | 460 | 210 | 21g | 12g | 0g | 60mg | 1910mg | 34g | 9g | 16g | 30g | 540% | 160% | 50% | 20% |
| | Regular | 1 | 1 | 230 | 100 | 11g | 6g | 0g | 30mg | 960mg | 18g | 5g | 8g | 15g | 270% | 80% | 35% | 10% |
| Spicy Chicken | Large | 1 | 1 | 760 | 390 | 43g | 16g | 0g | 120mg | 1730mg | 48g | 12g | 11g | 46g | 530% | 150% | 80% | 20% |
| | Regular | 1 | 1 | 510 | 270 | 29g | 11g | 0g | 85mg | 1190mg | 31g | 6g | 6g | 31g | 270% | 80% | 50% | 10% |
| *Spicy Chicken Asiago | Large | 1 | 1 | 580 | 260 | 28g | 7g | 0g | 65mg | 1420mg | 47g | 10g | 11g | 32g | 520% | 150% | 35% | 20% |
| | Regular | 1 | 1 | 580 | 260 | 28g | 7g | 0g | 65mg | 1420mg | 47g | 10g | 11g | 32g | 520% | 150% | 35% | 20% |
| *Spicy Chicken Caesar | Large | 1 | 1 | 520 | 230 | 25g | 7g | 0g | 65mg | 1320mg | 42g | 8g | 6g | 32g | 500% | 120% | 30% | 20% |
| | Regular | 1 | 1 | 370 | 170 | 18g | 5g | 0g | 50mg | 990mg | 30g | 4g | 3g | 23g | 250% | 60% | 20% | 10% |
| *Grilled Chicken | Large | 1 | 1 | 560 | 260 | 29g | 14g | 0g | 165mg | 1510mg | 27g | 10g | 12g | 48g | 530% | 160% | 80% | 25% |
| | Regular | 1 | 1 | 360 | 170 | 19g | 9g | 0g | 115mg | 1030mg | 15g | 5g | 7g | 33g | 270% | 80% | 50% | 15% |
| *Spicy Chicken Caesar | Large | 1 | 1 | 520 | 230 | 25g | 7g | 0g | 65mg | 1320mg | 42g | 8g | 6g | 32g | 500% | 120% | 30% | 20% |
| | Regular | 1 | 1 | 370 | 170 | 18g | 5g | 0g | 50mg | 990mg | 30g | 4g | 3g | 23g | 250% | 60% | 20% | 10% |
| *Antipasto Salad | Small | 1 | 1 | 200 | 120 | 13g | 6g | 0g | 45mg | 670mg | 8g | 3g | 3g | 13g | 210% | 60% | 25% | 8% |
| *Chef Salad | Small | 1 | 1 | 160 | 90 | 9g | 4.5g | 0g | 35mg | 450mg | 8g | 3g | 3g | 11g | 270% | 60% | 60% | 8% |
| *Chicken Asiago Salad | Small | 1 | 1 | 140 | 45 | 5g | 2g | 0g | 50mg | 510mg | 9g | 3g | 4g | 16g | 210% | 60% | 10% | 10% |
| *Garden Salad | Small | 1 | 1 | 60 | 10 | 1g | 0g | 0g | 0mg | 65mg | 10g | 4g | 4g | 2g | 210% | 120% | 10% | 8% |
| *Greek Salad | Small | 1 | 1 | 120 | 50 | 5g | 3g | 0g | 15mg | 440mg | 10g | 3g | 4g | 8g | 210% | 60% | 20% | 6% |
| *Grilled Chicken Salad | Small | 1 | 1 | 200 | 90 | 10g | 5g | 0g | 70mg | 610mg | 9g | 3g | 4g | 20g | 210% | 60% | 25% | 10% |
| *Spicy Chicken Salad | Small | 1 | 1 | 300 | 150 | 17g | 6g | 0g | 50mg | 720mg | 19g | 4g | 3g | 19g | 210% | 60% | 25% | 8% |
| *Chicken Caesar Salad | Small | 1 | 1 | 140 | 40 | 4.5g | 2g | 0g | 50mg | 560mg | 11g | 2g | 2g | 16g | 140% | 35% | 10% | 8% |
| *Spicy Chicken Asiago Salad | Small | 1 | 1 | 240 | 110 | 12g | 3g | 0g | 30mg | 620mg | 19g | 4g | 3g | 14g | 210% | 60% | 10% | 8% |
| *Spicy Chicken Caesar | Small | 1 | 1 | 250 | 110 | 12g | 3g | 0g | 30mg | 670mg | 21g | 3g | 2g | 15g | 140% | 35% | 10% | 6% |

| HOWIE ROLL | | | Total Servings | Calories | Calories from Fat | Fat (g) | Sat. Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Carbohydrates (g) | Dietary Fiber (g) | Sugars (g) | Protein (g) | Vitamin A | Vitamin C | Calcium | Iron | |
|----------------------|--------|---|----------------|----------|-------------------|---------|--------------|---------------|------------------|-------------|-------------------|-------------------|------------|-------------|-----------|-----------|---------|------|----|
| (Based on 1 Serving) | | | | | | | | | | | | | | | | | | | |
| Chicken & Cheese | 1 Roll | 1 | 1 | 610 | 150 | 20g | 7g | 1g | 75mg | 830mg | 79g | 6g | 6g | 6g | 29g | 210% | 2% | 180% | 4% |
| Pepperoni & Cheese | 1 Roll | 1 | 1 | 630 | 190 | 25g | 9g | 0.5g | 55mg | 1020mg | 80g | 7g | 6g | 6g | 24g | 6% | 0% | 50% | 4% |
| Steak & Cheese | 1 Roll | 1 | 1 | 640 | 190 | 24g | 9g | 1g | 70mg | 560mg | 78g | 6g | 6g | 6g | 29g | 210% | 0% | 180% | 6% |

| WINGS | | | Total Servings | Calories | Calories from Fat | Fat (g) | Sat. Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Carbohydrates (g) | Dietary Fiber (g) | Sugars (g) | Protein (g) | Vitamin A | Vitamin C | Calcium | Iron |
|--------------|--|--|----------------|----------|-------------------|---------|--------------|---------------|------------------|-------------|-------------------|-------------------|------------|-------------|-----------|-----------|---------|------|
|--------------|--|--|----------------|----------|-------------------|---------|--------------|---------------|------------------|-------------|-------------------|-------------------|------------|-------------|-----------|-----------|---------|------|

| HOWIE WINGS | | | | | | | | | | | | | | | | | | | |
|---|----------------------|--------|---|----|----|------|------|----|------|-------|------|----|------|----|-----|-----|----|----|----|
| To calculate total nutritional values for 1 Wing: Add selected "Sauces" to "Original Howie Wings" | | | | | | | | | | | | | | | | | | | |
| Sauces | Original Howie Wings | 1 Wing | 1 | 70 | 45 | 5g | 1.5g | 0g | 20mg | 290mg | 0g | 0g | 0g | 0g | 5g | 20% | 0% | 0% | 2% |
| | Asian | 1 Wing | 1 | 10 | 0 | 0g | 0g | 0g | 0mg | 85mg | 2g | 0g | 2g | 0g | 0% | 0% | 0% | 0% | |
| | BBQ | 1 Wing | 1 | 10 | 0 | 0g | 0g | 0g | 0mg | 35mg | 2g | 0g | 2g | 0g | 0% | 0% | 0% | 0% | |
| | Buffalo | 1 Wing | 1 | 5 | 0 | 0.5g | 0g | 0g | 0mg | 125mg | 0g | 0g | 0g | 0g | 2% | 0% | 0% | 0% | |
| | Sriracha | 1 Wing | 1 | 0 | 0 | 0g | 0g | 0g | 0mg | 115mg | < 1g | 0g | < 1g | 0g | 15% | 0% | 0% | 0% | |

| BONELESS HOWIE WINGS | | | | | | | | | | | | | | | | | | |
|--|-------------------------------|--------|---|----|----|------|----|----|------|-------|----|----|------|----|-----|----|----|----|
| To calculate total nutritional values for 1 Wing: Add selected "Sauces" to "Original Boneless Howie Wings" | | | | | | | | | | | | | | | | | | |
| Sauces | Original Boneless Howie Wings | 1 Wing | 1 | 60 | 20 | 2g | 0g | 0g | 15mg | 270mg | 5g | 0g | < 1g | 5g | 15% | 0% | 0% | 2% |
| | Asian | 1 Wing | 1 | 10 | 0 | 0g | 0g | 0g | 0mg | 85mg | 2g | 0g | 2g | 0g | 0% | 0% | 0% | 0% |
| | BBQ | 1 Wing | 1 | 10 | 0 | 0g | 0g | 0g | 0mg | 35mg | 2g | 0g | 2g | 0g | 0% | 0% | 0% | 0% |
| | Buffalo | 1 Wing | 1 | 5 | 0 | 0.5g | 0g | 0g | 0mg | 125mg | 0g | 0g | 0g | 0g | 2% | 0% | 0% | 0% |
| | Sriracha | 1 Wing | 1 | 0 | 0 | 0g | 0g | 0g | 0mg | 180mg | 1g | 0g | < 1g | 0g | 20% | 2% | 0% | 0% |

| SPICY CHICKEN TENDERS | | | | | | | | | | | | | | | | | | |
|---|----------|--|--|-----|----|----|------|----|------|-------|-----|------|----|-----|----|----|----|----|
| The average total nutritional value for 1 tender (tenders vary in size) | | | | | | | | | | | | | | | | | | |
| Spicy Chicken Tenders | 1 Tender | | | 170 | 80 | 9g | 1.5g | 0g | 25mg | 490mg | 11g | < 1g | 0g | 11g | 0% | 0% | 2% | 2% |

* Product only available in Florida.

| HOWIE BREAD (Based On 1 Piece) | | Serving Size | Total Servings | Calories | Calories from Fat | Fat (g) | Sat. Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Carbohydrates (g) | Dietary Fiber (g) | Sugars (g) | Protein (g) | Vitamin A | Vitamin C | Calcium | Iron |
|--|---------|--------------|----------------|----------|-------------------|---------|--------------|---------------|------------------|-------------|-------------------|-------------------|------------|-------------|-----------|-----------|---------|------|
| Howie Bread | 1 Piece | 16 | 70 | 10 | 1.5g | 0g | 0g | < 5mg | 95mg | 12g | < 1g | < 1g | 2g | 0% | 0% | 4% | 0% | |
| 3 Cheeser Howie Bread | 1 Piece | 16 | 90 | 25 | 3g | 1g | 0g | 5mg | 130mg | 12g | < 1g | < 1g | 3g | 20% | 0% | 20% | 0% | |
| Asiago Howie Bread | 1 Piece | 16 | 80 | 15 | 2g | 1g | 0g | < 5mg | 75mg | 12g | < 1g | < 1g | 3g | 0% | 0% | 6% | 0% | |
| Cajun Howie Bread | 1 Piece | 16 | 60 | 10 | 1g | 0g | 0g | 0mg | 75mg | 11g | < 1g | < 1g | 2g | 0% | 0% | 4% | 0% | |
| Cinnamon Howie Bread | 1 Piece | 16 | 70 | 10 | 1g | 0g | 0g | 0mg | 45mg | 13g | < 1g | 2g | 2g | 0% | 0% | 4% | 0% | |
| Deep Dish 3 Cheeser | 1 Piece | 16 | 140 | 45 | 6g | 2.5g | 0g | 15mg | 220mg | 17g | < 1g | 1g | 6g | 90% | 0% | 70% | 0% | |
| *Howie Bread | 1 Piece | 8 | 80 | 10 | 1.5g | 0g | 0g | < 5mg | 105mg | 15g | < 1g | < 1g | 3g | 0% | 0% | 6% | 0% | |
| *3 Cheeser Howie Bread | 1 Piece | 8 | 130 | 45 | 5g | 2.5g | 0g | 15mg | 190mg | 15g | 1g | < 1g | 6g | 30% | 0% | 35% | 0% | |
| *Asiago Howie Bread | 1 Piece | 8 | 90 | 20 | 2.5g | 1g | 0g | < 5mg | 90mg | 15g | < 1g | < 1g | 4g | 0% | 0% | 8% | 0% | |
| *Cajun Howie Bread | 1 Piece | 8 | 80 | 10 | 1.5g | 0g | 0g | 0mg | 90mg | 15g | < 1g | < 1g | 3g | 0% | 0% | 4% | 0% | |
| *Cinnamon Howie Bread | 1 Piece | 8 | 90 | 10 | 1g | 0g | 0g | 0mg | 55mg | 16g | < 1g | 2g | 3g | 0% | 0% | 4% | 0% | |
| *Howie Bread (side for pasta) | 1 Piece | 5 | 100 | 15 | 2.5g | 0.5g | 0g | < 5mg | 140mg | 16g | 1g | 1g | 3g | 0% | 0% | 6% | 0% | |
| *Cajun Howie Bread (side for wings) | 1 Piece | 5 | 90 | 10 | 2g | 0g | 0g | < 5mg | 115mg | 16g | 1g | < 1g | 3g | 0% | 0% | 6% | 0% | |
| 4 oz. Marinara Sauce | 1 Piece | 1 | 45 | 0 | 0g | 0g | 0g | 0mg | 490mg | 735g | 2g | 5g | 2g | 10% | 15% | 4% | 8% | |

| HOWIE BROWNIE (Based On 5 Slices) | | Serving Size | Total Servings | Calories | Calories from Fat | Fat (g) | Sat. Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Carbohydrates (g) | Dietary Fiber (g) | Sugars (g) | Protein (g) | Vitamin A | Vitamin C | Calcium | Iron |
|--|---------|--------------|----------------|----------|-------------------|---------|--------------|---------------|------------------|-------------|-------------------|-------------------|------------|-------------|-----------|-----------|---------|------|
| To calculate total nutritional values for One Slice: Add sauce to "Howie Brownie Original" | | | | | | | | | | | | | | | | | | |
| Howie Brownie Original | 1 Piece | 5 | 270 | 80 | 9g | 3.5g | 0g | 10mg | 200mg | 46g | 2g | 30g | 3g | 0% | 0% | 2% | 10% | |
| Salted Caramel Sauce | 1 Piece | 5 | 20 | 5 | 0.5g | 0g | 0g | 0mg | 35mg | 3g | 0g | 3g | 0g | 0% | 0% | 0% | 0% | |
| Chocolate Sauce | 1 Piece | 5 | 15 | 0 | 0g | 0g | 0g | 0mg | 0mg | 4g | 0g | 3g | 0g | 0% | 0% | 0% | 0% | |

| DIPPING SAUCE (Per Cup) | | Serving Size | Total Servings | Calories | Calories from Fat | Fat (g) | Sat. Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Carbohydrates (g) | Dietary Fiber (g) | Sugars (g) | Protein (g) | Vitamin A | Vitamin C | Calcium | Iron |
|-----------------------------------|-------|--------------|----------------|----------|-------------------|---------|--------------|---------------|------------------|-------------|-------------------|-------------------|------------|-------------|-----------|-----------|---------|------|
| BBQ | 1 Cup | 1 | 80 | 0 | 0g | 0g | 0g | 0mg | 0mg | 340mg | 20g | 0g | 19g | 0g | 0% | 6% | 0% | 0% |
| Blue Cheese | 1 Cup | 1 | 200 | 130 | 21g | 4g | 0g | 25mg | 440mg | 2g | 0g | 1g | 1g | 0% | 0% | 2% | 0% | |
| Buffalo Sauce | 1 Cup | 1 | 60 | 50 | 6g | 1g | 0g | 0mg | 1280mg | 2g | 1g | 1g | 0g | 15% | 2% | 0% | 0% | |
| Cheese Sauce | 1 Cup | 1 | 140 | 80 | 9g | 5g | 0g | 5mg | 890mg | 12g | 0g | 5g | 1g | 2% | 0% | 10% | 0% | |
| Garlic Sauce | 1 Cup | 1 | 230 | 230 | 25g | 4g | 0g | 0mg | 380mg | 0g | 0g | 0g | 0g | 30% | 0% | 0% | 0% | |
| Icing | 1 Cup | 1 | 150 | 15 | 1.5g | 0g | 1g | 0mg | 0mg | 0mg | 34g | 0g | 33g | 0g | 0% | 0% | 0% | 0% |
| Pizza Sauce | 1 Cup | 1 | 35 | 0 | 0g | 0g | 0g | 0mg | 190mg | 7g | 1g | 4g | 1g | 8% | 35% | 2% | 0% | |
| Ranch | 1 Cup | 1 | 200 | 190 | 22g | 3.5g | 0g | 10mg | 320mg | 2g | 0g | < 1g | 0g | 0% | 0% | 0% | 0% | |

| DRESSINGS (Per Packet) | | Serving Size | Total Servings | Calories | Calories from Fat | Fat (g) | Sat. Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Carbohydrates (g) | Dietary Fiber (g) | Sugars (g) | Protein (g) | Vitamin A | Vitamin C | Calcium | Iron |
|----------------------------------|----------|--------------|----------------|----------|-------------------|---------|--------------|---------------|------------------|-------------|-------------------|-------------------|------------|-------------|-----------|-----------|---------|------|
| 1000 Island | 1 Packet | 1 | 140 | 130 | 14g | 2g | 0g | 15mg | 210mg | 4g | 0g | 4g | 0g | 0% | 2% | 0% | 0% | |
| Caesar | 1 Packet | 1 | 180 | 170 | 18g | 3g | 0g | 10mg | 410mg | 2g | 0g | < 1g | < 1g | 0% | 0% | 0% | 0% | |
| Creamy Italian | 1 Packet | 1 | 120 | 110 | 12g | 2g | 0g | 0mg | 210mg | 2g | 0g | 2g | 0g | 0% | 0% | 0% | 0% | |
| Fat Free Italian | 1 Packet | 1 | 20 | 0 | 0g | 0g | 0g | 0mg | 340mg | 4g | 0g | 3g | 0g | 0% | 4% | 0% | 0% | |
| Fat Free Ranch | 1 Packet | 1 | 50 | 5 | 1g | ** | ** | < 5mg | 380mg | 11g | 0g | 2g | 0g | 0% | 0% | 2% | 2% | |
| French | 1 Packet | 1 | 30 | 0 | 0g | 0g | 0g | 0mg | 180mg | 7g | 0g | 5g | 0g | 0% | 0% | 0% | 0% | |
| Greek | 1 Packet | 1 | 110 | 100 | 11g | 1.5g | 0g | 0mg | 70mg | 2g | 0g | 2g | 0g | 0% | 0% | 0% | 0% | |
| Honey Mustard | 1 Packet | 1 | 70 | 0 | 0g | 0g | 0g | 0mg | 230mg | 15g | 0g | 15g | 0g | 0% | 0% | 0% | 0% | |
| Italian | 1 Packet | 1 | 80 | 70 | 8g | 1g | 0g | 0mg | 580mg | 2g | 0g | 2g | 0g | 0% | 0% | 0% | 0% | |
| Ranch | 1 Packet | 1 | 140 | 200 | 14g | 2g | 0g | 5mg | 220mg | 1g | 0g | 1g | 0g | 0% | 0% | 0% | 0% | |
| Blue Cheese | 1 Packet | 1 | 140 | 130 | 15g | 3g | 0g | 15mg | 290mg | 1g | 0g | 1g | 1g | 0% | 0% | 2% | 0% | |

* Product only available in Florida.

| SUBS | Serving Size | Total Servings | Calories | Calories from Fat | Fat (g) | Sat. Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Carbohydrates (g) | Dietary Fiber (g) | Sugars (g) | Protein (g) | Vitamin A | Vitamin C | Calcium | Iron |
|----------------------------|--------------|----------------|----------|-------------------|---------|--------------|---------------|------------------|-------------|-------------------|-------------------|------------|-------------|-----------|-----------|---------|------|
| | | | | | | | | | | | | | | | | | |
| Chicken Bacon Ranch | Large | 1 | 640 | 270 | 26g | 10g | 0g | 105mg | 1230mg | 61g | 3g | 3g | 38g | 6% | 2% | 50% | 4% |
| | Regular | 1 | 430 | 190 | 18g | 7g | 0g | 65mg | 800mg | 41g | 2g | 2g | 24g | 4% | 2% | 35% | 2% |
| Ham & Cheese | Large | 1 | 590 | 210 | 23g | 9g | 0g | 75mg | 1860mg | 62g | 3g | 5g | 32g | 6% | 0% | 50% | 4% |
| | Regular | 1 | 310 | 70 | 8g | 4g | 0g | 40mg | 780mg | 39g | 2g | 2g | 19g | 4% | 0% | 30% | 2% |
| Italian | Large | 1 | 620 | 240 | 27g | 10g | 0g | 75mg | 2040mg | 62g | 2g | 5g | 31g | 0.04 | 0 | 0.4 | 0.06 |
| | Regular | 1 | 550 | 280 | 31g | 13g | 0g | 80mg | 2530mg | 44g | 1g | 3g | 25g | 2% | 0% | 25% | 10% |
| Meatball | Large | 1 | 640 | 240 | 27g | 12g | 0g | 70mg | 1080mg | 66g | 6g | 4g | 35g | 2.5 | 0.06 | 0.6 | 0.15 |
| | Regular | 1 | 400 | 140 | 15g | 7g | 0g | 40mg | 630mg | 43g | 3g | 2g | 21g | 190% | 4% | 40% | 6% |
| Steak & Cheese | Large | 1 | 650 | 250 | 29g | 12g | 0g | 85mg | 1080mg | 62g | 3g | 5g | 35g | 0.06 | 0 | 0.5 | 0.1 |
| | Regular | 1 | 360 | 120 | 14g | 5g | 0g | 40mg | 530mg | 41g | 2g | 3g | 19g | 2% | 0% | 25% | 6% |
| Turkey Club | Large | 1 | 840 | 400 | 46g | 13g | 0g | 135mg | 1890mg | 60g | 4g | 4g | 45g | 6% | 0% | 50% | 6% |
| | Regular | 1 | 500 | 210 | 24g | 7g | 0g | 80mg | 1210mg | 40g | 2g | 2g | 29g | 4% | 0% | 30% | 4% |
| Veggie | Large | 1 | 580 | 220 | 24g | 8g | 0.5g | 40mg | 1190mg | 69g | 5g | 8g | 22g | 100% | 100% | 110% | 4% |
| | Regular | 1 | 380 | 130 | 15g | 5g | 0g | 25mg | 700mg | 46g | 3g | 5g | 12g | 70% | 70% | 70% | 2% |
| Chicken Parmesan | Large | 1 | 960 | 390 | 42g | 15g | 1g | 120mg | 2010mg | 364g | 5g | 4g | 53g | 390% | 6% | 320% | 8% |
| | Regular | 1 | 590 | 230 | 25g | 9g | 0.5g | 75mg | 1200mg | 194g | 3g | 2g | 33g | 230% | 2% | 190% | 4% |
| Deluxe Combo | Large | 1 | 530 | 190 | 21g | 9g | 0g | 60mg | 960mg | 60g | 2g | 2g | 25g | 6% | 0% | 45% | 4% |
| | Regular | 1 | 480 | 220 | 24g | 12g | 1g | 75mg | 780mg | 40g | 2g | 2g | 24g | 380% | 0% | 300% | 2% |
| Pizza Sub Deluxe (low) | Large | 1 | 460 | 110 | 12g | 7g | 0g | 40mg | 520mg | 66g | 5g | 6g | 22g | 250% | 0% | 50% | 2% |
| | Regular | 1 | 300 | 70 | 8g | 4.5g | 0g | 25mg | 350mg | 43g | 3g | 4g | 14g | 190% | 35% | 35% | 2% |
| Pizza Sub Deluxe (high) | Large | 1 | 620 | 250 | 28g | 12g | 0g | 70mg | 1000mg | 63g | 4g | 4g | 29g | 250% | 4% | 60% | 6% |
| | Regular | 1 | 410 | 160 | 18g | 8g | 0g | 45mg | 650mg | 42g | 3g | 2g | 19g | 190% | 4% | 35% | 4% |
| *Pizza Sub Special | Large | 1 | 490 | 120 | 14g | 7g | 0.5g | 45mg | 880mg | 67g | 5g | 6g | 24g | 480% | 70% | 120% | 4% |
| | Regular | 1 | 270 | 60 | 7g | 3.5g | 0g | 20mg | 260mg | 39g | 2g | 1g | 12g | 70% | 0% | 70% | 0% |
| *Spicy Chicken Bacon Ranch | Large | 1 | 600 | 200 | 22g | 12g | 1g | 75mg | 1050mg | 67g | 5g | 7g | 31g | 750% | 70% | 310% | 4% |
| | Regular | 1 | 330 | 110 | 12g | 7g | 0.5g | 35mg | 370mg | 39g | 2g | 1g | 16g | 230% | 0% | 190% | 0% |
| *Taco Sub | Large | 1 | 600 | 220 | 24g | 12g | 1.5g | 75mg | 920mg | 65g | 4g | 4g | 31g | 470% | 15% | 330% | 10% |
| | Regular | 1 | 390 | 140 | 16g | 8g | 1g | 45mg | 580mg | 42g | 2g | 2g | 20g | 290% | 4% | 220% | 6% |

| REGULAR PIZZA DELUXE SUB | | | | | | | | | | | | | | | | | | | |
|---|-------------------|---------|---|---|-----|-----|------|------|------|-------|-------|------|------|------|------|------|-----|------|----|
| To calculate total nutritional values for One Serving: Add selected "Toppings" to "Cheese Only" | | | | | | | | | | | | | | | | | | | |
| Cheese Only | | Regular | 1 | 1 | 580 | 140 | 16g | 9g | 0.5g | 50mg | 700mg | 83g | 4g | 5g | 27g | 370% | 6% | 70% | 2% |
| Toppings | Anchovies | Regular | 1 | 1 | 30 | 15 | 1.5g | 0g | 0g | 0mg | 920mg | 0g | 0g | 0g | 3g | 0% | 0% | 0% | 0% |
| | Bacon | Regular | 1 | 1 | 40 | 30 | 3.5g | 1g | 0g | 5mg | 125mg | 0g | 0g | 0g | 2g | 0% | 0% | 0% | 0% |
| | Black Olive | Regular | 1 | 1 | 25 | 20 | 2g | 0g | 0g | 0mg | 95mg | < 1g | 0g | 0g | 0g | 0% | 0% | 0% | 0% |
| | Cheddar | Regular | 1 | 1 | 110 | 80 | 9g | 5g | 0g | 30mg | 180mg | < 1g | 0g | 0g | 7g | 280% | 0% | 200% | 0% |
| | Chicken | Regular | 1 | 1 | 35 | 5 | 1g | 0g | 0g | 20mg | 190mg | < 1g | 0g | 0g | 6g | 0% | 0% | 0% | 2% |
| | Feta | Regular | 1 | 1 | 70 | 40 | 4g | 3g | 0g | 15mg | 340mg | 2g | 0g | 1g | 6g | 4% | 0% | 10% | 0% |
| | Green Olive | Regular | 1 | 1 | 20 | 20 | 2g | 0g | ** | 0mg | 220mg | < 1g | 0g | 0g | 0g | 0% | 0% | 0% | 0% |
| | Green Pepper | Regular | 1 | 1 | 10 | 0 | 0g | 0g | 0g | 0mg | 0mg | 2g | 1g | 1g | < 1g | 4% | 60% | 0% | 2% |
| | Ground Beef | Regular | 1 | 1 | 70 | 45 | 5g | 2g | 0g | 15mg | 350mg | 1g | < 1g | < 1g | 4g | 0% | 0% | 2% | 4% |
| | Ham | Regular | 1 | 1 | 30 | 10 | 1g | 0g | 0g | 15mg | 300mg | 0g | 0g | 0g | 4g | 0% | 0% | 0% | 2% |
| | Jalapenos | Regular | 1 | 1 | 10 | 0 | 0g | 0g | ** | 0mg | 470mg | 1g | < 1g | < 1g | 0g | 10% | 4% | 0% | 2% |
| | Meatball | Regular | 1 | 1 | 80 | 50 | 6g | 2g | 0g | 15mg | 230mg | 2g | 1g | 0g | 6g | 2% | 0% | 6% | 6% |
| | Mild Pepper Rings | Regular | 1 | 1 | 5 | 0 | 0g | 0g | 0g | 0mg | 410mg | 1g | 0g | 0g | 0g | 10% | 15% | 20% | 0% |
| | Mushroom | Regular | 1 | 1 | 5 | 0 | 0g | 0g | ** | 0mg | 0mg | < 1g | 0g | < 1g | < 1g | 0% | 0% | 0% | 0% |
| | Pepperoni | Regular | 1 | 1 | 25 | 20 | 2g | 1g | 0g | < 5mg | 180mg | 0g | 0g | < 1g | 0g | 0% | 0% | 0% | 0% |
| | Pineapple | Regular | 1 | 1 | 15 | 0 | 0g | 0g | 0g | 0mg | 0mg | 4g | 0g | 3g | 0g | 0% | 4% | 0% | 0% |
| | Red Onion | Regular | 1 | 1 | 5 | 0 | 0g | 0g | 0g | 0mg | 0mg | 1g | 0g | < 1g | 0g | 0% | 2% | 0% | 0% |
| | Sausage | Regular | 1 | 1 | 110 | 100 | 11g | 3.5g | 0g | 20mg | 250mg | < 1g | 0g | 0g | 3g | 0% | 0% | 0% | 2% |
| | Steak | Regular | 1 | 1 | 50 | 30 | 3.5g | 1.5g | 0g | 20mg | 15mg | 0g | 0g | 0g | 6g | 0% | 0% | 0% | 4% |
| | Tomato | Regular | 1 | 1 | 5 | 0 | 0g | 0g | ** | 0mg | 0mg | 1g | 0g | < 1g | 0g | 4% | 6% | 0% | 0% |

| LARGE PIZZA DELUXE SUB | | | | | | | | | | | | | | | | | | | |
|---|-------------------|-------|---|---|-----|-----|------|------|----|-------|--------|------|------|------|-----|------|------|------|-----|
| To calculate total nutritional values for One Serving: Add selected "Toppings" to "Cheese Only" | | | | | | | | | | | | | | | | | | | |
| Cheese Only | | Large | 1 | 1 | 870 | 220 | 24g | 13g | 1g | 75mg | 1030mg | 123g | 6g | 7g | 41g | 500% | 8% | 100% | 2% |
| Toppings | Anchovies | Large | 1 | 1 | 45 | 20 | 2g | 0g | 0g | < 5mg | 1380mg | 0g | 0g | 0g | 4g | 0% | 0% | 0% | 0% |
| | Bacon | Large | 1 | 1 | 80 | 60 | 7g | 2g | 0g | 10mg | 250mg | 0g | 0g | 4g | 0% | 0% | 0% | 0% | |
| | Black Olive | Large | 1 | 1 | 50 | 45 | 4.5g | 0g | 0g | 0mg | 190mg | 2g | 0g | 0g | 0g | 0% | 0% | 0% | 0% |
| | Cheddar | Large | 1 | 1 | 230 | 170 | 18g | 10g | 1g | 60mg | 370mg | 1g | 0g | 0g | 14g | 570% | 0% | 410% | 0% |
| | Chicken | Large | 1 | 1 | 50 | 10 | 1.5g | 0.5g | 0g | 35mg | 290mg | 1g | 0g | < 1g | 9g | 0% | 2% | 2% | 2% |
| | Feta | Large | 1 | 1 | 140 | 80 | 8g | 6g | 0g | 30mg | 690mg | 4g | 0g | 2g | 12g | 8% | 0% | 20% | 0% |
| | Green Olive | Large | 1 | 1 | 40 | 35 | 4.5g | 0.5g | ** | 0mg | 440mg | 1g | < 1g | 0g | 0g | 2% | 0% | 2% | 0% |
| | Green Pepper | Large | 1 | 1 | 20 | 0 | 0g | 0g | 0g | 0mg | 0mg | 4g | 2g | 2g | 1g | 8% | 120% | 2% | 2% |
| | Ground Beef | Large | 1 | 1 | 100 | 70 | 8g | 3g | 0g | 20mg | 530mg | 2g | < 1g | < 1g | 6g | 0% | 0% | 2% | 6% |
| | Ham | Large | 1 | 1 | 45 | 15 | 2g | 0.5g | 0g | 20mg | 450mg | 0g | 0g | < 1g | 7g | 0% | 0% | 0% | 2% |
| | Jalapenos | Large | 1 | 1 | 10 | 0 | 0g | 0g | ** | 0mg | 710mg | 2g | 1g | < 1g | 0g | 15% | 8% | 0% | 4% |
| | Meatball | Large | 1 | 1 | 250 | 160 | 18g | 6g | 0g | 40mg | 680mg | 5g | 3g | 0g | 18g | 4% | 2% | 15% | 15% |
| | Mild Pepper Rings | Large | 1 | 1 | 10 | 0 | 0g | 0g | 0g | 0mg | 620mg | 2g | 0g | < 1g | 0g | 15% | 20% | 25% | 0% |
| | Mushroom | Large | 1 | 1 | 10 | 0 | 0g | 0g | ** | 0mg | 0mg | 1g | 0g | < 1g | 1g | 0% | 2% | 0% | 2% |
| | Pepperoni | Large | 1 | 1 | 50 | 40 | 4.5g | 2g | 0g | 10mg | 360mg | < 1g | 0g | 0g | 2g | 0% | 0% | 0% | 2% |
| | Pineapple | Large | 1 | 1 | 25 | 0 | 0g | 0g | 0g | 0mg | 0mg | 6g | 0g | 5g | 0g | 0% | 4% | 0% | 0% |
| | Red Onion | Large | 1 | 1 | 10 | 0 | 0g | 0g | 0g | 0mg | 0mg | 3g | < 1g | 1g | 0g | 0% | 4% | 0% | 0% |
| | Sausage | Large | 1 | 1 | 170 | 140 | 16g | 5g | 0g | 30mg | 380mg | < 1g | 0g | 0g | 5g | 0% | 0% | 0% | 4% |
| | Steak | Large | 1 | 1 | 80 | 45 | 5g | 2.5g | 0g | 30mg | 25mg | 0g | 0g | 0g | 9g | 0% | 0% | 0% | 6% |
| | Tomato | Large | 1 | 1 | 10 | 0 | 0g | 0g | ** | 0mg | 0mg | 2g | < 1g | 1g | 0g | 10% | 15% | 0% | 0% |

* Product only available in Florida.

| SPECIALTY PIZZA | Serving Size | Total Servings | Calories | Calories from Fat | Fat (g.) | Sat. Fat (g.) | Cholesterol (mg.) | Trans Fat (g.) | Sodium (mg.) | Carbohydrates (g.) | Dietary Fiber (g.) | Sugars (g.) | Protein (g.) | Vitamin A | Vitamin C | Calcium | Iron |
|---------------------------------|--------------|----------------|----------|-------------------|----------|---------------|-------------------|----------------|--------------|--------------------|--------------------|-------------|--------------|-----------|-----------|---------|------|
| | | | | | | | | | | | | | | | | | |
| 8" JUNIOR | | | | | | | | | | | | | | | | | |
| Asian Chicken | 1 Slice | 4 | 190 | 60 | 6g | 3g | 0g | 25mg | 390mg | 25g | 1g | 4g | 10g | 4% | 15% | 20% | 2% |
| Bacon Cheddar Cheeseburger | 1 Slice | 4 | 210 | 80 | 9g | 4.5g | 0g | 25mg | 380mg | 21g | 1g | 2g | 11g | 190% | 2% | 60% | 2% |
| BBQ Chicken | 1 Slice | 4 | 190 | 50 | 6g | 3g | 0g | 25mg | 340mg | 24g | < 1g | 4g | 10g | 0.02 | 0.02 | 0.15 | 0 |
| Buffalo Chicken | 1 Slice | 4 | 170 | 50 | 6g | 2.5g | 0g | 20mg | 430mg | 21g | < 1g | < 1g | 9g | 0.45 | 0 | 0.45 | 0 |
| Chicken Bacon Ranch | 1 Slice | 4 | 210 | 100 | 10g | 3.5g | 0g | 25mg | 340mg | 20g | < 1g | 1g | 10g | 0.02 | 0 | 0.15 | 0 |
| Howie Maui | 1 Slice | 4 | 180 | 50 | 6g | 3g | 0g | 20mg | 310mg | 22g | 1g | 2g | 9g | 1.2 | 0.02 | 0.15 | 0 |
| Howie Special | 1 Slice | 4 | 160 | 45 | 5g | 2.5g | 0g | 15mg | 290mg | 22g | 2g | 2g | 8g | 1.2 | 0.2 | 0.2 | 0.02 |
| Meat Eaters | 1 Slice | 4 | 190 | 70 | 8g | 3.5g | 0g | 25mg | 410mg | 21g | 1g | 2g | 9g | 1.2 | 0.02 | 0.2 | 0.02 |
| *Spicy Asian Chicken | 1 Slice | 4 | 210 | 70 | 7g | 3g | 0g | 20mg | 410mg | 27g | 1g | 4g | 10g | 4% | 15% | 20% | 2% |
| *Spicy BBQ Chicken | 1 Slice | 4 | 210 | 70 | 7g | 3.5g | 0g | 20mg | 350mg | 26g | 1g | 4g | 10g | 2% | 2% | 20% | 0% |
| *Spicy Buffalo Chicken | 1 Slice | 4 | 200 | 70 | 8g | 3.5g | 0g | 20mg | 470mg | 23g | 1g | < 1g | 10g | 40% | 0% | 40% | 0% |
| *Spicy Chicken Bacon Ranch | 1 Slice | 4 | 230 | 120 | 11g | 4g | 0g | 25mg | 350mg | 22g | 1g | < 1g | 10g | 2% | 0% | 20% | 0% |
| *Taco Pizza | 1 Slice | 4 | 200 | 70 | 8g | 4g | 0g | 25mg | 290mg | 22g | 1g | 1g | 10g | 160% | 6% | 110% | 4% |
| Three Cheeser Pepperoni Pleaser | 1 Slice | 4 | 270 | 130 | 15g | 7g | 0g | 40mg | 950mg | 23g | 1g | 1g | 12g | 1.9 | 0.02 | 0.6 | 0.04 |
| The Works | 1 Slice | 4 | 210 | 80 | 9g | 4g | 0g | 25mg | 390mg | 22g | 2g | 2g | 10g | 1.2 | 0.1 | 0.25 | 0.02 |
| Veggie | 1 Slice | 4 | 170 | 50 | 5g | 3g | 0g | 15mg | 230mg | 23g | 2g | 2g | 8g | 130% | 20% | 20% | 0% |
| 10" SMALL | | | | | | | | | | | | | | | | | |
| Asian Chicken | 1 Slice | 6 | 190 | 50 | 5g | 2.5g | 0g | 25mg | 390mg | 25g | 1g | 4g | 10g | 4% | 20% | 20% | 2% |
| Bacon Cheddar Cheeseburger | 1 Slice | 6 | 220 | 90 | 10g | 5g | 0g | 30mg | 390mg | 22g | 1g | 2g | 11g | 180% | 2% | 60% | 2% |
| BBQ Chicken | 1 Slice | 6 | 190 | 50 | 6g | 3g | 0g | 25mg | 330mg | 24g | < 1g | 4g | 10g | 2% | 2% | 20% | 0% |
| Buffalo Chicken | 1 Slice | 6 | 180 | 50 | 6g | 3g | 0g | 25mg | 450mg | 21g | < 1g | 1g | 10g | 35% | 0% | 40% | 0% |
| Chicken Bacon Ranch | 1 Slice | 6 | 220 | 120 | 11g | 3.5g | 0g | 25mg | 360mg | 20g | < 1g | 1g | 10g | 2% | 0% | 20% | 0% |
| Howie Maui | 1 Slice | 6 | 180 | 50 | 6g | 3g | 0g | 20mg | 300mg | 22g | 1g | 2g | 9g | 120% | 2% | 20% | 0% |
| Howie Special | 1 Slice | 6 | 180 | 50 | 6g | 3g | 0g | 20mg | 320mg | 23g | 2g | 2g | 9g | 120% | 25% | 20% | 2% |
| Meat Eaters | 1 Slice | 6 | 210 | 80 | 9g | 4g | 0g | 25mg | 450mg | 22g | 1g | 2g | 10g | 120% | 2% | 20% | 2% |
| *Spicy Asian Chicken | 1 Slice | 6 | 210 | 60 | 7g | 3g | 0g | 20mg | 410mg | 27g | 1g | 4g | 10g | 4% | 20% | 20% | 2% |
| *Spicy BBQ Chicken | 1 Slice | 6 | 210 | 70 | 7g | 3g | 0g | 20mg | 360mg | 26g | 1g | 4g | 10g | 2% | 2% | 20% | 0% |
| *Spicy Buffalo Chicken | 1 Slice | 6 | 200 | 70 | 8g | 3g | 0g | 20mg | 470mg | 23g | 1g | < 1g | 10g | 35% | 0% | 40% | 0% |
| *Spicy Chicken Bacon Ranch | 1 Slice | 6 | 220 | 120 | 11g | 3.5g | 0g | 25mg | 360mg | 20g | < 1g | 1g | 10g | 2% | 0% | 20% | 0% |
| *Taco Pizza | 1 Slice | 6 | 210 | 80 | 9g | 4g | 0.5g | 25mg | 340mg | 22g | 1g | 1g | 11g | 160% | 6% | 110% | 4% |
| Three Cheeser Pepperoni Pleaser | 1 Slice | 6 | 210 | 80 | 9g | 4.5g | 0g | 25mg | 390mg | 22g | 2g | 2g | 10g | 120% | 15% | 25% | 2% |
| The Works | 1 Slice | 6 | 200 | 70 | 8g | 4.5g | 0g | 25mg | 320mg | 21g | 1g | 2g | 10g | 180% | 2% | 60% | 0% |
| Veggie | 1 Slice | 6 | 170 | 45 | 5g | 2.5g | 0g | 15mg | 230mg | 23g | 2g | 2g | 8g | 130% | 25% | 20% | 2% |
| 10" SMALL Gluten Free | | | | | | | | | | | | | | | | | |
| Asian Chicken | 1 Slice | 6 | 120 | 50 | 6g | 3g | 0g | 25mg | 350mg | 11g | < 1g | 4g | 7g | 4% | 20% | 15% | 2% |
| Bacon Cheddar Cheeseburger | 1 Slice | 6 | 150 | 90 | 10g | 5g | 0g | 30mg | 350mg | 8g | < 1g | 2g | 8g | 180% | 2% | 50% | 2% |
| BBQ Chicken | 1 Slice | 6 | 120 | 60 | 6g | 3g | 0g | 25mg | 290mg | 10g | 0g | 4g | 7g | 2% | 2% | 15% | 0% |
| Buffalo Chicken | 1 Slice | 6 | 110 | 60 | 7g | 3g | 0g | 25mg | 420mg | 7g | < 1g | 1g | 6g | 40% | 2% | 35% | 0% |
| Chicken Bacon Ranch | 1 Slice | 6 | 160 | 120 | 11g | 4g | 0g | 25mg | 320mg | 6g | 0g | 1g | 7g | 2% | 0% | 15% | 0% |
| Howie Maui | 1 Slice | 6 | 110 | 50 | 6g | 3g | 0g | 20mg | 260mg | 8g | < 1g | 2g | 5g | 120% | 2% | 15% | 0% |
| Howie Special | 1 Slice | 6 | 110 | 50 | 6g | 3g | 0g | 20mg | 280mg | 9g | 1g | 2g | 6g | 120% | 25% | 15% | 2% |
| Meat Eaters | 1 Slice | 6 | 140 | 80 | 9g | 4g | 0g | 25mg | 420mg | 8g | < 1g | 2g | 7g | 120% | 2% | 15% | 2% |
| Three Cheeser Pepperoni Pleaser | 1 Slice | 6 | 140 | 80 | 9g | 4.5g | 0g | 25mg | 360mg | 8g | 1g | 2g | 7g | 120% | 15% | 15% | 2% |
| The Works | 1 Slice | 6 | 130 | 80 | 8g | 4.5g | 0g | 25mg | 280mg | 7g | < 1g | 2g | 7g | 180% | 2% | 50% | 0% |
| Veggie | 1 Slice | 6 | 100 | 50 | 6g | 2.5g | 0g | 15mg | 200mg | 9g | 1g | 2g | 5g | 130% | 25% | 15% | 2% |
| 12" MEDIUM | | | | | | | | | | | | | | | | | |
| Asian Chicken | 1 Slice | 8 | 230 | 60 | 7g | 3g | 0g | 25mg | 480mg | 30g | 2g | 6g | 11g | 0.04 | 0.25 | 0.2 | 0.02 |
| Bacon Cheddar Cheeseburger | 1 Slice | 8 | 270 | 120 | 13g | 6g | 0g | 35mg | 510mg | 25g | 1g | 2g | 14g | 2.5 | 0.02 | 1 | 0.02 |
| BBQ Chicken | 1 Slice | 8 | 230 | 70 | 8g | 4g | 0g | 30mg | 430mg | 29g | 1g | 6g | 12g | 0.04 | 0.02 | 0.2 | 0 |
| Buffalo Chicken | 1 Slice | 8 | 210 | 70 | 8g | 3.5g | 0g | 25mg | 580mg | 24g | 1g | 1g | 11g | 0.6 | 0 | 0.6 | 0 |
| Chicken Bacon Ranch | 1 Slice | 8 | 270 | 150 | 14g | 4.5g | 0g | 30mg | 440mg | 24g | 1g | 1g | 12g | 0.02 | 0 | 0.2 | 0 |
| Howie Maui | 1 Slice | 8 | 220 | 70 | 8g | 4g | 0g | 25mg | 400mg | 26g | 1g | 3g | 11g | 1.4 | 0.04 | 0.2 | 0 |
| Howie Special | 1 Slice | 8 | 210 | 60 | 7g | 3.5g | 0g | 25mg | 390mg | 26g | 2g | 3g | 11g | 1.5 | 0.25 | 0.25 | 0.02 |
| Meat Eaters | 1 Slice | 8 | 250 | 100 | 11g | 5g | 0g | 30mg | 560mg | 25g | 1g | 2g | 12g | 1.4 | 0.02 | 0.25 | 0.02 |
| *Spicy Asian Chicken | 1 Slice | 8 | 240 | 70 | 8g | 3.5g | 0g | 20mg | 500mg | 32g | 2g | 6g | 11g | 4% | 25% | 20% | 2% |
| *Spicy BBQ Chicken | 1 Slice | 8 | 240 | 70 | 8g | 3.5g | 0g | 25mg | 410mg | 31g | 1g | 6g | 11g | 4% | 2% | 20% | 0% |
| *Spicy Buffalo Chicken | 1 Slice | 8 | 230 | 80 | 9g | 3.5g | 0g | 25mg | 600mg | 26g | 1g | 1g | 11g | 60% | 0% | 60% | 0% |
| *Spicy Chicken Bacon Ranch | 1 Slice | 8 | 270 | 150 | 14g | 4.5g | 0g | 25mg | 420mg | 26g | 1g | 1g | 11g | 2% | 0% | 20% | 0% |
| The Works | 1 Slice | 8 | 250 | 100 | 11g | 5g | 0g | 30mg | 490mg | 26g | 2g | 2g | 13g | 1.5 | 0.2 | 0.3 | 4% |
| Veggie | 1 Slice | 8 | 200 | 50 | 6g | 3g | 0g | 15mg | 270mg | 28g | 2g | 4g | 10g | 1.5 | 0.35 | 0.25 | 0 |

* Product only available in Florida.

SPECIALTY PIZZA

| Serving Size | Total Servings | Calories | Calories from Fat | Fat (g.) | Sat. Fat (g.) | Cholesterol (mg.) | Trans Fat (g.) | Sodium (mg.) | Carbohydrates (g.) | Dietary Fiber (g.) | Sugars (g.) | Protein (g.) | Vitamin A | Vitamin C | Calcium | Iron | |
|---------------------------------|----------------|----------|-------------------|----------|---------------|-------------------|----------------|--------------|--------------------|--------------------|-------------|--------------|-----------|-----------|---------|------|------|
| 12" MEDIUM THIN CRUST | | | | | | | | | | | | | | | | | |
| Asian Chicken | 1 Slice | 8 | 190 | 70 | 8g | 3.5g | 0g | 25mg | 430mg | 19g | 1g | 5g | 9g | 0.04 | 0.25 | 0.15 | 0.02 |
| Bacon Cheddar Cheeseburger | 1 Slice | 8 | 240 | 130 | 15g | 7g | 0g | 35mg | 460mg | 13g | 1g | 1g | 12g | 2.5 | 0.02 | 0.9 | 0.02 |
| BBQ Chicken | 1 Slice | 8 | 200 | 90 | 10g | 4g | 0g | 30mg | 380mg | 17g | < 1g | 5g | 10g | 0.04 | 0.02 | 0.15 | 0.02 |
| Buffalo Chicken | 1 Slice | 8 | 170 | 80 | 9g | 4g | 0g | 25mg | 530mg | 13g | < 1g | 0g | 8g | 0.6 | 0 | 0.5 | 0.02 |
| Chicken Bacon Ranch | 1 Slice | 8 | 230 | 160 | 15g | 5g | 0g | 30mg | 390mg | 12g | < 1g | < 1g | 10g | 0.02 | 0 | 0.15 | 0.02 |
| Howie Maui | 1 Slice | 8 | 180 | 90 | 10g | 4g | 0g | 25mg | 350mg | 14g | 1g | 2g | 9g | 1.4 | 0.04 | 0.15 | 0.02 |
| Howie Special | 1 Slice | 8 | 170 | 70 | 8g | 4g | 0g | 25mg | 340mg | 15g | 2g | 2g | 8g | 1.5 | 0.25 | 0.15 | 0.02 |
| Meat Eaters | 1 Slice | 8 | 210 | 110 | 13g | 5g | 0g | 30mg | 510mg | 14g | 1g | 1g | 10g | 1.4 | 0.02 | 0.15 | 0.04 |
| Spicy Asian Chicken | 1 Slice | 6 | 210 | 60 | 7g | 3g | 0g | 20mg | 410mg | 27g | 1g | 4g | 10g | 4% | 20% | 20% | 2% |
| *Spicy Asian Chicken | 1 Slice | 8 | 210 | 90 | 10g | 3.5g | 0g | 20mg | 450mg | 21g | 1g | 5g | 9g | 4% | 25% | 15% | 2% |
| *Spicy BBQ Chicken | 1 Slice | 8 | 200 | 90 | 10g | 4g | 0g | 25mg | 360mg | 19g | < 1g | 5g | 9g | 4% | 2% | 15% | 2% |
| *Spicy Buffalo Chicken | 1 Slice | 8 | 190 | 100 | 11g | 4g | 0g | 25mg | 550mg | 14g | < 1g | 0g | 8g | 60% | 0% | 50% | 2% |
| *Taco Pizza | 1 Slice | 8 | 190 | 100 | 11g | 4.5g | 0g | 25mg | 300mg | 14g | 1g | 1g | 9g | 170% | 8% | 100% | 6% |
| Three Cheeser Pepperoni Pleaser | 1 Slice | 8 | 200 | 100 | 11g | 6g | 0g | 30mg | 320mg | 13g | 1g | 1g | 9g | 2.5 | 0.02 | 0.9 | 0.02 |
| The Works | 1 Slice | 8 | 220 | 110 | 13g | 6g | 0g | 30mg | 440mg | 15g | 2g | 2g | 10g | 1.5 | 0.2 | 0.2 | 0.04 |
| Veggie | 1 Slice | 8 | 160 | 70 | 8g | 3.5g | 0g | 15mg | 230mg | 15g | 2g | 2g | 7g | 160% | 30% | 15% | 2% |

| | | | | | | | | | | | | | | | | | |
|---------------------------------|---------|---|-----|-----|-----|------|------|------|-------|-----|----|----|-----|------|-----|------|----|
| 14" LARGE | | | | | | | | | | | | | | | | | |
| Asian Chicken | 1 Slice | 8 | 310 | 80 | 9g | 4.5g | 0g | 35mg | 660mg | 41g | 2g | 8g | 16g | 6% | 30% | 30% | 4% |
| Bacon Cheddar Cheeseburger | 1 Slice | 8 | 350 | 140 | 15g | 8g | 0g | 45mg | 630mg | 34g | 2g | 3g | 18g | 300% | 4% | 100% | 2% |
| BBQ Chicken | 1 Slice | 8 | 300 | 80 | 9g | 4.5g | 0g | 40mg | 530mg | 39g | 2g | 8g | 16g | 4% | 4% | 30% | 2% |
| Buffalo Chicken | 1 Slice | 8 | 290 | 100 | 11g | 5g | 0g | 40mg | 800mg | 33g | 1g | 2g | 16g | 90% | 2% | 90% | 2% |
| Chicken Bacon Ranch | 1 Slice | 8 | 350 | 180 | 17g | 6g | 0g | 40mg | 540mg | 32g | 1g | 2g | 16g | 4% | 0% | 30% | 2% |
| Howie Maui | 1 Slice | 8 | 290 | 80 | 10g | 5g | 0g | 30mg | 490mg | 35g | 2g | 4g | 15g | 220% | 4% | 30% | 2% |
| Howie Special | 1 Slice | 8 | 280 | 80 | 9g | 4.5g | 0g | 30mg | 520mg | 36g | 3g | 4g | 14g | 220% | 35% | 30% | 2% |
| Meat Eaters | 1 Slice | 8 | 340 | 140 | 15g | 7g | 0g | 45mg | 760mg | 34g | 2g | 3g | 17g | 220% | 4% | 30% | 4% |
| *Spicy Asian Chicken | 1 Slice | 8 | 340 | 100 | 11g | 4.5g | 0g | 30mg | 690mg | 44g | 2g | 8g | 16g | 6% | 30% | 30% | 4% |
| *Spicy BBQ Chicken | 1 Slice | 8 | 330 | 100 | 11g | 5g | 0g | 30mg | 560mg | 42g | 2g | 8g | 15g | 4% | 4% | 30% | 0% |
| *Spicy Buffalo Chicken | 1 Slice | 8 | 320 | 120 | 13g | 5g | 0g | 35mg | 830mg | 36g | 2g | 1g | 15g | 90% | 0% | 90% | 0% |
| *Spicy Chicken Bacon Ranch | 1 Slice | 8 | 380 | 200 | 19g | 6g | 0g | 35mg | 570mg | 35g | 2g | 2g | 15g | 4% | 0% | 30% | 0% |
| *Taco Pizza | 1 Slice | 8 | 300 | 100 | 11g | 5g | 0.5g | 35mg | 440mg | 35g | 2g | 2g | 15g | 210% | 10% | 140% | 6% |
| Three Cheeser Pepperoni Pleaser | 1 Slice | 8 | 370 | 150 | 16g | 8g | 0g | 50mg | 750mg | 36g | 3g | 3g | 18g | 220% | 25% | 40% | 4% |
| The Works | 1 Slice | 8 | 310 | 110 | 12g | 7g | 0g | 40mg | 420mg | 34g | 2g | 3g | 16g | 300% | 4% | 100% | 0% |
| Veggie | 1 Slice | 8 | 270 | 80 | 8g | 4g | 0g | 25mg | 370mg | 36g | 2g | 3g | 12g | 220% | 15% | 30% | 2% |

| | | | | | | | | | | | | | | | | | |
|---------------------------------|---------|---|-----|-----|-----|------|----|------|-------|-----|------|------|-----|------|-----|------|----|
| 14" LARGE THIN CRUST | | | | | | | | | | | | | | | | | |
| Asian Chicken | 1 Slice | 8 | 260 | 100 | 12g | 4.5g | 0g | 35mg | 590mg | 25g | 2g | 7g | 13g | 6% | 30% | 20% | 4% |
| Bacon Cheddar Cheeseburger | 1 Slice | 8 | 310 | 160 | 18g | 9g | 0g | 45mg | 570mg | 19g | 2g | 2g | 15g | 300% | 4% | 90% | 4% |
| BBQ Chicken | 1 Slice | 8 | 240 | 120 | 14g | 5g | 0g | 40mg | 760mg | 17g | 1g | < 1g | 12g | 8% | 2% | 20% | 2% |
| Buffalo Chicken | 1 Slice | 8 | 240 | 120 | 13g | 6g | 0g | 40mg | 740mg | 18g | 1g | < 1g | 12g | 90% | 2% | 80% | 2% |
| Chicken Bacon Ranch | 1 Slice | 8 | 300 | 200 | 19g | 6g | 0g | 40mg | 480mg | 17g | < 1g | < 1g | 13g | 4% | 0% | 20% | 2% |
| Howie Maui | 1 Slice | 8 | 230 | 100 | 12g | 5g | 0g | 30mg | 410mg | 20g | 1g | 3g | 11g | 220% | 4% | 25% | 2% |
| Howie Special | 1 Slice | 8 | 230 | 100 | 11g | 5g | 0g | 30mg | 450mg | 20g | 2g | 3g | 11g | 220% | 35% | 25% | 4% |
| Meat Eaters | 1 Slice | 8 | 290 | 150 | 17g | 7g | 0g | 45mg | 680mg | 19g | 2g | 2g | 13g | 220% | 4% | 25% | 4% |
| *Spicy Asian Chicken | 1 Slice | 8 | 290 | 120 | 14g | 5g | 0g | 30mg | 630mg | 28g | 2g | 7g | 12g | 6% | 30% | 20% | 4% |
| *Spicy BBQ Chicken | 1 Slice | 8 | 270 | 140 | 16g | 6g | 0g | 30mg | 790mg | 20g | 1g | 0g | 12g | 8% | 0% | 20% | 2% |
| *Spicy Buffalo Chicken | 1 Slice | 8 | 270 | 140 | 15g | 6g | 0g | 35mg | 770mg | 20g | 2g | < 1g | 12g | 90% | 2% | 80% | 2% |
| *Spicy Chicken Bacon Ranch | 1 Slice | 8 | 330 | 220 | 21g | 7g | 0g | 35mg | 510mg | 20g | 1g | < 1g | 12g | 4% | 0% | 20% | 2% |
| *Taco Pizza | 1 Slice | 8 | 250 | 120 | 14g | 6g | 0g | 35mg | 380mg | 19g | 2g | 1g | 12g | 210% | 10% | 130% | 6% |
| Three Cheeser Pepperoni Pleaser | 1 Slice | 8 | 320 | 170 | 19g | 8g | 0g | 50mg | 680mg | 21g | 2g | 3g | 15g | 220% | 25% | 30% | 4% |
| The Works | 1 Slice | 8 | 260 | 130 | 14g | 7g | 0g | 40mg | 360mg | 18g | 2g | 2g | 12g | 300% | 4% | 90% | 2% |
| Veggie | 1 Slice | 8 | 220 | 100 | 11g | 4.5g | 0g | 25mg | 310mg | 21g | 2g | 3g | 9g | 220% | 40% | 25% | 2% |

| | | | | | | | | | | | | | | | | | |
|---------------------------------|---------|---|-----|-----|-----|-----|------|------|--------|-----|----|-----|-----|------|-----|------|----|
| 16" XL | | | | | | | | | | | | | | | | | |
| Asian Chicken | 1 Slice | 8 | 430 | 110 | 13g | 6g | 0g | 50mg | 900mg | 57g | 3g | 11g | 22g | 8% | 40% | 40% | 4% |
| Bacon Cheddar Cheeseburger | 1 Slice | 8 | 480 | 190 | 21g | 11g | 0.5g | 60mg | 850mg | 49g | 3g | 4g | 25g | 420% | 4% | 130% | 4% |
| BBQ Chicken | 1 Slice | 8 | 420 | 110 | 13g | 7g | 0g | 50mg | 720mg | 55g | 2g | 11g | 21g | 6% | 4% | 40% | 2% |
| Buffalo Chicken | 1 Slice | 8 | 390 | 120 | 14g | 7g | 0g | 50mg | 1070mg | 46g | 2g | 2g | 21g | 90% | 2% | 90% | 2% |
| Chicken Bacon Ranch | 1 Slice | 8 | 490 | 260 | 24g | 8g | 0g | 55mg | 750mg | 46g | 2g | 2g | 22g | 6% | 0% | 40% | 2% |
| Howie Maui | 1 Slice | 8 | 390 | 110 | 13g | 6g | 0g | 40mg | 670mg | 50g | 3g | 5g | 20g | 310% | 6% | 45% | 2% |
| Howie Special | 1 Slice | 8 | 390 | 110 | 12g | 7g | 0g | 45mg | 710mg | 50g | 4g | 5g | 20g | 300% | 45% | 45% | 4% |
| Meat Eaters | 1 Slice | 8 | 470 | 180 | 20g | 9g | 0g | 60mg | 1010mg | 49g | 3g | 4g | 23g | 310% | 4% | 45% | 6% |
| *Spicy Asian Chicken | 1 Slice | 8 | 460 | 140 | 15g | 6g | 0g | 40mg | 940mg | 61g | 3g | 10g | 21g | 8% | 40% | 40% | 4% |
| *Spicy BBQ Chicken | 1 Slice | 8 | 450 | 140 | 15g | 7g | 0g | 45mg | 750mg | 58g | 2g | 11g | 21g | 6% | 4% | 40% | 2% |
| *Spicy Buffalo Chicken | 1 Slice | 8 | 430 | 150 | 16g | 7g | 0g | 40mg | 1110mg | 50g | 2g | 2g | 20g | 90% | 0% | 90% | 2% |
| *Spicy Chicken Bacon Ranch | 1 Slice | 8 | 520 | 290 | 26g | 9g | 0g | 50mg | 780mg | 49g | 2g | 2g | 21g | 6% | 0% | 40% | 2% |
| *Taco Pizza | 1 Slice | 8 | 400 | 130 | 14g | 7g | 1g | 40mg | 570mg | 49g | 3g | 3g | 20g | 280% | 15% | 180% | 8% |
| Three Cheeser Pepperoni Pleaser | 1 Slice | 8 | 510 | 200 | 22g | 11g | 0g | 65mg | 1010mg | 51g | 4g | 5g | 25g | 310% | 35% | 50% | 4% |
| The Works | 1 Slice | 8 | 440 | 160 | 17g | 10g | 0.5g | 55mg | 680mg | 48g | 3g | 4g | 22g | 420% | 4% | 130% | 2% |
| Veggie | 1 Slice | 8 | 380 | 110 | 12g | 6g | 0g | 35mg | 520mg | 51g | 4g | 5g | 18g | 310% | 50% | 45% | 2% |

* Product only available in Florida.

SPECIALTY PIZZA

| Serving Size | Total Servings | Calories | Calories from Fat | Fat (g.) | Sat. Fat (g.) | Cholesterol (mg.) | Trans Fat (g.) | Sodium (mg.) | Carbohydrates (g.) | Dietary Fiber (g.) | Sugars (g.) | Protein (g.) | Vitamin A | Vitamin C | Calcium | Iron | |
|---------------------------------|----------------|----------|-------------------|----------|---------------|-------------------|----------------|--------------|--------------------|--------------------|-------------|--------------|-----------|-----------|---------|------|----|
| DEEP DISH | | | | | | | | | | | | | | | | | |
| Asian Chicken | 1 Slice | 8 | 400 | 160 | 17g | 6g | 0g | 40mg | 740mg | 44g | 2g | 8g | 17g | 6% | 30% | 35% | 4% |
| Bacon Cheddar Cheeseburger | 1 Slice | 8 | 440 | 220 | 24g | 10g | 0g | 55mg | 690mg | 37g | 2g | 3g | 19g | 320% | 4% | 110% | 2% |
| BBQ Chicken | 1 Slice | 8 | 390 | 160 | 17g | 7g | 0g | 45mg | 590mg | 42g | 1g | 9g | 17g | 6% | 4% | 35% | 2% |
| Buffalo Chicken | 1 Slice | 8 | 380 | 170 | 19g | 7g | 0g | 45mg | 880mg | 35g | < 1g | 2g | 16g | 110% | 2% | 100% | 2% |
| Chicken Bacon Ranch | 1 Slice | 8 | 440 | 270 | 26g | 8g | 0g | 50mg | 600mg | 35g | < 1g | 2g | 17g | 4% | 0% | 35% | 2% |
| Howie Maui | 1 Slice | 8 | 370 | 160 | 17g | 6g | 0g | 35mg | 530mg | 38g | 2g | 4g | 15g | 220% | 4% | 35% | 2% |
| Howie Special | 1 Slice | 8 | 370 | 150 | 17g | 7g | 0g | 35mg | 570mg | 38g | 2g | 4g | 15g | 220% | 35% | 35% | 2% |
| Meat Eaters | 1 Slice | 8 | 420 | 210 | 23g | 9g | 0g | 50mg | 790mg | 37g | 2g | 3g | 17g | 220% | 4% | 35% | 4% |
| *Spicy Asian Chicken | 1 Slice | 8 | 430 | 180 | 19g | 6g | 0g | 35mg | 770mg | 47g | 2g | 8g | 17g | 6% | 30% | 35% | 4% |
| *Spicy BBQ Chicken | 1 Slice | 8 | 420 | 170 | 19g | 7g | 0g | 40mg | 620mg | 45g | 1g | 9g | 16g | 6% | 4% | 35% | 0% |
| *Spicy Buffalo Chicken | 1 Slice | 8 | 400 | 190 | 21g | 7g | 0g | 40mg | 910mg | 38g | 1g | 1g | 16g | 110% | 0% | 100% | 0% |
| *Spicy Chicken Bacon Ranch | 1 Slice | 8 | 470 | 290 | 28g | 8g | 0g | 40mg | 630mg | 38g | 1g | 2g | 16g | 4% | 0% | 35% | 0% |
| Three Cheeser Pepperoni Pleaser | 1 Slice | 8 | 450 | 220 | 25g | 10g | 0g | 55mg | 800mg | 39g | 2g | 4g | 19g | 220% | 25% | 45% | 4% |
| The Works | 1 Slice | 8 | 400 | 190 | 21g | 9g | 0g | 50mg | 550mg | 37g | 2g | 3g | 17g | 320% | 4% | 110% | 2% |
| Veggie | 1 Slice | 8 | 360 | 150 | 17g | 6g | 0g | 30mg | 420mg | 39g | 2g | 4g | 13g | 220% | 40% | 35% | 2% |

| SHEET | | | | | | | | | | | | | | | | | |
|---------------------------------|----------------|----------|-------------------|----------|---------------|-------------------|----------------|--------------|--------------------|--------------------|-------------|--------------|-----------|-----------|---------|------|------|
| Serving Size | Total Servings | Calories | Calories from Fat | Fat (g.) | Sat. Fat (g.) | Cholesterol (mg.) | Trans Fat (g.) | Sodium (mg.) | Carbohydrates (g.) | Dietary Fiber (g.) | Sugars (g.) | Protein (g.) | Vitamin A | Vitamin C | Calcium | Iron | |
| Asian Chicken | 1 Slice | 32 | 230 | 60 | 7g | 3g | 0g | 25mg | 460mg | 30g | 1g | 5g | 11g | 0.04 | 0.2 | 0.2 | 0.02 |
| Bacon Cheddar Cheeseburger | 1 Slice | 32 | 270 | 110 | 12g | 6g | 0g | 35mg | 480mg | 26g | 2g | 2g | 14g | 2.5 | 0.02 | 0.9 | 0.02 |
| BBQ Chicken | 1 Slice | 32 | 230 | 70 | 7g | 3.5g | 0g | 25mg | 400mg | 29g | 1g | 5g | 12g | 0.04 | 0.02 | 0.2 | 0 |
| Buffalo Chicken | 1 Slice | 32 | 240 | 90 | 10g | 5g | 0g | 35mg | 610mg | 25g | 1g | 1g | 13g | 1 | 0 | 0.9 | 0 |
| Chicken Bacon Ranch | 1 Slice | 32 | 260 | 130 | 12g | 4.5g | 0g | 30mg | 400mg | 25g | 1g | 1g | 12g | 0.02 | 0 | 0.2 | 0 |
| Howie Maui | 1 Slice | 32 | 220 | 70 | 8g | 4g | 0g | 25mg | 400mg | 27g | 1g | 3g | 11g | 1.5 | 0.04 | 0.25 | 0 |
| Howie Special | 1 Slice | 32 | 210 | 60 | 6g | 3.5g | 0g | 20mg | 370mg | 27g | 2g | 2g | 11g | 1.5 | 0.2 | 0.25 | 0.02 |
| Meat Eaters | 1 Slice | 32 | 250 | 100 | 11g | 5g | 0g | 30mg | 540mg | 26g | 2g | 2g | 12g | 1.5 | 0.02 | 0.25 | 0.02 |
| Three Cheeser Pepperoni Pleaser | 1 Slice | 32 | 250 | 90 | 11g | 6g | 0g | 35mg | 410mg | 27g | 1g | 3g | 12g | 2.5 | 0.02 | 0.9 | 0 |
| The Works | 1 Slice | 32 | 260 | 100 | 11g | 5g | 0g | 35mg | 470mg | 27g | 2g | 2g | 13g | 1.5 | 0.15 | 0.3 | 0.02 |
| Veggie | 1 Slice | 32 | 200 | 60 | 6g | 3g | 0g | 15mg | 270mg | 27g | 2g | 3g | 9g | 150% | 25% | 25% | 2% |

FLAVORED CRUST

| JUNIOR ROUND | | | | | | | | | | | | | | | | | |
|---------------------|----------------|----------|-------------------|----------|---------------|-------------------|----------------|--------------|--------------------|--------------------|-------------|--------------|-----------|-----------|---------|------|----|
| Serving Size | Total Servings | Calories | Calories from Fat | Fat (g.) | Sat. Fat (g.) | Cholesterol (mg.) | Trans Fat (g.) | Sodium (mg.) | Carbohydrates (g.) | Dietary Fiber (g.) | Sugars (g.) | Protein (g.) | Vitamin A | Vitamin C | Calcium | Iron | |
| Asiago | 1 Slice | 4 | 5 | 0 | 0.5g | 0g | 0g | 0mg | 15mg | 0g | 0g | 0g | 0g | 0% | 0% | 2% | 0% |
| Butter | 1 Slice | 4 | 35 | 20 | 3.5g | 0.5g | 0g | 5mg | 25mg | 0g | 2g | 1g | 0g | 0% | 0% | 0% | 0% |
| Butter Cheese | 1 Slice | 4 | 35 | 20 | 4g | 1g | 0g | 5mg | 65mg | < 1g | 1g | 1g | < 1g | 0% | 0% | 2% | 0% |
| Cajun | 1 Slice | 4 | 0 | 0 | 0g | 0g | 0g | 0mg | 80mg | < 1g | 0g | 0g | 0g | 0% | 0% | 0% | 0% |
| Garlic Herb | 1 Slice | 4 | 0 | 0 | 0g | 0g | 0g | 0mg | 105mg | < 1g | 0g | 0g | 0g | 0% | 0% | 0% | 0% |
| Onion | 1 Slice | 4 | 0 | 0 | 0g | 0g | 0g | 0mg | 130mg | < 1g | 0g | 0g | 0g | 0% | 0% | 0% | 0% |
| Ranch | 1 Slice | 4 | 10 | 0 | 0g | 0g | 0g | 0mg | 920mg | 2g | 0g | < 1g | < 1g | 0% | 2% | 2% | 0% |
| Sesame | 1 Slice | 4 | 5 | 0 | 0g | 0g | 0g | 0mg | 0mg | 0g | 0g | 0g | 0g | 0% | 0% | 0% | 0% |

| SMALL ROUND OR GLUTEN FREE | | | | | | | | | | | | | | | | | |
|-----------------------------------|----------------|----------|-------------------|----------|---------------|-------------------|----------------|--------------|--------------------|--------------------|-------------|--------------|-----------|-----------|---------|------|----|
| Serving Size | Total Servings | Calories | Calories from Fat | Fat (g.) | Sat. Fat (g.) | Cholesterol (mg.) | Trans Fat (g.) | Sodium (mg.) | Carbohydrates (g.) | Dietary Fiber (g.) | Sugars (g.) | Protein (g.) | Vitamin A | Vitamin C | Calcium | Iron | |
| Asiago | 1 Slice | 6 | 10 | 5 | 0.5g | 0g | 0g | < 5mg | 20mg | 0g | 0g | 0g | < 1g | 0% | 0% | 2% | 0% |
| Butter | 1 Slice | 6 | 25 | 20 | 3g | 0g | 0g | < 5mg | 20mg | 0g | 1g | < 1g | 0g | 0% | 0% | 0% | 0% |
| Butter Cheese | 1 Slice | 6 | 30 | 20 | 3g | 1g | 0g | 5mg | 55mg | 0g | 1g | 1g | 0g | 0% | 0% | 0% | 0% |
| Cajun | 1 Slice | 6 | 0 | 0 | 0g | 0g | 0g | 0mg | 70mg | 0g | 0g | 0g | 0g | 0% | 0% | 0% | 0% |
| Garlic Herb | 1 Slice | 6 | 0 | 0 | 0g | 0g | 0g | 0mg | 90mg | 0g | 0g | 0g | 0g | 0% | 0% | 0% | 0% |
| Onion | 1 Slice | 6 | 0 | 0 | 0g | 0g | 0g | 0mg | 105mg | < 1g | 0g | 0g | 0g | 0% | 0% | 0% | 0% |
| Ranch | 1 Slice | 6 | 10 | 0 | 0g | 0g | 0g | 0mg | 770mg | 1g | 0g | < 1g | 0g | 0% | 2% | 2% | 0% |
| Sesame | 1 Slice | 6 | 0 | 0 | 0g | 0g | 0g | 0mg | 0mg | 0g | 0g | 0g | 0g | 0% | 0% | 0% | 0% |

| MEDIUM ROUND OR THIN | | | | | | | | | | | | | | | | | |
|-----------------------------|----------------|----------|-------------------|----------|---------------|-------------------|----------------|--------------|--------------------|--------------------|-------------|--------------|-----------|-----------|---------|------|----|
| Serving Size | Total Servings | Calories | Calories from Fat | Fat (g.) | Sat. Fat (g.) | Cholesterol (mg.) | Trans Fat (g.) | Sodium (mg.) | Carbohydrates (g.) | Dietary Fiber (g.) | Sugars (g.) | Protein (g.) | Vitamin A | Vitamin C | Calcium | Iron | |
| Asiago | 1 Slice | 8 | 10 | 5 | 1g | 0g | 0g | < 5mg | 25mg | 0g | 0g | 0g | < 1g | 0% | 0% | 2% | 0% |
| Butter | 1 Slice | 8 | 25 | 15 | 2.5g | 0g | 0g | < 5mg | 20mg | 0g | 1g | < 1g | 0g | 0% | 0% | 0% | 0% |
| Butter Cheese | 1 Slice | 8 | 25 | 15 | 3g | 0.5g | 0g | 5mg | 45mg | 0g | < 1g | 1g | 0g | 0% | 0% | 0% | 0% |
| Cajun | 1 Slice | 8 | 0 | 0 | 0g | 0g | 0g | 0mg | 60mg | 0g | 0g | 0g | 0g | 0% | 0% | 0% | 0% |
| Garlic Herb | 1 Slice | 8 | 0 | 0 | 0g | 0g | 0g | 0mg | 80mg | 0g | 0g | 0g | 0g | 0% | 0% | 0% | 0% |
| Onion | 1 Slice | 8 | 0 | 0 | 0g | 0g | 0g | 0mg | 95mg | 0g | 0g | 0g | 0g | 0% | 0% | 0% | 0% |
| Ranch | 1 Slice | 8 | 5 | 0 | 0g | 0g | 0g | 0mg | 690mg | 1g | 0g | < 1g | 0g | 0% | 0% | 2% | 0% |
| Sesame | 1 Slice | 8 | 0 | 0 | 0g | 0g | 0g | 0mg | 0mg | 0g | 0g | 0g | 0g | 0% | 0% | 0% | 0% |

* Product only available in Florida.

| | | | | | | | | | | | | | | | | |
|-----------------------|----------------|----------|-------------------|----------|---------------|----------------|-------------------|--------------|--------------------|--------------------|-------------|--------------|-----------|-----------|---------|------|
| FLAVORED CRUST | Total Servings | Calories | Calories from Fat | Fat (g.) | Sat. Fat (g.) | Trans Fat (g.) | Cholesterol (mg.) | Sodium (mg.) | Carbohydrates (g.) | Dietary Fiber (g.) | Sugars (g.) | Protein (g.) | Vitamin A | Vitamin C | Calcium | Iron |
|-----------------------|----------------|----------|-------------------|----------|---------------|----------------|-------------------|--------------|--------------------|--------------------|-------------|--------------|-----------|-----------|---------|------|

LARGE ROUND OR THIN

| | | | | | | | | | | | | | | | | | |
|---------------|---------|---|----|----|------|------|----|-------|-------|------|----|------|------|----|----|----|----|
| Asiago | 1 Slice | 8 | 15 | 10 | 1g | 0.5g | 0g | < 5mg | 35mg | 0g | 0g | 0g | < 1g | 0% | 0% | 4% | 0% |
| Butter | 1 Slice | 8 | 30 | 20 | 3g | 0g | 0g | < 5mg | 25mg | 0g | 1g | < 1g | 0g | 0% | 0% | 0% | 0% |
| Butter Cheese | 1 Slice | 8 | 30 | 20 | 3.5g | 1g | 0g | 5mg | 55mg | < 1g | 1g | < 1g | 0% | 0% | 2% | 0% | |
| Cajun | 1 Slice | 8 | 0 | 0 | 0g | 0g | 0g | 0mg | 70mg | 0g | 0g | 0g | 0% | 0% | 0% | 0% | |
| Garlic Herb | 1 Slice | 8 | 0 | 0 | 0g | 0g | 0g | 0mg | 95mg | 0g | 0g | 0g | 0% | 0% | 0% | 0% | |
| Onion | 1 Slice | 8 | 0 | 0 | 0g | 0g | 0g | 0mg | 110mg | < 1g | 0g | 0g | 0% | 0% | 0% | 0% | |
| Ranch | 1 Slice | 8 | 10 | 0 | 0g | 0g | 0g | 0mg | 800mg | 1g | 0g | < 1g | 0% | 2% | 2% | 0% | |
| Sesame | 1 Slice | 8 | 5 | 0 | 0g | 0g | 0g | 0mg | 0mg | 0g | 0g | 0g | 0% | 0% | 0% | 0% | |

DEEP DISH

| | | | | | | | | | | | | | | | | | |
|---------------|---------|---|----|----|------|------|----|-------|-------|------|----|------|------|----|----|----|----|
| Asiago | 1 Slice | 8 | 15 | 10 | 1g | 0.5g | 0g | < 5mg | 35mg | 0g | 0g | 0g | < 1g | 0% | 0% | 4% | 0% |
| Butter | 1 Slice | 8 | 25 | 15 | 2.5g | 0g | 0g | < 5mg | 20mg | 0g | 1g | < 1g | 0g | 0% | 0% | 0% | 0% |
| Butter Cheese | 1 Slice | 8 | 35 | 20 | 3.5g | 1g | 0g | 5mg | 60mg | < 1g | 1g | < 1g | 0% | 0% | 2% | 0% | |
| Cajun | 1 Slice | 8 | 0 | 0 | 0g | 0g | 0g | 0mg | 80mg | 0g | 0g | 0g | 0% | 0% | 0% | 0% | |
| Garlic Herb | 1 Slice | 8 | 0 | 0 | 0g | 0g | 0g | 0mg | 100mg | < 1g | 0g | 0g | 0% | 0% | 0% | 0% | |
| Onion | 1 Slice | 8 | 0 | 0 | 0g | 0g | 0g | 0mg | 120mg | < 1g | 0g | 0g | 0% | 0% | 0% | 0% | |
| Ranch | 1 Slice | 8 | 10 | 0 | 0g | 0g | 0g | 0mg | 880mg | 2g | 0g | < 1g | 0% | 2% | 2% | 0% | |
| Sesame | 1 Slice | 8 | 5 | 0 | 0g | 0g | 0g | 0mg | 0mg | 0g | 0g | 0g | 0% | 0% | 0% | 0% | |

XL ROUND

| | | | | | | | | | | | | | | | | | |
|---------------|---------|---|----|----|------|------|----|-------|-------|------|------|------|------|----|----|----|----|
| Asiago | 1 Slice | 8 | 15 | 10 | 1.5g | 1g | 0g | < 5mg | 40mg | 0g | 0g | 0g | 1g | 0% | 0% | 4% | 0% |
| Butter | 1 Slice | 8 | 35 | 20 | 3.5g | 0.5g | 0g | 5mg | 25mg | 0g | 2g | 1g | 0g | 0% | 0% | 0% | 0% |
| Butter Cheese | 1 Slice | 8 | 35 | 20 | 4g | 1g | 0g | 5mg | 65mg | < 1g | 1g | < 1g | 0% | 0% | 2% | 0% | |
| Cajun | 1 Slice | 8 | 0 | 0 | 0g | 0g | 0g | 0mg | 80mg | < 1g | 0g | 0g | 0% | 0% | 0% | 0% | |
| Garlic Herb | 1 Slice | 8 | 0 | 0 | 0g | 0g | 0g | 0mg | 105mg | < 1g | 0g | 0g | 0% | 0% | 0% | 0% | |
| Onion | 1 Slice | 8 | 0 | 0 | 0g | 0g | 0g | 0mg | 130mg | < 1g | 0g | 0g | 0% | 0% | 0% | 0% | |
| Ranch | 1 Slice | 8 | 10 | 0 | 0g | 0g | 0g | 0mg | 920mg | 2g | 0g | < 1g | < 1g | 0% | 2% | 2% | 0% |
| Sesame | 1 Slice | 8 | 70 | 10 | 1.5g | 0g | 0g | < 5mg | 95mg | 12g | < 1g | < 1g | 2g | 0% | 0% | 4% | 0% |

CATERING DEEP DISH & SHEET PIZZA

| | | | | | | | | | | | | | | | | | |
|---------------|---------|----|----|----|------|------|----|-------|-------|------|----|------|------|----|----|----|----|
| Asiago | 1 Slice | 32 | 15 | 10 | 1g | 0.5g | 0g | < 5mg | 35mg | 0g | 0g | 0g | < 1g | 0% | 0% | 4% | 0% |
| Butter | 1 Slice | 32 | 30 | 20 | 3.5g | 0.5g | 0g | 5mg | 25mg | 0g | 2g | 1g | 0g | 0% | 0% | 0% | 0% |
| Butter Cheese | 1 Slice | 32 | 35 | 20 | 3.5g | 1g | 0g | 5mg | 60mg | < 1g | 1g | < 1g | 0% | 0% | 2% | 0% | |
| Cajun | 1 Slice | 32 | 0 | 0 | 0g | 0g | 0g | 0mg | 80mg | 0g | 0g | 0g | 0% | 0% | 0% | 0% | |
| Garlic Herb | 1 Slice | 32 | 0 | 0 | 0g | 0g | 0g | 0mg | 100mg | < 1g | 0g | 0g | 0% | 0% | 0% | 0% | |
| Onion | 1 Slice | 32 | 0 | 0 | 0g | 0g | 0g | 0mg | 120mg | < 1g | 0g | 0g | 0% | 0% | 0% | 0% | |
| Ranch | 1 Slice | 32 | 10 | 0 | 0g | 0g | 0g | 0mg | 880mg | 2g | 0g | < 1g | < 1g | 0% | 2% | 2% | 0% |
| Sesame | 1 Slice | 32 | 5 | 0 | 0g | 0g | 0g | 0mg | 0mg | 0g | 0g | 0g | 0% | 0% | 0% | 0% | |

IMPORTANT INFORMATION: Information provided is an estimate of nutritional data and is based on approved ingredients and standard recipes. Ingredients listed are provided by the manufacturer. Standard portion guides are used for the calculations, however, there may be variations due to differences in assembly and other normal operational and seasonal variances. Substituting ingredients may change nutritional values. This information does not include limited time offers or test products not in general release. Temporary substitution of standard ingredients may alter nutritional values within reasonable tolerances. There may be regional variations and not all items or options may be available at all locations.

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