

**Hungry Howie's**<sup>®</sup>

**FLAVORED CRUST<sup>®</sup> PIZZA**

# NUTRITIONAL GUIDE



|                                     |                |          |                   |               |                 |                   |              |                    |                    |             |              |           |           |         |      |
|-------------------------------------|----------------|----------|-------------------|---------------|-----------------|-------------------|--------------|--------------------|--------------------|-------------|--------------|-----------|-----------|---------|------|
| <b>BUILD<br/>YOUR<br/>OWN PIZZA</b> | Total Servings | Calories | Calories from Fat | Sat. Fat (g.) | Trans. Fat (g.) | Cholesterol (mg.) | Sodium (mg.) | Carbohydrates (g.) | Dietary Fiber (g.) | Sugars (g.) | Protein (g.) | Vitamin A | Vitamin C | Calcium | Iron |
|-------------------------------------|----------------|----------|-------------------|---------------|-----------------|-------------------|--------------|--------------------|--------------------|-------------|--------------|-----------|-----------|---------|------|

| <b>8" Junior</b>  |         |   |     |     |      |      |    |      |       |     |    |     |     |      |     |     |    |
|---|---------|---|-----|-----|------|------|----|------|-------|-----|----|-----|-----|------|-----|-----|----|
| To calculate total nutritional values for One Slice: Add selected "Toppings" to "Cheese Only" |         |   |     |     |      |      |    |      |       |     |    |     |     |      |     |     |    |
| Cheese Only   | 1 Slice | 4 | 160 | 45  | 5g   | 3g   | 0g | 15mg | 200mg | 21g | 1g | 1g  | 8g  | 120% | 2%  | 20% | 0% |
| Anchovies   | 1 Slice | 4 | 10  | 0   | 0g   | 0g   | 0g | 0mg  | 230mg | 0g  | 0g | 0g  | <1g | 0%   | 0%  | 0%  | 0% |
| Bacon   | 1 Slice | 4 | 10  | 10  | 1g   | 0g   | 0g | 0mg  | 30mg  | 0g  | 0g | 0g  | <1g | 0%   | 0%  | 0%  | 0% |
| Black Olive   | 1 Slice | 4 | 5   | 5   | 0.5g | 0g   | 0g | 0mg  | 25mg  | 0g  | 0g | 0g  | 0g  | 0%   | 0%  | 0%  | 0% |
| Cheddar   | 1 Slice | 4 | 30  | 20  | 2.5g | 1.5g | 0g | 5mg  | 45mg  | 0g  | 0g | 0g  | 2g  | 70%  | 0%  | 50% | 0% |
| Chicken   | 1 Slice | 4 | 10  | 0   | 0g   | 0g   | 0g | 5mg  | 50mg  | 0g  | 0g | 0g  | 2g  | 0%   | 0%  | 0%  | 0% |
| Feta  | 1 Slice | 4 | 20  | 10  | 1g   | 1g   | 0g | <5mg | 85mg  | <1g | 0g | 0g  | 2g  | 2%   | 0%  | 2%  | 0% |
| Green Olive   | 1 Slice | 4 | 5   | 0   | 0.5g | 0g   | ** | 0mg  | 55mg  | 0g  | 0g | 0g  | 0g  | 0%   | 0%  | 0%  | 0% |
| Green Pepper  | 1 Slice | 4 | 0   | 0   | 0g   | 0g   | 0g | 0mg  | 0mg   | <1g | 0g | 0g  | 0g  | 0%   | 15% | 0%  | 0% |
| Ground Beef   | 1 Slice | 4 | 15  | 10  | 1.5g | 0.5g | 0g | <5mg | 90mg  | 0g  | 0g | 0g  | 1g  | 0%   | 0%  | 0%  | 2% |
| Ham   | 1 Slice | 4 | 10  | 0   | 0g   | 0g   | 0g | <5mg | 75mg  | 0g  | 0g | 0g  | 1g  | 0%   | 0%  | 0%  | 0% |
| Jalapenos   | 1 Slice | 4 | 0   | 0   | 0g   | 0g   | ** | 0mg  | 120mg | 0g  | 0g | 0g  | 0g  | 2%   | 2%  | 0%  | 0% |
| Meatball  | 1 Slice | 4 | 20  | 15  | 1.5g | 0.5g | 0g | <5mg | 55mg  | 0g  | 0g | 0g  | 2g  | 0%   | 0%  | 2%  | 2% |
| Mild Pepper Rings   | 1 Slice | 4 | 0   | 0   | 0g   | 0g   | 0g | 0mg  | 105mg | 0g  | 0g | 0g  | 0g  | 2%   | 4%  | 4%  | 0% |
| Mushroom  | 1 Slice | 4 | 0   | 0   | 0g   | 0g   | ** | 0mg  | 0mg   | 0g  | 0g | 0g  | 0g  | 0%   | 0%  | 0%  | 0% |
| Pepperoni   | 1 Slice | 4 | 5   | 0   | 0.5g | 0g   | 0g | 0mg  | 45mg  | 0g  | 0g | 0g  | 0g  | 0%   | 0%  | 0%  | 0% |
| Classic Cupped Pepperoni  | 1 Slice | 4 | 20  | 2.5 | 1.8g | .7g  | 0g | 4mg  | 74mg  | 0g  | 0  | 0g  | .7g | 0%   | 0%  | 0%  | 0% |
| Pineapple   | 1 Slice | 4 | 0   | 0   | 0g   | 0g   | 0g | 0mg  | 0mg   | 1g  | 0g | <1g | 0g  | 0%   | 0%  | 0%  | 0% |
| Red Onion   | 1 Slice | 4 | 0   | 0   | 0g   | 0g   | 0g | 0mg  | 0mg   | 0g  | 0g | 0g  | 0g  | 0%   | 0%  | 0%  | 0% |
| Sausage   | 1 Slice | 4 | 30  | 25  | 2.5g | 1g   | 0g | 5mg  | 65mg  | 0g  | 0g | 0g  | <1g | 0%   | 0%  | 0%  | 0% |
| Steak   | 1 Slice | 4 | 15  | 10  | 1g   | 0g   | 0g | <5mg | 0mg   | 0g  | 0g | 0g  | 1g  | 0%   | 0%  | 0%  | 0% |
| Tomato  | 1 Slice | 4 | 5   | 0   | 0g   | 0g   | 0g | 0mg  | 0mg   | 1g  | 0g | <1g | 0g  | 6%   | 6%  | 0%  | 0% |

| <b>10" Small</b>  |         |   |     |    |      |      |    |      |       |     |     |     |     |      |     |     |    |
|---|---------|---|-----|----|------|------|----|------|-------|-----|-----|-----|-----|------|-----|-----|----|
| To calculate total nutritional values for One Slice: Add selected "Toppings" to "Cheese Only" |         |   |     |    |      |      |    |      |       |     |     |     |     |      |     |     |    |
| Cheese Only   | 1 Slice | 6 | 150 | 40 | 4.5g | 2.5g | 0g | 15mg | 200mg | 21g | 1g  | 1g  | 7g  | 120% | 2%  | 20% | 0% |
| Gluten Free Cheese Only   | 1 Slice | 6 | 90  | 45 | 5g   | 2.5g | 0g | 15mg | 160mg | 7g  | <1g | 2g  | 4g  | 120% | 2%  | 15% | 0% |
| Anchovies   | 1 Slice | 6 | 10  | 0  | 0g   | 0g   | 0g | 0mg  | 230mg | 0g  | 0g  | 0g  | <1g | 0%   | 0%  | 0%  | 0% |
| Bacon   | 1 Slice | 6 | 25  | 20 | 2.5g | 0.5g | 0g | <5mg | 85mg  | 0g  | 0g  | 0g  | 1g  | 0%   | 0%  | 0%  | 0% |
| Black Olive   | 1 Slice | 6 | 10  | 5  | 0.5g | 0g   | 0g | 0mg  | 30mg  | 0g  | 0g  | 0g  | 0g  | 0%   | 0%  | 0%  | 0% |
| Cheddar   | 1 Slice | 6 | 40  | 30 | 3g   | 1.5g | 0g | 10mg | 60mg  | 0g  | 0g  | 0g  | 2g  | 90%  | 0%  | 70% | 0% |
| Chicken   | 1 Slice | 6 | 10  | 0  | 0g   | 0g   | 0g | 5mg  | 50mg  | 0g  | 0g  | 0g  | 2g  | 0%   | 0%  | 0%  | 0% |
| Feta  | 1 Slice | 6 | 25  | 15 | 1.5g | 1g   | 0g | 5mg  | 115mg | <1g | 0g  | 0g  | 2g  | 2%   | 0%  | 4%  | 0% |
| Green Olive   | 1 Slice | 6 | 5   | 5  | 0.5g | 0g   | ** | 0mg  | 75mg  | 0g  | 0g  | 0g  | 0g  | 0%   | 0%  | 0%  | 0% |
| Green Pepper  | 1 Slice | 6 | 0   | 0  | 0g   | 0g   | 0g | 0mg  | 0mg   | <1g | 0g  | 0g  | 0g  | 2%   | 20% | 0%  | 0% |
| Ground Beef   | 1 Slice | 6 | 15  | 10 | 1.5g | 0.5g | 0g | <5mg | 90mg  | 0g  | 0g  | 0g  | 1g  | 0%   | 0%  | 0%  | 2% |
| Ham   | 1 Slice | 6 | 10  | 0  | 0g   | 0g   | 0g | <5mg | 75mg  | 0g  | 0g  | 0g  | 1g  | 0%   | 0%  | 0%  | 0% |
| Jalapenos   | 1 Slice | 6 | 0   | 0  | 0g   | 0g   | ** | 0mg  | 120mg | 0g  | 0g  | 0g  | 0g  | 2%   | 2%  | 0%  | 0% |
| Meatball  | 1 Slice | 6 | 40  | 25 | 3g   | 1g   | 0g | 5mg  | 115mg | <1g | <1g | 0g  | 3g  | 0%   | 0%  | 2%  | 2% |
| Mild Pepper Rings   | 1 Slice | 6 | 0   | 0  | 0g   | 0g   | 0g | 0mg  | 105mg | 0g  | 0g  | 0g  | 0g  | 2%   | 4%  | 4%  | 0% |
| Mushroom  | 1 Slice | 6 | 0   | 0  | 0g   | 0g   | ** | 0mg  | 0mg   | 0g  | 0g  | 0g  | 0g  | 0%   | 0%  | 0%  | 0% |
| Pepperoni   | 1 Slice | 6 | 10  | 5  | 0.5g | 0g   | 0g | 0mg  | 60mg  | 0g  | 0g  | 0g  | 0g  | 0%   | 0%  | 0%  | 0% |
| Classic Cupped Pepperoni  | 1 Slice | 6 | 25  | 2  | 2g   | .8g  | 0g | 5g   | 95mg  | 0g  | 0g  | 0g  | .8g | 0%   | 0%  | 0%  | 0% |
| Pineapple   | 1 Slice | 6 | 0   | 0  | 0g   | 0g   | 0g | 0mg  | 0mg   | 1g  | 0g  | <1g | 0g  | 0%   | 0%  | 0%  | 0% |
| Red Onion   | 1 Slice | 6 | 0   | 0  | 0g   | 0g   | 0g | 0mg  | 0mg   | 0g  | 0g  | 0g  | 0g  | 0%   | 0%  | 0%  | 0% |
| Sausage   | 1 Slice | 6 | 30  | 25 | 2.5g | 1g   | 0g | 5mg  | 65mg  | 0g  | 0g  | 0g  | <1g | 0%   | 0%  | 0%  | 0% |
| Steak   | 1 Slice | 6 | 15  | 10 | 1g   | 0g   | 0g | <5mg | 0mg   | 0g  | 0g  | 0g  | 1g  | 0%   | 0%  | 0%  | 0% |
| Tomato  | 1 Slice | 6 | 5   | 0  | 0g   | 0g   | 0g | 0mg  | 0mg   | 2g  | 0g  | 1g  | 0g  | 6%   | 8%  | 0%  | 0% |

| <b>12" Medium</b>   |         |   |     |    |      |      |    |      |       |     |     |     |     |      |     |     |    |
|---|---------|---|-----|----|------|------|----|------|-------|-----|-----|-----|-----|------|-----|-----|----|
| To calculate total nutritional values for One Slice: Add selected "Toppings" to "Cheese Only" |         |   |     |    |      |      |    |      |       |     |     |     |     |      |     |     |    |
| Cheese Only   | 1 Slice | 8 | 180 | 50 | 5g   | 3g   | 0g | 15mg | 230mg | 25g | 1g  | 2g  | 9g  | 140% | 2%  | 20% | 0% |
| Thin Crust Cheese Only  | 1 Slice | 8 | 140 | 60 | 7g   | 3.5g | 0g | 15mg | 180mg | 13g | 1g  | 1g  | 6g  | 140% | 2%  | 15% | 0% |
| Anchovies   | 1 Slice | 8 | 10  | 0  | 0g   | 0g   | 0g | 0mg  | 230mg | 0g  | 0g  | 0g  | <1g | 0%   | 0%  | 0%  | 0% |
| Bacon   | 1 Slice | 8 | 25  | 20 | 2.5g | 0.5g | 0g | <5mg | 85mg  | 0g  | 0g  | 0g  | 1g  | 0%   | 0%  | 0%  | 0% |
| Black Olive   | 1 Slice | 8 | 10  | 5  | 0.5g | 0g   | 0g | 0mg  | 30mg  | 0g  | 0g  | 0g  | 0g  | 0%   | 0%  | 0%  | 0% |
| Cheddar   | 1 Slice | 8 | 45  | 30 | 3.5g | 2g   | 0g | 10mg | 70mg  | 0g  | 0g  | 0g  | 3g  | 110% | 0%  | 80% | 0% |
| Chicken   | 1 Slice | 8 | 10  | 0  | 0g   | 0g   | 0g | 5mg  | 50mg  | 0g  | 0g  | 0g  | 2g  | 0%   | 0%  | 0%  | 0% |
| Feta  | 1 Slice | 8 | 25  | 15 | 1.5g | 1g   | 0g | 5mg  | 115mg | <1g | 0g  | 0g  | 2g  | 2%   | 0%  | 4%  | 0% |
| Green Olive   | 1 Slice | 8 | 5   | 5  | 0.5g | 0g   | ** | 0mg  | 75mg  | 0g  | 0g  | 0g  | 0g  | 0%   | 0%  | 0%  | 0% |
| Green Pepper  | 1 Slice | 8 | 0   | 0  | 0g   | 0g   | 0g | 0mg  | 0mg   | <1g | 0g  | 0g  | 0g  | 2%   | 20% | 0%  | 0% |
| Ground Beef   | 1 Slice | 8 | 15  | 10 | 1.5g | 0.5g | 0g | <5mg | 90mg  | 0g  | 0g  | 0g  | 1g  | 0%   | 0%  | 0%  | 2% |
| Ham   | 1 Slice | 8 | 10  | 0  | 0g   | 0g   | 0g | <5mg | 75mg  | 0g  | 0g  | 0g  | 1g  | 0%   | 0%  | 0%  | 0% |
| Jalapenos   | 1 Slice | 8 | 0   | 0  | 0g   | 0g   | ** | 0mg  | 120mg | 0g  | 0g  | 0g  | 0g  | 2%   | 2%  | 0%  | 0% |
| Meatball  | 1 Slice | 8 | 40  | 25 | 3g   | 1g   | 0g | 5mg  | 115mg | <1g | <1g | 0g  | 3g  | 0%   | 0%  | 2%  | 2% |
| Mild Pepper Rings   | 1 Slice | 8 | 0   | 0  | 0g   | 0g   | 0g | 0mg  | 105mg | 0g  | 0g  | 0g  | 0g  | 2%   | 4%  | 4%  | 0% |
| Mushroom  | 1 Slice | 8 | 0   | 0  | 0g   | 0g   | ** | 0mg  | 0mg   | 0g  | 0g  | 0g  | 0g  | 0%   | 0%  | 0%  | 0% |
| Pepperoni   | 1 Slice | 8 | 10  | 5  | 0.5g | 0g   | 0g | 0mg  | 60mg  | 0g  | 0g  | 0g  | 0g  | 0%   | 0%  | 0%  | 0% |
| Classic Cupped Pepperoni  | 1 Slice | 8 | 29  | 4  | 2.7g | 1g   | 0g | 6mg  | 108mg | 0g  | 0g  | 0g  | 1g  | 0%   | 0%  | 0%  | 0% |
| Pineapple   | 1 Slice | 8 | 0   | 0  | 0g   | 0g   | 0g | 0mg  | 0mg   | 1g  | 0g  | <1g | 0g  | 0%   | 0%  | 0%  | 0% |
| Red Onion   | 1 Slice | 8 | 0   | 0  | 0g   | 0g   | 0g | 0mg  | 0mg   | 0g  | 0g  | 0g  | 0g  | 0%   | 0%  | 0%  | 0% |
| Sausage   | 1 Slice | 8 | 30  | 25 | 2.5g | 1g   | 0g | 5mg  | 65mg  | 0g  | 0g  | 0g  | <1g | 0%   | 0%  | 0%  | 0% |
| Steak   | 1 Slice | 8 | 15  | 10 | 1g   | 0g   | 0g | <5mg | 0mg   | 0g  | 0g  | 0g  | 1g  | 0%   | 0%  | 0%  | 0% |
| Tomato  | 1 Slice | 8 | 5   | 0  | 0g   | 0g   | 0g | 0mg  | 0mg   | 2g  | 0g  | 1g  | 0g  | 6%   | 8%  | 0%  | 0% |

# BUILD YOUR OWN PIZZA

|   | Serving Size             | Total Servings | Calories | Calories from Fat | Sat. Fat (g.) | Trans. Fat (g.) | Cholesterol (mg.) | Sodium (mg.) | Dietary Fiber (g.) | Sugars (g.) | Protein (g.) | Vitamin A | Vitamin C | Calcium | Iron |      |    |    |
|---|--------------------------|----------------|----------|-------------------|---------------|-----------------|-------------------|--------------|--------------------|-------------|--------------|-----------|-----------|---------|------|------|----|----|
| <b>14" Large</b>  |                          |                |          |                   |               |                 |                   |              |                    |             |              |           |           |         |      |      |    |    |
| To calculate total nutritional values for One Slice: Add selected "Toppings" to "Cheese Only" |                          |                |          |                   |               |                 |                   |              |                    |             |              |           |           |         |      |      |    |    |
| Cheese Only   | 1 Slice                  | 8              | 250      | 70                | 7g            | 4g              | 0g                | 25mg         | 320mg              | 34g         | 2g           | 2g        | 12g       | 220%    | 4%   | 30%  | 0% |    |
| Thin Crust Cheese Only  | 1 Slice                  | 8              | 200      | 90                | 10g           | 4.5g            | 0g                | 25mg         | 260mg              | 18g         | 1g           | 2g        | 9g        | 220%    | 4%   | 25%  | 2% |    |
| Stuffed Crust Cheese Only   | 1 Slice                  | 8              | 300      | 120               | 12g           | 7g              | 0g                | 40mg         | 500mg              | 35g         | 2g           | 3g        | 15g       | 360%    | 4%   | 150% | 0% |    |
| Toppings  | Anchovies                | 1 Slice        | 8        | 10                | 0             | 0g              | 0g                | 0mg          | 290mg              | 0g          | 0g           | <1g       | 0g        | 0%      | 0%   | 0%   | 0% |    |
|   | Bacon                    | 1 Slice        | 8        | 20                | 15            | 2g              | 0.5g              | 0g           | <5mg               | 65mg        | 0g           | 0g        | 1g        | 0%      | 0%   | 0%   | 0% |    |
|   | Black Olive              | 1 Slice        | 8        | 15                | 10            | 1g              | 0g                | 0g           | 0mg                | 50mg        | 0g           | 0g        | 0g        | 0%      | 0%   | 0%   | 0% |    |
|   | Cheddar                  | 1 Slice        | 8        | 60                | 40            | 4.5g            | 2.5g              | 0g           | 15mg               | 90mg        | 0g           | 0g        | 4g        | 140%    | 0%   | 100% | 0% |    |
|   | Chicken                  | 1 Slice        | 8        | 15                | 0             | 0g              | 0g                | 0g           | 10mg               | 85mg        | 0g           | 0g        | 3g        | 0%      | 0%   | 0%   | 0% |    |
|   | Feta                     | 1 Slice        | 8        | 35                | 20            | 2g              | 1.5g              | 0g           | 10mg               | 170mg       | 1g           | 0g        | <1g       | 3g      | 2%   | 0%   | 6% | 0% |
|   | Green Olive              | 1 Slice        | 8        | 10                | 10            | 1g              | 0g                | **           | 0mg                | 110mg       | 0g           | 0g        | 0g        | 0g      | 0%   | 0%   | 0% | 0% |
|   | Green Pepper             | 1 Slice        | 8        | 0                 | 0             | 0g              | 0g                | 0g           | 0mg                | 0mg         | <1g          | 0g        | 0g        | 0g      | 2%   | 25%  | 0% | 0% |
|   | Ground Beef              | 1 Slice        | 8        | 30                | 20            | 2g              | 1g                | 0g           | 5mg                | 160mg       | 0g           | 0g        | 0g        | 2g      | 0%   | 0%   | 0% | 2% |
|   | Ham                      | 1 Slice        | 8        | 15                | 0             | 0.5g            | 0g                | 0g           | 5mg                | 130mg       | 0g           | 0g        | 0g        | 2g      | 0%   | 0%   | 0% | 0% |
|   | Jalapenos                | 1 Slice        | 8        | 0                 | 0             | 0g              | 0g                | **           | 0mg                | 180mg       | <1g          | 0g        | 0g        | 0g      | 4%   | 2%   | 0% | 2% |
|   | Meatball                 | 1 Slice        | 8        | 60                | 40            | 4.5g            | 1.5g              | 0g           | 10mg               | 170mg       | 1g           | <1g       | 0g        | 5g      | 2%   | 0%   | 4% | 4% |
|   | Mild Pepper Rings        | 1 Slice        | 8        | 0                 | 0             | 0g              | 0g                | 0g           | 0mg                | 160mg       | 0g           | 0g        | 0g        | 0g      | 4%   | 6%   | 6% | 0% |
|   | Mushroom                 | 1 Slice        | 8        | 0                 | 0             | 0g              | 0g                | **           | 0mg                | 0mg         | 0g           | 0g        | 0g        | 0g      | 0%   | 0%   | 0% | 0% |
|   | Pepperoni                | 1 Slice        | 8        | 10                | 10            | 1g              | 0g                | 0g           | <5mg               | 85mg        | 0g           | 0g        | 0g        | 0g      | 0%   | 0%   | 0% | 0% |
|   | Classic Cupped Pepperoni | 1 Slice        | 8        | 36                | 4.5           | 3.3g            | 1.2g              | 0g           | 7mg                | 137mg       | 0g           | 0g        | 0g        | 1.2g    | 0%   | 0%   | 0% | 0% |
|   | Pineapple                | 1 Slice        | 8        | 5                 | 0             | 0g              | 0g                | 0g           | 0mg                | 0mg         | 2g           | 0g        | 1g        | 0g      | 0%   | 2%   | 0% | 0% |
|   | Red Onion                | 1 Slice        | 8        | 0                 | 0             | 0g              | 0g                | 0g           | 0mg                | 0mg         | <1g          | 0g        | 0g        | 0g      | 0%   | 0%   | 0% | 0% |
|   | Sausage                  | 1 Slice        | 8        | 40                | 35            | 3.5g            | 1g                | 0g           | 5mg                | 90mg        | 0g           | 0g        | 0g        | 1g      | 0%   | 0%   | 0% | 0% |
|   | Steak                    | 1 Slice        | 8        | 25                | 15            | 1.5g            | 0.5g              | 0g           | 10mg               | 5mg         | 0g           | 0g        | 0g        | 3g      | 0%   | 0%   | 0% | 2% |
| Tomato  | 1 Slice                  | 8              | 10       | 0                 | 0g            | 0g              | 0g                | 0mg          | 0mg                | 3g          | <1g          | 2g        | <1g       | 10%     | 15%  | 0%   | 2% |    |

|   | Serving Size             | Total Servings | Calories | Calories from Fat | Sat. Fat (g.) | Trans. Fat (g.) | Cholesterol (mg.) | Sodium (mg.) | Dietary Fiber (g.) | Sugars (g.) | Protein (g.) | Vitamin A | Vitamin C | Calcium | Iron |      |    |    |
|---|--------------------------|----------------|----------|-------------------|---------------|-----------------|-------------------|--------------|--------------------|-------------|--------------|-----------|-----------|---------|------|------|----|----|
| <b>16" XL</b>   |                          |                |          |                   |               |                 |                   |              |                    |             |              |           |           |         |      |      |    |    |
| To calculate total nutritional values for One Slice: Add selected "Toppings" to "Cheese Only" |                          |                |          |                   |               |                 |                   |              |                    |             |              |           |           |         |      |      |    |    |
| Cheese Only   | 1 Slice                  | 8              | 350      | 90                | 10g           | 6g              | 0g                | 35mg         | 450mg              | 48g         | 3g           | 3g        | 17g       | 310%    | 4%   | 45%  | 0% |    |
| Toppings  | Anchovies                | 1 Slice        | 8        | 10                | 5             | 0.5g            | 0g                | 0mg          | 350mg              | 0g          | 0g           | 0g        | 1g        | 0%      | 0%   | 0%   | 0% |    |
|   | Bacon                    | 1 Slice        | 8        | 25                | 20            | 2g              | 0.5g              | 0g           | <5mg               | 80mg        | 0g           | 0g        | 1g        | 0%      | 0%   | 0%   | 0% |    |
|   | Black Olive              | 1 Slice        | 8        | 15                | 15            | 1.5g            | 0g                | 0g           | 0mg                | 60mg        | <1g          | 0g        | 0g        | 0%      | 0%   | 0%   | 0% |    |
|   | Cheddar                  | 1 Slice        | 8        | 80                | 60            | 6g              | 3.5g              | 0g           | 20mg               | 125mg       | 0g           | 0g        | 5g        | 200%    | 0%   | 140% | 0% |    |
|   | Chicken                  | 1 Slice        | 8        | 20                | 0             | 0g              | 0g                | 0g           | 10mg               | 110mg       | 0g           | 0g        | 3g        | 0%      | 0%   | 0%   | 0% |    |
|   | Feta                     | 1 Slice        | 8        | 45                | 25            | 2.5g            | 2g                | 0g           | 10mg               | 220mg       | 1g           | 0g        | <1g       | 4g      | 2%   | 0%   | 6% | 0% |
|   | Green Olive              | 1 Slice        | 8        | 15                | 10            | 1.5g            | 0g                | **           | 0mg                | 140mg       | 0g           | 0g        | 0g        | 0g      | 0%   | 0%   | 0% | 0% |
|   | Green Pepper             | 1 Slice        | 8        | 5                 | 0             | 0g              | 0g                | 0g           | 0mg                | 0mg         | 1g           | <1g       | <1g       | 0g      | 2%   | 40%  | 0% | 0% |
|   | Ground Beef              | 1 Slice        | 8        | 35                | 25            | 3g              | 1g                | 0g           | 5mg                | 200mg       | <1g          | 0g        | 0g        | 2g      | 0%   | 0%   | 0% | 2% |
|   | Ham                      | 1 Slice        | 8        | 15                | 5             | 0.5g            | 0g                | 0g           | 10mg               | 170mg       | 0g           | 0g        | 0g        | 2g      | 0%   | 0%   | 0% | 0% |
|   | Jalapenos                | 1 Slice        | 8        | 0                 | 0             | 0g              | 0g                | **           | 0mg                | 240mg       | <1g          | 0g        | 0g        | 0g      | 4%   | 2%   | 0% | 2% |
|   | Meatball                 | 1 Slice        | 8        | 80                | 50            | 6g              | 2g                | 0g           | 15mg               | 230mg       | 2g           | 1g        | 0g        | 6g      | 2%   | 0%   | 6% | 6% |
|   | Mild Pepper Rings        | 1 Slice        | 8        | 0                 | 0             | 0g              | 0g                | 0g           | 0mg                | 210mg       | <1g          | 0g        | 0g        | 0g      | 4%   | 8%   | 8% | 0% |
|   | Mushroom                 | 1 Slice        | 8        | 0                 | 0             | 0g              | 0g                | **           | 0mg                | 0mg         | 0g           | 0g        | 0g        | 0g      | 0%   | 0%   | 0% | 0% |
|   | Pepperoni                | 1 Slice        | 8        | 15                | 10            | 1.5g            | 0.5g              | 0g           | <5mg               | 105mg       | 0g           | 0g        | 0g        | <1g     | 0%   | 0%   | 0% | 0% |
|   | Classic Cupped Pepperoni | 1 Slice        | 8        | 45                | 6             | 4.2g            | 1.5g              | 0g           | 9mg                | 171mg       | 0g           | 0g        | 0g        | 1.5g    | 0%   | 0%   | 0% | 0% |
|   | Pineapple                | 1 Slice        | 8        | 10                | 0             | 0g              | 0g                | 0g           | 0mg                | 0mg         | 2g           | 0g        | 2g        | 0g      | 0%   | 2%   | 0% | 0% |
|   | Red Onion                | 1 Slice        | 8        | 0                 | 0             | 0g              | 0g                | 0g           | 0mg                | 0mg         | <1g          | 0g        | 0g        | 0g      | 0%   | 0%   | 0% | 0% |
|   | Sausage                  | 1 Slice        | 8        | 60                | 50            | 6g              | 2g                | 0g           | 10mg               | 140mg       | 0g           | 0g        | 0g        | 2g      | 0%   | 0%   | 0% | 2% |
|   | Steak                    | 1 Slice        | 8        | 30                | 15            | 2g              | 1g                | 0g           | 10mg               | 10mg        | 0g           | 0g        | 0g        | 3g      | 0%   | 0%   | 0% | 2% |
| Tomato  | 1 Slice                  | 8              | 15       | 0                 | 0g            | 0g              | 0g                | 0mg          | 0mg                | 3g          | <1g          | 2g        | <1g       | 15%     | 15%  | 0%   | 2% |    |

|   | Serving Size             | Total Servings | Calories | Calories from Fat | Sat. Fat (g.) | Trans. Fat (g.) | Cholesterol (mg.) | Sodium (mg.) | Dietary Fiber (g.) | Sugars (g.) | Protein (g.) | Vitamin A | Vitamin C | Calcium | Iron |      |    |    |
|---|--------------------------|----------------|----------|-------------------|---------------|-----------------|-------------------|--------------|--------------------|-------------|--------------|-----------|-----------|---------|------|------|----|----|
| <b>Deep Dish</b>  |                          |                |          |                   |               |                 |                   |              |                    |             |              |           |           |         |      |      |    |    |
| To calculate total nutritional values for One Slice: Add selected "Toppings" to "Cheese Only" |                          |                |          |                   |               |                 |                   |              |                    |             |              |           |           |         |      |      |    |    |
| Cheese Only   | 1 Slice                  | 8              | 330      | 140               | 16g           | 6g              | 0g                | 30mg         | 370mg              | 36g         | 1g           | 2g        | 13g       | 220%    | 4%   | 35%  | 0% |    |
| Toppings  | Anchovies                | 1 Slice        | 8        | 10                | 0             | 0g              | 0g                | 0mg          | 290mg              | 0g          | 0g           | 0g        | <1g       | 0%      | 0%   | 0%   | 0% |    |
|   | Bacon                    | 1 Slice        | 8        | 20                | 15            | 2g              | 0.5g              | 0g           | <5mg               | 65mg        | 0g           | 0g        | 1g        | 0%      | 0%   | 0%   | 0% |    |
|   | Black Olive              | 1 Slice        | 8        | 15                | 10            | 1g              | 0g                | 0g           | 0mg                | 50mg        | 0g           | 0g        | 0g        | 0%      | 0%   | 0%   | 0% |    |
|   | Cheddar                  | 1 Slice        | 8        | 60                | 50            | 5g              | 3g                | 0g           | 15mg               | 105mg       | 0g           | 0g        | 4g        | 160%    | 0%   | 110% | 0% |    |
|   | Chicken                  | 1 Slice        | 8        | 15                | 0             | 0g              | 0g                | 0g           | 10mg               | 85mg        | 0g           | 0g        | 3g        | 0%      | 0%   | 0%   | 0% |    |
|   | Feta                     | 1 Slice        | 8        | 35                | 20            | 2g              | 1.5g              | 0g           | 10mg               | 170mg       | 1g           | 0g        | <1g       | 3g      | 2%   | 0%   | 6% | 0% |
|   | Green Olive              | 1 Slice        | 8        | 10                | 10            | 1g              | 0g                | **           | 0mg                | 110mg       | 0g           | 0g        | 0g        | 0g      | 0%   | 0%   | 0% | 0% |
|   | Green Pepper             | 1 Slice        | 8        | 0                 | 0             | 0g              | 0g                | 0g           | 0mg                | 0mg         | 1g           | <1g       | <1g       | 0g      | 2%   | 30%  | 0% | 0% |
|   | Ground Beef              | 1 Slice        | 8        | 30                | 20            | 2g              | 1g                | 0g           | 5mg                | 160mg       | 0g           | 0g        | 0g        | 2g      | 0%   | 0%   | 0% | 2% |
|   | Ham                      | 1 Slice        | 8        | 15                | 0             | 0.5g            | 0g                | 0g           | 5mg                | 130mg       | 0g           | 0g        | 0g        | 2g      | 0%   | 0%   | 0% | 0% |
|   | Jalapenos                | 1 Slice        | 8        | 0                 | 0             | 0g              | 0g                | **           | 0mg                | 180mg       | <1g          | 0g        | 0g        | 0g      | 4%   | 2%   | 0% | 2% |
|   | Meatball                 | 1 Slice        | 8        | 60                | 40            | 4.5g            | 1.5g              | 0g           | 10mg               | 170mg       | 1g           | <1g       | 0g        | 5g      | 2%   | 0%   | 4% | 4% |
|   | Mild Pepper Rings        | 1 Slice        | 8        | 0                 | 0             | 0g              | 0g                | 0g           | 0mg                | 160mg       | 0g           | 0g        | 0g        | 0g      | 4%   | 6%   | 6% | 0% |
|   | Mushroom                 | 1 Slice        | 8        | 0                 | 0             | 0g              | 0g                | **           | 0mg                | 0mg         | 0g           | 0g        | 0g        | 0g      | 0%   | 0%   | 0% | 0% |
|   | Pepperoni                | 1 Slice        | 8        | 10                | 10            | 1g              | 0g                | 0g           | <5mg               | 85mg        | 0g           | 0g        | 0g        | 0g      | 0%   | 0%   | 0% | 0% |
|   | Classic Cupped Pepperoni | 1 Slice        | 8        | 36                | 4.5           | 3.3g            | 1.2g              | 0g           | 7mg                | 137mg       | 0g           | 0g        | 0g        | 1.2g    | 0%   | 0%   | 0% | 0% |
|   | Pineapple                | 1 Slice        | 8        | 5                 | 0             | 0g              | 0g                | 0g           | 0mg                | 0mg         | 2g           | 0g        | 1g        | 0g      | 0%   | 2%   | 0% | 0% |
|   | Red Onion                | 1 Slice        | 8        | 0                 | 0             | 0g              | 0g                | 0g           | 0mg                | 0mg         | <1g          | 0g        | 0g        | 0g      | 0%   | 0%   | 0% | 0% |
|   | Sausage                  | 1 Slice        | 8        | 40                | 35            | 3.5g            | 1g                | 0g           | 5mg                | 90mg        | 0g           | 0g        | 0g        | 1g      | 0%   | 0%   | 0% | 0% |
|   | Steak                    | 1 Slice        | 8        | 25                | 15            | 1.5g            | 0.5g              | 0g           | 10mg               | 5mg         | 0g           | 0g        | 0g        | 3g      | 0%   | 0%   | 0% | 2% |
| Tomato  | 1 Slice                  | 8              | 10       | 0                 | 0g            | 0g              | 0g                | 0mg          | 0mg                | 3g          | <1g          | 2g        | <1g       | 10%     | 15%  | 0%   | 2% |    |

# BUILD YOUR OWN PIZZA

| Sheet   |         |    |     |     |      |      |    |      |       |     |    |     |     |      |     |     |    |
|---|---------|----|-----|-----|------|------|----|------|-------|-----|----|-----|-----|------|-----|-----|----|
| To calculate total nutritional values for One Slice: Add selected "Toppings" to "Cheese Only" |         |    |     |     |      |      |    |      |       |     |    |     |     |      |     |     |    |
| Cheese Only   | 1 Slice | 32 | 190 | 50  | 5g   | 3g   | 0g | 15mg | 240mg | 25g | 1g | 2g  | 9g  | 150% | 2%  | 25% | 0% |
| Anchovies   | 1 Slice | 32 | 10  | 0   | 0g   | 0g   | 0g | 0mg  | 230mg | 0g  | 0g | 0g  | <1g | 0%   | 0%  | 0%  | 0% |
| Bacon   | 1 Slice | 32 | 25  | 20  | 2g   | 0.5g | 0g | <5mg | 80mg  | 0g  | 0g | 0g  | 1g  | 0%   | 0%  | 0%  | 0% |
| Black Olive   | 1 Slice | 32 | 10  | 5   | 0.5g | 0g   | 0g | 0mg  | 30mg  | 0g  | 0g | 0g  | 0g  | 0%   | 0%  | 0%  | 0% |
| Cheddar   | 1 Slice | 32 | 40  | 30  | 3g   | 1.5g | 0g | 10mg | 65mg  | 0g  | 0g | 0g  | 2g  | 100% | 0%  | 70% | 0% |
| Chicken   | 1 Slice | 32 | 10  | 0   | 0g   | 0g   | 0g | 10mg | 65mg  | 0g  | 0g | 0g  | 2g  | 0%   | 0%  | 0%  | 0% |
| Feta  | 1 Slice | 32 | 35  | 20  | 2g   | 1.5g | 0g | 10mg | 170mg | 1g  | 0g | <1g | 3g  | 2%   | 0%  | 6%  | 0% |
| Green Olive   | 1 Slice | 32 | 5   | 5   | 0.5g | 0g   | ** | 0mg  | 70mg  | 0g  | 0g | 0g  | 0g  | 0%   | 0%  | 0%  | 0% |
| Green Pepper  | 1 Slice | 32 | 0   | 0   | 0g   | 0g   | 0g | 0mg  | 0mg   | <1g | 0g | 0g  | 0g  | 2%   | 20% | 0%  | 0% |
| Ground Beef   | 1 Slice | 32 | 20  | 15  | 1.5g | 0.5g | 0g | <5mg | 105mg | 0g  | 0g | 0g  | 1g  | 0%   | 0%  | 0%  | 2% |
| Ham   | 1 Slice | 32 | 10  | 0   | 0g   | 0g   | 0g | <5mg | 85mg  | 0g  | 0g | 0g  | 1g  | 0%   | 0%  | 0%  | 0% |
| Jalapenos   | 1 Slice | 32 | 0   | 0   | 0g   | 0g   | ** | 0mg  | 115mg | 0g  | 0g | 0g  | 0g  | 2%   | 2%  | 0%  | 0% |
| Meatball  | 1 Slice | 32 | 30  | 20  | 2g   | 0.5g | 0g | <5mg | 80mg  | <1g | 0g | 0g  | 2g  | 0%   | 0%  | 2%  | 2% |
| Mild Pepper Rings   | 1 Slice | 32 | 0   | 0   | 0g   | 0g   | 0g | 0mg  | 100mg | 0g  | 0g | 0g  | 0g  | 2%   | 4%  | 4%  | 0% |
| Mushroom  | 1 Slice | 32 | 0   | 0   | 0g   | 0g   | 0g | 0mg  | 0mg   | 0g  | 0g | 0g  | 0g  | 0%   | 0%  | 0%  | 0% |
| Pepperoni   | 1 Slice | 32 | 5   | 5   | 0.5g | 0g   | 0g | 0mg  | 50mg  | 0g  | 0g | 0g  | 0g  | 0%   | 0%  | 0%  | 0% |
| Classic Cupped Pepperon   | 1 Slice | 32 | 18  | 2.5 | 1.7g | 0.6g | 0g | 4mg  | 69mg  | 0g  | 0g | 0g  | .6g | 0%   | 0%  | 0%  | 0% |
| Pineapple   | 1 Slice | 32 | 0   | 0   | 0g   | 0g   | 0g | 0mg  | 0mg   | 1g  | 0g | <1g | 0g  | 0%   | 0%  | 0%  | 0% |
| Red Onion   | 1 Slice | 32 | 0   | 0   | 0g   | 0g   | 0g | 0mg  | 0mg   | 0g  | 0g | 0g  | 0g  | 0%   | 0%  | 0%  | 0% |
| Sausage   | 1 Slice | 32 | 35  | 30  | 3g   | 1g   | 0g | 5mg  | 75mg  | 0g  | 0g | 0g  | <1g | 0%   | 0%  | 0%  | 0% |
| Steak   | 1 Slice | 32 | 15  | 10  | 1g   | 0g   | 0g | 5mg  | 0mg   | 0g  | 0g | 0g  | 2g  | 0%   | 0%  | 0%  | 2% |
| Tomato  | 1 Slice | 32 | 5   | 0   | 0g   | 0g   | 0g | 0mg  | 0mg   | 2g  | 0g | <1g | 0g  | 6%   | 8%  | 0%  | 0% |

| Flat Bread  |         |   |     |     |    |      |    |      |       |     |    |    |    |    |    |     |    |
|---|---------|---|-----|-----|----|------|----|------|-------|-----|----|----|----|----|----|-----|----|
| To calculate total nutritional values for One Slice: Add selected "Toppings" to "Cheese Only" |         |   |     |     |    |      |    |      |       |     |    |    |    |    |    |     |    |
| Cheese Only   | 1 Slice | 8 | 100 | N/A | 2g | 2g   | 0g | 10mg | 160mg | 12g | 1g | 1g | 5g | 0% | 0% | 10% | 0% |
| Anchovies   | 1 Slice | 8 | 120 | N/A | 5g | 2.5g | 0g | 15mg | 330mg | 12g | 1g | 1g | 6g | 0% | 0% | 10% | 0% |
| Bacon   | 1 Slice | 8 | 130 | N/A | 6g | 2.5g | 0g | 10mg | 220mg | 12g | 1g | 1g | 5g | 0% | 0% | 10% | 0% |
| Black Olive   | 1 Slice | 8 | 120 | N/A | 6g | 2g   | 0g | 10mg | 220mg | 12g | 1g | 1g | 5g | 0% | 0% | 10% | 0% |
| Cheddar   | 1 Slice | 8 | 140 | N/A | 7g | 3.5g | 0g | 20mg | 240mg | 12g | 1g | 1g | 6g | 0% | 0% | 50% | 0% |
| Chicken   | 1 Slice | 8 | 130 | N/A | 6g | 2.5g | 0g | 25mg | 300mg | 12g | 1g | 2g | 8g | 0% | 0% | 10% | 0% |
| Feta  | 1 Slice | 8 | 130 | N/A | 6g | 3g   | 0g | 15mg | 280mg | 13g | 1g | 2g | 6g | 0% | 0% | 15% | 0% |
| Green Olive   | 1 Slice | 8 | 120 | N/A | 5g | 2g   | 0g | 10mg | 190mg | 14g | 2g | 2g | 5g | 0% | 0% | 10% | 0% |
| Green Pepper  | 1 Slice | 8 | 120 | N/A | 5g | 2g   | 0g | 10mg | 190mg | 14g | 2g | 2g | 5g | 0% | 0% | 10% | 0% |
| Ground Beef   | 1 Slice | 8 | 130 | N/A | 6g | 2.5g | 0g | 15mg | 260mg | 12g | 1g | 2g | 5g | 0% | 0% | 10% | 0% |
| Ham   | 1 Slice | 8 | 130 | N/A | 6g | 2.5g | 0g | 20mg | 360mg | 12g | 1g | 2g | 7g | 0% | 0% | 10% | 0% |
| Jalapenos   | 1 Slice | 8 | 120 | N/A | 5g | 2g   | 0g | 10mg | 280mg | 12g | 1g | 2g | 5g | 0% | 0% | 10% | 0% |
| Mild Pepper Rings   | 1 Slice | 8 | 120 | N/A | 5g | 2g   | 0g | 10mg | 270mg | 12g | 1g | 2g | 5g | 0% | 0% | 15% | 0% |
| Mushroom  | 1 Slice | 8 | 120 | N/A | 5g | 2g   | 0g | 10mg | 190mg | 12g | 1g | 2g | 5g | 0% | 0% | 10% | 0% |
| Pepperoni   | 1 Slice | 8 | 120 | N/A | 6g | 2.5g | 0g | 10mg | 250mg | 12g | 1g | 1g | 5g | 0% | 0% | 10% | 0% |
| Classic Cupped Pepperon   | 1 Slice | 8 | 130 | N/A | 7g | 3g   | 0g | 15mg | 260mg | 12g | 1g | 1g | 5g | 0% | 0% | 10% | 0% |
| Pineapple   | 1 Slice | 8 | 130 | N/A | 5g | 2g   | 0g | 10mg | 190mg | 16g | 1g | 4g | 5g | 0% | 0% | 10% | 0% |
| Red Onion   | 1 Slice | 8 | 120 | N/A | 5g | 2g   | 0g | 10mg | 190mg | 13g | 1g | 2g | 5g | 0% | 0% | 10% | 0% |
| Sausage   | 1 Slice | 8 | 160 | N/A | 9g | 3.5g | 0g | 20mg | 290mg | 12g | 1g | 1g | 6g | 0% | 0% | 10% | 0% |
| Steak   | 1 Slice | 8 | 130 | N/A | 6g | 2.5g | 0g | 15mg | 190mg | 12g | 1g | 1g | 6g | 0% | 0% | 10% | 0% |
| Tomato  | 1 Slice | 8 | 120 | N/A | 5g | 2g   | 0g | 10mg | 190mg | 13g | 1g | 2g | 5g | 0% | 0% | 10% | 0% |

| No Dough Bowl   |           |   |     |     |     |     |     |       |        |      |    |     |     |    |    |      |      |
|---|-----------|---|-----|-----|-----|-----|-----|-------|--------|------|----|-----|-----|----|----|------|------|
| To calculate total nutritional values for One Slice: Add selected "Toppings" to "Cheese Only" |           |   |     |     |     |     |     |       |        |      |    |     |     |    |    |      |      |
| Cheese Only   | 1 serving | 2 | 300 | N/A | 19g | 12g | 0g  | 70mg  | 1070mg | 14g  | 4g | 7g  | 4g  | 0% | 0% | 60%  | 0%   |
| Anchovies   | 1 serving | 2 | 310 | N/A | 19g | 12g | 0g  | 70mg  | 1220mg | 14g  | 4g | 7g  | 20g | 0% | 0% | 60%  | 0%   |
| Bacon   | 1 serving | 2 | 340 | N/A | 22g | 13g | 0g  | 75mg  | 1190mg | 14g  | 4g | 7g  | 21g | 0% | 0% | 60%  | 0%   |
| Black Olive   | 1 serving | 2 | 330 | N/A | 21g | 12g | 0g  | 70mg  | 1160mg | 15g  | 4g | 7g  | 19g | 0% | 0% | 60%  | 0%   |
| Cheddar   | 1 serving | 2 | 420 | N/A | 28g | 17g | .5g | 100mg | 1250mg | 15g  | 4g | 7g  | 26g | 0% | 0% | 220% | 0%   |
| Chicken   | 1 serving | 2 | 380 | N/A | 21g | 13g | 0g  | 115mg | 1490mg | 16g  | 4g | 8g  | 33g | 0% | 0% | 60%  | 4%   |
| Feta  | 1 serving | 2 | 370 | N/A | 23g | 15g | 0g  | 85mg  | 1410mg | 16g  | 4g | 8g  | 25g | 0% | 0% | 70%  | 0%   |
| Green Olive   | 1 serving | 2 | 330 | N/A | 19g | 12g | 0g  | 70mg  | 1070mg | 21g  | 7g | 10g | 21g | 0% | 0% | 60%  | 4%   |
| Green Pepper  | 1 serving | 2 | 330 | N/A | 19g | 12g | 0g  | 70mg  | 1070mg | 21g  | 7g | 10g | 21g | 0% | 0% | 60%  | 4%   |
| Ground Beef   | 1 serving | 2 | 350 | N/A | 22g | 13g | 0g  | 75mg  | 1330mg | 15g  | 4g | 8g  | 22g | 0% | 0% | 60%  | 4%   |
| Ham   | 1 serving | 2 | 370 | N/A | 21g | 13g | 0g  | 100mg | 1730mg | 14g  | 4g | 8g  | 29g | 0% | 0% | 60%  | 4%   |
| Jalapenos   | 1 serving | 2 | 310 | N/A | 19g | 12g | 0g  | 70mg  | 1420mg | 15g  | 5g | 8g  | 19g | 0% | 0% | 60%  | 4%   |
| Mild Pepper Rings   | 1 serving | 2 | 310 | N/A | 19g | 12g | 0g  | 70mg  | 1380mg | 15g  | 4g | 8g  | 19g | 0% | 0% | 70%  | 0%   |
| Mushroom  | 1 serving | 2 | 310 | N/A | 19g | 12g | 0g  | 70mg  | 1070mg | 16g  | 5g | 8g  | 21g | 0% | 0% | 60%  | 4%   |
| Pepperoni   | 1 serving | 2 | 330 | N/A | 21g | 13g | 0g  | 75mg  | 1270mg | 15g  | 4g | 7g  | 20g | 0% | 0% | 60%  | 0%   |
| Classic Cupped Pepperon   | 1 serving | 2 | 380 | N/A | 26g | 14g | 0g  | 85mg  | 1360mg | 14g  | 4g | 7g  | 22g | 0% | 0% | 60%  | 0%   |
| Pineapple   | 1 serving | 2 | 360 | N/A | 19g | 12g | 0g  | 70mg  | 1070mg | 29mg | 5g | 19g | 19g | 0% | 0% | 60%  | 4%   |
| Red Onion   | 1 serving | 2 | 320 | N/A | 19g | 12g | 0g  | 70g   | 1070mg | 20g  | 5g | 10g | 20g | 0% | 0% | 60%  | 0%   |
| Sausage   | 1 serving | 2 | 470 | N/A | 34g | 17g | 0g  | 100mg | 1440mg | 15g  | 4g | 7g  | 24g | 0% | 0% | 60%  | 4%   |
| Steak   | 1 serving | 2 | 340 | N/A | 21g | 13g | 0g  | 80mg  | 1080mg | 14g  | 4g | 7g  | 23g | 0% | 0% | 60%  | 4%   |
| Tomato  | 1 serving | 2 | 320 | N/A | 19g | 12g | 0g  | 70mg  | 1070mg | 19g  | 5g | 10g | 20g | 0% | 0% | 60%  | 400% |

# SPECIALTY PIZZA

|                                 | Serving Size | Total Servings | Calories | Calories from Fat | Fat (g.) | Cholesterol (mg.) | Trans Fat (g.) | Sodium (mg.) | Carbohydrates (g.) | Dietary Fiber (g.) | Sugars (g.) | Protein (g.) | Vitamin C | Calcium | Iron |      |
|---------------------------------|--------------|----------------|----------|-------------------|----------|-------------------|----------------|--------------|--------------------|--------------------|-------------|--------------|-----------|---------|------|------|
| <b>8" JUNIOR</b>                |              |                |          |                   |          |                   |                |              |                    |                    |             |              |           |         |      |      |
| Asian Chicken                   | 1 Slice      | 4              | 190      | 60                | 6g       | 3g                | 0g             | 25mg         | 390mg              | 25g                | 1g          | 4g           | 10g       | 15%     | 20%  | 2%   |
| Bacon Cheddar Cheeseburger      | 1 Slice      | 4              | 210      | 80                | 9g       | 4.5g              | 0g             | 25mg         | 380mg              | 21g                | 1g          | 2g           | 11g       | 2%      | 60%  | 2%   |
| BBQ Chicken                     | 1 Slice      | 4              | 190      | 50                | 6g       | 3g                | 0g             | 25mg         | 340mg              | 24g                | < 1g        | 4g           | 10g       | 0.02    | 0.15 | 0    |
| Buffalo Chicken                 | 1 Slice      | 4              | 170      | 50                | 6g       | 2.5g              | 0g             | 20mg         | 430mg              | 21g                | < 1g        | < 1g         | 9g        | 0       | 0.45 | 0    |
| Chicken Bacon Ranch             | 1 Slice      | 4              | 210      | 100               | 10g      | 3.5g              | 0g             | 25mg         | 340mg              | 20g                | < 1g        | 1g           | 10g       | 0       | 0.15 | 0    |
| Howie Maui                      | 1 Slice      | 4              | 180      | 50                | 6g       | 3g                | 0g             | 20mg         | 310mg              | 22g                | 1g          | 2g           | 9g        | 0.02    | 0.15 | 0    |
| Howie Special                   | 1 Slice      | 4              | 160      | 45                | 5g       | 2.5g              | 0g             | 15mg         | 290mg              | 22g                | 2g          | 2g           | 8g        | 0.2     | 0.2  | 0.02 |
| Meat Eaters                     | 1 Slice      | 4              | 190      | 70                | 8g       | 3.5g              | 0g             | 25mg         | 410mg              | 21g                | 1g          | 2g           | 9g        | 0.02    | 0.2  | 0.02 |
| *Spicy Asian Chicken            | 1 Slice      | 4              | 210      | 70                | 7g       | 3g                | 0g             | 20mg         | 410mg              | 27g                | 1g          | 4g           | 10g       | 15%     | 20%  | 2%   |
| *Spicy BBQ Chicken              | 1 Slice      | 4              | 210      | 70                | 7g       | 3.5g              | 0g             | 20mg         | 350mg              | 26g                | 1g          | 4g           | 10g       | 2%      | 20%  | 0%   |
| *Spicy Buffalo Chicken          | 1 Slice      | 4              | 200      | 70                | 8g       | 3.5g              | 0g             | 20mg         | 470mg              | 23g                | 1g          | < 1g         | 10g       | 0%      | 40%  | 0%   |
| *Spicy Chicken Bacon Ranch      | 1 Slice      | 4              | 230      | 120               | 11g      | 4g                | 0g             | 25mg         | 350mg              | 22g                | 1g          | < 1g         | 10g       | 0%      | 20%  | 0%   |
| *Taco Pizza                     | 1 Slice      | 4              | 200      | 70                | 8g       | 4g                | 0g             | 25mg         | 290mg              | 22g                | 1g          | 1g           | 10g       | 6%      | 110% | 4%   |
| Three Cheeser Pepperoni Pleaser | 1 Slice      | 4              | 270      | 130               | 15g      | 7g                | 0g             | 40mg         | 950mg              | 23g                | 1g          | 1g           | 12g       | 0.02    | 0.6  | 0.04 |
| The Works                       | 1 Slice      | 4              | 210      | 80                | 9g       | 4g                | 0g             | 25mg         | 390mg              | 22g                | 2g          | 2g           | 10g       | 0.1     | 0.25 | 0.02 |
| Veggie                          | 1 Slice      | 4              | 170      | 50                | 5g       | 3g                | 0g             | 15mg         | 230mg              | 23g                | 2g          | 2g           | 8g        | 20%     | 20%  | 0%   |
| <b>10" SMALL</b>                |              |                |          |                   |          |                   |                |              |                    |                    |             |              |           |         |      |      |
| Asian Chicken                   | 1 Slice      | 6              | 190      | 50                | 5g       | 2.5g              | 0g             | 25mg         | 390mg              | 25g                | 1g          | 4g           | 10g       | 20%     | 20%  | 2%   |
| Bacon Cheddar Cheeseburger      | 1 Slice      | 6              | 220      | 90                | 10g      | 5g                | 0g             | 30mg         | 390mg              | 22g                | 1g          | 2g           | 11g       | 2%      | 60%  | 2%   |
| BBQ Chicken                     | 1 Slice      | 6              | 190      | 50                | 6g       | 3g                | 0g             | 25mg         | 330mg              | 24g                | < 1g        | 4g           | 10g       | 2%      | 20%  | 0%   |
| Buffalo Chicken                 | 1 Slice      | 6              | 180      | 50                | 6g       | 3g                | 0g             | 25mg         | 450mg              | 21g                | < 1g        | 1g           | 10g       | 0%      | 40%  | 0%   |
| Chicken Bacon Ranch             | 1 Slice      | 6              | 220      | 120               | 11g      | 3.5g              | 0g             | 25mg         | 360mg              | 20g                | < 1g        | 1g           | 10g       | 0%      | 20%  | 0%   |
| Howie Maui                      | 1 Slice      | 6              | 180      | 50                | 6g       | 3g                | 0g             | 20mg         | 300mg              | 22g                | 1g          | 2g           | 9g        | 2%      | 20%  | 0%   |
| Howie Special                   | 1 Slice      | 6              | 180      | 50                | 6g       | 3g                | 0g             | 20mg         | 320mg              | 23g                | 2g          | 2g           | 9g        | 25%     | 20%  | 2%   |
| Meat Eaters                     | 1 Slice      | 6              | 210      | 80                | 9g       | 4g                | 0g             | 25mg         | 450mg              | 22g                | 1g          | 2g           | 10g       | 2%      | 20%  | 2%   |
| *Spicy Asian Chicken            | 1 Slice      | 6              | 210      | 60                | 7g       | 3g                | 0g             | 20mg         | 410mg              | 27g                | 1g          | 4g           | 10g       | 20%     | 20%  | 2%   |
| *Spicy BBQ Chicken              | 1 Slice      | 6              | 210      | 70                | 7g       | 3g                | 0g             | 20mg         | 360mg              | 26g                | 1g          | 4g           | 10g       | 2%      | 20%  | 0%   |
| *Spicy Buffalo Chicken          | 1 Slice      | 6              | 200      | 70                | 8g       | 3g                | 0g             | 20mg         | 470mg              | 23g                | 1g          | < 1g         | 10g       | 0%      | 40%  | 0%   |
| *Spicy Chicken Bacon Ranch      | 1 Slice      | 6              | 220      | 120               | 11g      | 3.5g              | 0g             | 25mg         | 360mg              | 20g                | < 1g        | 1g           | 10g       | 0%      | 20%  | 0%   |
| *Taco Pizza                     | 1 Slice      | 6              | 210      | 80                | 9g       | 4g                | 0.5g           | 25mg         | 340mg              | 22g                | 1g          | 1g           | 11g       | 6%      | 110% | 4%   |
| Three Cheeser Pepperoni Pleaser | 1 Slice      | 6              | 210      | 80                | 9g       | 4.5g              | 0g             | 25mg         | 390mg              | 22g                | 2g          | 2g           | 10g       | 15%     | 25%  | 2%   |
| The Works                       | 1 Slice      | 6              | 210      | 80                | 9g       | 4.5g              | 0g             | 25mg         | 390mg              | 22g                | 2g          | 2g           | 10g       | 15%     | 25%  | 2%   |
| Veggie                          | 1 Slice      | 6              | 170      | 45                | 5g       | 2.5g              | 0g             | 15mg         | 230mg              | 23g                | 2g          | 2g           | 8g        | 25%     | 20%  | 2%   |
| <b>10" SMALL Gluten Free</b>    |              |                |          |                   |          |                   |                |              |                    |                    |             |              |           |         |      |      |
| Asian Chicken                   | 1 Slice      | 6              | 120      | 50                | 6g       | 3g                | 0g             | 25mg         | 350mg              | 11g                | < 1g        | 4g           | 7g        | 20%     | 15%  | 2%   |
| Bacon Cheddar Cheeseburger      | 1 Slice      | 6              | 150      | 90                | 10g      | 5g                | 0g             | 30mg         | 350mg              | 8g                 | < 1g        | 2g           | 8g        | 2%      | 50%  | 2%   |
| BBQ Chicken                     | 1 Slice      | 6              | 120      | 60                | 6g       | 3g                | 0g             | 25mg         | 290mg              | 10g                | 0g          | 4g           | 7g        | 2%      | 15%  | 0%   |
| Buffalo Chicken                 | 1 Slice      | 6              | 110      | 60                | 7g       | 3g                | 0g             | 25mg         | 420mg              | 7g                 | < 1g        | 1g           | 6g        | 2%      | 35%  | 0%   |
| Chicken Bacon Ranch             | 1 Slice      | 6              | 160      | 120               | 11g      | 4g                | 0g             | 25mg         | 320mg              | 6g                 | 0g          | 1g           | 7g        | 0%      | 15%  | 0%   |
| Howie Maui                      | 1 Slice      | 6              | 110      | 50                | 6g       | 3g                | 0g             | 20mg         | 260mg              | 8g                 | < 1g        | 2g           | 5g        | 2%      | 15%  | 0%   |
| Howie Special                   | 1 Slice      | 6              | 110      | 50                | 6g       | 3g                | 0g             | 20mg         | 280mg              | 9g                 | 1g          | 2g           | 6g        | 25%     | 15%  | 2%   |
| Meat Eaters                     | 1 Slice      | 6              | 140      | 80                | 9g       | 4g                | 0g             | 25mg         | 420mg              | 8g                 | < 1g        | 2g           | 7g        | 2%      | 15%  | 2%   |
| Three Cheeser Pepperoni Pleaser | 1 Slice      | 6              | 140      | 80                | 9g       | 4.5g              | 0g             | 25mg         | 360mg              | 8g                 | 1g          | 2g           | 7g        | 15%     | 15%  | 2%   |
| The Works                       | 1 Slice      | 6              | 130      | 80                | 8g       | 4.5g              | 0g             | 25mg         | 280mg              | 7g                 | < 1g        | 2g           | 7g        | 2%      | 50%  | 0%   |
| Veggie                          | 1 Slice      | 6              | 100      | 50                | 6g       | 2.5g              | 0g             | 15mg         | 200mg              | 9g                 | 1g          | 2g           | 5g        | 25%     | 15%  | 2%   |
| <b>12" MEDIUM</b>               |              |                |          |                   |          |                   |                |              |                    |                    |             |              |           |         |      |      |
| Asian Chicken                   | 1 Slice      | 8              | 230      | 60                | 7g       | 3g                | 0g             | 25mg         | 480mg              | 30g                | 2g          | 6g           | 11g       | 0.25    | 0.2  | 0.02 |
| Bacon Cheddar Cheeseburger      | 1 Slice      | 8              | 270      | 120               | 13g      | 6g                | 0g             | 35mg         | 510mg              | 25g                | 1g          | 2g           | 14g       | 0.02    | 1    | 0.02 |
| BBQ Chicken                     | 1 Slice      | 8              | 230      | 70                | 8g       | 4g                | 0g             | 30mg         | 430mg              | 29g                | 1g          | 6g           | 12g       | 0.02    | 0.2  | 0    |
| Buffalo Chicken                 | 1 Slice      | 8              | 210      | 70                | 8g       | 3.5g              | 0g             | 25mg         | 580mg              | 24g                | 1g          | 1g           | 11g       | 0       | 0.6  | 0    |
| Chicken Bacon Ranch             | 1 Slice      | 8              | 270      | 150               | 14g      | 4.5g              | 0g             | 30mg         | 440mg              | 24g                | 1g          | 1g           | 12g       | 0       | 0.2  | 0    |
| Howie Maui                      | 1 Slice      | 8              | 220      | 70                | 8g       | 4g                | 0g             | 25mg         | 400mg              | 26g                | 1g          | 3g           | 11g       | 0.04    | 0.2  | 0    |
| Howie Special                   | 1 Slice      | 8              | 210      | 60                | 7g       | 3.5g              | 0g             | 25mg         | 390mg              | 26g                | 2g          | 3g           | 11g       | 0.25    | 0.25 | 0.02 |
| Meat Eaters                     | 1 Slice      | 8              | 250      | 100               | 11g      | 5g                | 0g             | 30mg         | 560mg              | 25g                | 1g          | 2g           | 12g       | 0.02    | 0.25 | 0.02 |
| *Spicy Asian Chicken            | 1 Slice      | 8              | 240      | 70                | 8g       | 3.5g              | 0g             | 20mg         | 500mg              | 32g                | 2g          | 6g           | 11g       | 25%     | 20%  | 2%   |
| *Spicy BBQ Chicken              | 1 Slice      | 8              | 240      | 70                | 8g       | 3.5g              | 0g             | 25mg         | 410mg              | 31g                | 1g          | 6g           | 11g       | 2%      | 20%  | 0%   |
| *Spicy Buffalo Chicken          | 1 Slice      | 8              | 230      | 80                | 9g       | 3.5g              | 0g             | 25mg         | 600mg              | 26g                | 1g          | 1g           | 11g       | 0%      | 60%  | 0%   |
| *Spicy Chicken Bacon Ranch      | 1 Slice      | 8              | 270      | 150               | 14g      | 4.5g              | 0g             | 25mg         | 420mg              | 26g                | 1g          | 1g           | 11g       | 0%      | 20%  | 0%   |
| *Taco Pizza                     | 1 Slice      | 8              | 230      | 80                | 9g       | 4g                | 0.5g           | 25mg         | 350mg              | 26g                | 2g          | 2g           | 12g       | 8%      | 110% | 4%   |
| Three Cheeser Pepperoni Pleaser | 1 Slice      | 8              | 230      | 90                | 10g      | 5g                | 0g             | 30mg         | 370mg              | 25g                | 1g          | 2g           | 12g       | 0.02    | 1    | 0    |
| The Works                       | 1 Slice      | 8              | 250      | 100               | 11g      | 5g                | 0g             | 30mg         | 490mg              | 26g                | 2g          | 2g           | 13g       | 0.2     | 0.3  | 0.02 |
| Veggie                          | 1 Slice      | 8              | 200      | 50                | 6g       | 3g                | 0g             | 15mg         | 270mg              | 28g                | 2g          | 4g           | 10g       | 0.35    | 0.25 | 0.02 |

\* Product only available in Florida.

| SPECIALTY PIZZA                 | Serving Size | Total Servings | Calories | Calories from Fat | Fat (g.) | Sat. Fat (g.) | Cholesterol (mg.) | Trans Fat (g.) | Sodium (mg.) | Carbohydrates (g.) | Dietary Fiber (g.) | Sugars (g.) | Protein (g.) | Vitamin C | Calcium | Iron |
|---------------------------------|--------------|----------------|----------|-------------------|----------|---------------|-------------------|----------------|--------------|--------------------|--------------------|-------------|--------------|-----------|---------|------|
|                                 |              |                |          |                   |          |               |                   |                |              |                    |                    |             |              |           |         |      |
| <b>8" JUNIOR</b>                |              |                |          |                   |          |               |                   |                |              |                    |                    |             |              |           |         |      |
| Asian Chicken                   | 1 Slice      | 4              | 190      | 60                | 6g       | 3g            | 0g                | 25mg           | 390mg        | 25g                | 1g                 | 4g          | 10g          | 15%       | 20%     | 2%   |
| Bacon Cheddar Cheeseburger      | 1 Slice      | 4              | 210      | 80                | 9g       | 4.5g          | 0g                | 25mg           | 380mg        | 21g                | 1g                 | 2g          | 11g          | 2%        | 60%     | 2%   |
| BBQ Chicken                     | 1 Slice      | 4              | 190      | 50                | 6g       | 3g            | 0g                | 25mg           | 340mg        | 24g                | < 1g               | 4g          | 10g          | 0.02      | 0.15    | 0    |
| Buffalo Chicken                 | 1 Slice      | 4              | 170      | 50                | 6g       | 2.5g          | 0g                | 20mg           | 430mg        | 21g                | < 1g               | < 1g        | 9g           | 0         | 0.45    | 0    |
| Chicken Bacon Ranch             | 1 Slice      | 4              | 210      | 100               | 10g      | 3.5g          | 0g                | 25mg           | 340mg        | 20g                | < 1g               | 1g          | 10g          | 0         | 0.15    | 0    |
| Howie Maui                      | 1 Slice      | 4              | 180      | 50                | 6g       | 3g            | 0g                | 20mg           | 310mg        | 22g                | 1g                 | 2g          | 9g           | 0.02      | 0.15    | 0    |
| Howie Special                   | 1 Slice      | 4              | 160      | 45                | 5g       | 2.5g          | 0g                | 15mg           | 290mg        | 22g                | 2g                 | 2g          | 8g           | 0.2       | 0.2     | 0.02 |
| Meat Eaters                     | 1 Slice      | 4              | 190      | 70                | 8g       | 3.5g          | 0g                | 25mg           | 410mg        | 21g                | 1g                 | 2g          | 9g           | 0.02      | 0.2     | 0.02 |
| *Spicy Asian Chicken            | 1 Slice      | 4              | 210      | 70                | 7g       | 3g            | 0g                | 20mg           | 410mg        | 27g                | 1g                 | 4g          | 10g          | 15%       | 20%     | 2%   |
| *Spicy BBQ Chicken              | 1 Slice      | 4              | 210      | 70                | 7g       | 3.5g          | 0g                | 20mg           | 350mg        | 26g                | 1g                 | 4g          | 10g          | 2%        | 20%     | 0%   |
| *Spicy Buffalo Chicken          | 1 Slice      | 4              | 200      | 70                | 8g       | 3.5g          | 0g                | 20mg           | 470mg        | 23g                | 1g                 | < 1g        | 10g          | 0%        | 40%     | 0%   |
| *Spicy Chicken Bacon Ranch      | 1 Slice      | 4              | 230      | 120               | 11g      | 4g            | 0g                | 25mg           | 350mg        | 22g                | 1g                 | < 1g        | 10g          | 0%        | 20%     | 0%   |
| *Taco Pizza                     | 1 Slice      | 4              | 200      | 70                | 8g       | 4g            | 0g                | 25mg           | 290mg        | 22g                | 1g                 | 1g          | 10g          | 6%        | 110%    | 4%   |
| Three Cheeser Pepperoni Pleaser | 1 Slice      | 4              | 270      | 130               | 15g      | 7g            | 0g                | 40mg           | 950mg        | 23g                | 1g                 | 1g          | 12g          | 0.02      | 0.6     | 0.04 |
| The Works                       | 1 Slice      | 4              | 210      | 80                | 9g       | 4g            | 0g                | 25mg           | 390mg        | 22g                | 2g                 | 2g          | 10g          | 0.1       | 0.25    | 0.02 |
| Veggie                          | 1 Slice      | 4              | 170      | 50                | 5g       | 3g            | 0g                | 15mg           | 230mg        | 23g                | 2g                 | 2g          | 8g           | 20%       | 20%     | 0%   |
| <b>10" SMALL</b>                |              |                |          |                   |          |               |                   |                |              |                    |                    |             |              |           |         |      |
| Asian Chicken                   | 1 Slice      | 6              | 190      | 50                | 5g       | 2.5g          | 0g                | 25mg           | 390mg        | 25g                | 1g                 | 4g          | 10g          | 20%       | 20%     | 2%   |
| Bacon Cheddar Cheeseburger      | 1 Slice      | 6              | 220      | 90                | 10g      | 5g            | 0g                | 30mg           | 390mg        | 22g                | 1g                 | 2g          | 11g          | 2%        | 60%     | 2%   |
| BBQ Chicken                     | 1 Slice      | 6              | 190      | 50                | 6g       | 3g            | 0g                | 25mg           | 330mg        | 24g                | < 1g               | 4g          | 10g          | 2%        | 20%     | 0%   |
| Buffalo Chicken                 | 1 Slice      | 6              | 180      | 50                | 6g       | 3g            | 0g                | 25mg           | 450mg        | 21g                | < 1g               | 1g          | 10g          | 0%        | 40%     | 0%   |
| Chicken Bacon Ranch             | 1 Slice      | 6              | 220      | 120               | 11g      | 3.5g          | 0g                | 25mg           | 360mg        | 20g                | < 1g               | 1g          | 10g          | 0%        | 20%     | 0%   |
| Howie Maui                      | 1 Slice      | 6              | 180      | 50                | 6g       | 3g            | 0g                | 20mg           | 300mg        | 22g                | 1g                 | 2g          | 9g           | 2%        | 20%     | 0%   |
| Howie Special                   | 1 Slice      | 6              | 180      | 50                | 6g       | 3g            | 0g                | 20mg           | 320mg        | 23g                | 2g                 | 2g          | 9g           | 25%       | 20%     | 2%   |
| Meat Eaters                     | 1 Slice      | 6              | 210      | 80                | 9g       | 4g            | 0g                | 25mg           | 450mg        | 22g                | 1g                 | 2g          | 10g          | 2%        | 20%     | 2%   |
| *Spicy Asian Chicken            | 1 Slice      | 6              | 210      | 60                | 7g       | 3g            | 0g                | 20mg           | 410mg        | 27g                | 1g                 | 4g          | 10g          | 20%       | 20%     | 2%   |
| *Spicy BBQ Chicken              | 1 Slice      | 6              | 210      | 70                | 7g       | 3g            | 0g                | 20mg           | 360mg        | 26g                | 1g                 | 4g          | 10g          | 2%        | 20%     | 0%   |
| *Spicy Buffalo Chicken          | 1 Slice      | 6              | 200      | 70                | 8g       | 3g            | 0g                | 20mg           | 470mg        | 23g                | 1g                 | < 1g        | 10g          | 0%        | 40%     | 0%   |
| *Spicy Chicken Bacon Ranch      | 1 Slice      | 6              | 220      | 120               | 11g      | 3.5g          | 0g                | 25mg           | 360mg        | 20g                | < 1g               | 1g          | 10g          | 0%        | 20%     | 0%   |
| *Taco Pizza                     | 1 Slice      | 6              | 210      | 80                | 9g       | 4g            | 0.5g              | 25mg           | 340mg        | 22g                | 1g                 | 1g          | 11g          | 6%        | 110%    | 4%   |
| Three Cheeser Pepperoni Pleaser | 1 Slice      | 6              | 210      | 80                | 9g       | 4.5g          | 0g                | 25mg           | 390mg        | 22g                | 2g                 | 2g          | 10g          | 15%       | 25%     | 2%   |
| The Works                       | 1 Slice      | 6              | 210      | 80                | 9g       | 4.5g          | 0g                | 25mg           | 390mg        | 22g                | 2g                 | 2g          | 10g          | 15%       | 25%     | 2%   |
| Veggie                          | 1 Slice      | 6              | 170      | 45                | 5g       | 2.5g          | 0g                | 15mg           | 230mg        | 23g                | 2g                 | 2g          | 8g           | 25%       | 20%     | 2%   |
| <b>10" SMALL Gluten Free</b>    |              |                |          |                   |          |               |                   |                |              |                    |                    |             |              |           |         |      |
| Asian Chicken                   | 1 Slice      | 6              | 120      | 50                | 6g       | 3g            | 0g                | 25mg           | 350mg        | 11g                | < 1g               | 4g          | 7g           | 20%       | 15%     | 2%   |
| Bacon Cheddar Cheeseburger      | 1 Slice      | 6              | 150      | 90                | 10g      | 5g            | 0g                | 30mg           | 350mg        | 8g                 | < 1g               | 2g          | 8g           | 2%        | 50%     | 2%   |
| BBQ Chicken                     | 1 Slice      | 6              | 120      | 60                | 6g       | 3g            | 0g                | 25mg           | 290mg        | 10g                | 0g                 | 4g          | 7g           | 2%        | 15%     | 0%   |
| Buffalo Chicken                 | 1 Slice      | 6              | 110      | 60                | 7g       | 3g            | 0g                | 25mg           | 420mg        | 7g                 | < 1g               | 1g          | 6g           | 2%        | 35%     | 0%   |
| Chicken Bacon Ranch             | 1 Slice      | 6              | 160      | 120               | 11g      | 4g            | 0g                | 25mg           | 320mg        | 6g                 | 0g                 | 1g          | 7g           | 0%        | 15%     | 0%   |
| Howie Maui                      | 1 Slice      | 6              | 110      | 50                | 6g       | 3g            | 0g                | 20mg           | 260mg        | 8g                 | < 1g               | 2g          | 5g           | 2%        | 15%     | 0%   |
| Howie Special                   | 1 Slice      | 6              | 110      | 50                | 6g       | 3g            | 0g                | 20mg           | 280mg        | 9g                 | 1g                 | 2g          | 6g           | 25%       | 15%     | 2%   |
| Meat Eaters                     | 1 Slice      | 6              | 140      | 80                | 9g       | 4g            | 0g                | 25mg           | 420mg        | 8g                 | < 1g               | 2g          | 7g           | 2%        | 15%     | 2%   |
| Three Cheeser Pepperoni Pleaser | 1 Slice      | 6              | 140      | 80                | 9g       | 4.5g          | 0g                | 25mg           | 360mg        | 8g                 | 1g                 | 2g          | 7g           | 15%       | 15%     | 2%   |
| The Works                       | 1 Slice      | 6              | 130      | 80                | 8g       | 4.5g          | 0g                | 25mg           | 280mg        | 7g                 | < 1g               | 2g          | 7g           | 2%        | 50%     | 0%   |
| Veggie                          | 1 Slice      | 6              | 100      | 50                | 6g       | 2.5g          | 0g                | 15mg           | 200mg        | 9g                 | 1g                 | 2g          | 5g           | 25%       | 15%     | 2%   |
| <b>12" MEDIUM</b>               |              |                |          |                   |          |               |                   |                |              |                    |                    |             |              |           |         |      |
| Asian Chicken                   | 1 Slice      | 8              | 230      | 60                | 7g       | 3g            | 0g                | 25mg           | 480mg        | 30g                | 2g                 | 6g          | 11g          | 0.25      | 0.2     | 0.02 |
| Bacon Cheddar Cheeseburger      | 1 Slice      | 8              | 270      | 120               | 13g      | 6g            | 0g                | 35mg           | 510mg        | 25g                | 1g                 | 2g          | 14g          | 0.02      | 1       | 0.02 |
| BBQ Chicken                     | 1 Slice      | 8              | 230      | 70                | 8g       | 4g            | 0g                | 30mg           | 430mg        | 29g                | 1g                 | 6g          | 12g          | 0.02      | 0.2     | 0    |
| Buffalo Chicken                 | 1 Slice      | 8              | 210      | 70                | 8g       | 3.5g          | 0g                | 25mg           | 580mg        | 24g                | 1g                 | 1g          | 11g          | 0         | 0.6     | 0    |
| Chicken Bacon Ranch             | 1 Slice      | 8              | 270      | 150               | 14g      | 4.5g          | 0g                | 30mg           | 440mg        | 24g                | 1g                 | 1g          | 12g          | 0         | 0.2     | 0    |
| Howie Maui                      | 1 Slice      | 8              | 220      | 70                | 8g       | 4g            | 0g                | 25mg           | 400mg        | 26g                | 1g                 | 3g          | 11g          | 0.04      | 0.2     | 0    |
| Howie Special                   | 1 Slice      | 8              | 210      | 60                | 7g       | 3.5g          | 0g                | 25mg           | 390mg        | 26g                | 2g                 | 3g          | 11g          | 0.25      | 0.25    | 0.02 |
| Meat Eaters                     | 1 Slice      | 8              | 250      | 100               | 11g      | 5g            | 0g                | 30mg           | 560mg        | 25g                | 1g                 | 2g          | 12g          | 0.02      | 0.25    | 0.02 |
| *Spicy Asian Chicken            | 1 Slice      | 8              | 240      | 70                | 8g       | 3.5g          | 0g                | 20mg           | 500mg        | 32g                | 2g                 | 6g          | 11g          | 25%       | 20%     | 2%   |
| *Spicy BBQ Chicken              | 1 Slice      | 8              | 240      | 70                | 8g       | 3.5g          | 0g                | 25mg           | 410mg        | 31g                | 1g                 | 6g          | 11g          | 2%        | 20%     | 0%   |
| *Spicy Buffalo Chicken          | 1 Slice      | 8              | 230      | 80                | 9g       | 3.5g          | 0g                | 25mg           | 600mg        | 26g                | 1g                 | 1g          | 11g          | 0%        | 60%     | 0%   |
| *Spicy Chicken Bacon Ranch      | 1 Slice      | 8              | 270      | 150               | 14g      | 4.5g          | 0g                | 25mg           | 420mg        | 26g                | 1g                 | 1g          | 11g          | 0%        | 20%     | 0%   |
| *Taco Pizza                     | 1 Slice      | 8              | 230      | 80                | 9g       | 4g            | 0.5g              | 25mg           | 350mg        | 26g                | 2g                 | 2g          | 12g          | 8%        | 110%    | 4%   |
| Three Cheeser Pepperoni Pleaser | 1 Slice      | 8              | 230      | 90                | 10g      | 5g            | 0g                | 30mg           | 370mg        | 25g                | 1g                 | 2g          | 12g          | 0.02      | 1       | 0    |

\* Product only available in Florida.

# SPECIALTY PIZZA

|                                 | Serving Size | Total Servings | Calories | Calories from Fat | Fat (g) | Sat. Fat (g) | Cholesterol (mg) | Trans Fat (g) | Sodium (mg) | Carbohydrates (g) | Dietary Fiber (g) | Sugars (g) | Protein (g) | Vitamin A | Vitamin C | Calcium | Iron |
|---------------------------------|--------------|----------------|----------|-------------------|---------|--------------|------------------|---------------|-------------|-------------------|-------------------|------------|-------------|-----------|-----------|---------|------|
| <b>10" SMALL Gluten Free</b>    |              |                |          |                   |         |              |                  |               |             |                   |                   |            |             |           |           |         |      |
| Asian Chicken                   | 1 Slice      | 6              | 120      | 50                | 6g      | 3g           | 0g               | 25mg          | 350mg       | 11g               | < 1g              | 4g         | 7g          | 4%        | 20%       | 15%     | 2%   |
| Bacon Cheddar Cheeseburger      | 1 Slice      | 6              | 150      | 90                | 10g     | 5g           | 0g               | 30mg          | 350mg       | 8g                | < 1g              | 2g         | 8g          | 180%      | 2%        | 50%     | 2%   |
| BBQ Chicken                     | 1 Slice      | 6              | 120      | 60                | 6g      | 3g           | 0g               | 25mg          | 290mg       | 10g               | 0g                | 4g         | 7g          | 2%        | 2%        | 15%     | 0%   |
| Buffalo Chicken                 | 1 Slice      | 6              | 110      | 60                | 7g      | 3g           | 0g               | 25mg          | 420mg       | 7g                | < 1g              | 1g         | 6g          | 40%       | 2%        | 35%     | 0%   |
| Chicken Bacon Ranch             | 1 Slice      | 6              | 160      | 120               | 11g     | 4g           | 0g               | 25mg          | 320mg       | 6g                | 0g                | 1g         | 7g          | 2%        | 0%        | 15%     | 0%   |
| Howie Maui                      | 1 Slice      | 6              | 110      | 50                | 6g      | 3g           | 0g               | 20mg          | 260mg       | 8g                | < 1g              | 2g         | 5g          | 120%      | 2%        | 15%     | 0%   |
| Howie Special                   | 1 Slice      | 6              | 110      | 50                | 6g      | 3g           | 0g               | 20mg          | 280mg       | 9g                | 1g                | 2g         | 6g          | 120%      | 25%       | 15%     | 2%   |
| Meat Eaters                     | 1 Slice      | 6              | 140      | 80                | 9g      | 4g           | 0g               | 25mg          | 420mg       | 8g                | < 1g              | 2g         | 7g          | 120%      | 2%        | 15%     | 2%   |
| Three Cheeser Pepperoni Pleaser | 1 Slice      | 6              | 140      | 80                | 9g      | 4.5g         | 0g               | 25mg          | 360mg       | 8g                | 1g                | 2g         | 7g          | 120%      | 15%       | 15%     | 2%   |
| The Works                       | 1 Slice      | 6              | 130      | 80                | 8g      | 4.5g         | 0g               | 25mg          | 280mg       | 7g                | < 1g              | 2g         | 7g          | 180%      | 2%        | 50%     | 0%   |
| Veggie                          | 1 Slice      | 6              | 100      | 50                | 6g      | 2.5g         | 0g               | 15mg          | 200mg       | 9g                | 1g                | 2g         | 5g          | 130%      | 25%       | 15%     | 2%   |

|                                 |         |   |     |     |     |      |      |      |       |     |    |    |     |      |      |      |      |
|---------------------------------|---------|---|-----|-----|-----|------|------|------|-------|-----|----|----|-----|------|------|------|------|
| <b>12" MEDIUM</b>               |         |   |     |     |     |      |      |      |       |     |    |    |     |      |      |      |      |
| Asian Chicken                   | 1 Slice | 8 | 230 | 60  | 7g  | 3g   | 0g   | 25mg | 480mg | 30g | 2g | 6g | 11g | 0.04 | 0.25 | 0.2  | 0.02 |
| Bacon Cheddar Cheeseburger      | 1 Slice | 8 | 270 | 120 | 13g | 6g   | 0g   | 35mg | 510mg | 25g | 1g | 2g | 14g | 2.5  | 0.02 | 1    | 0.02 |
| BBQ Chicken                     | 1 Slice | 8 | 230 | 70  | 8g  | 4g   | 0g   | 30mg | 430mg | 29g | 1g | 6g | 12g | 0.04 | 0.02 | 0.2  | 0    |
| Buffalo Chicken                 | 1 Slice | 8 | 210 | 70  | 8g  | 3.5g | 0g   | 25mg | 580mg | 24g | 1g | 1g | 11g | 0.6  | 0    | 0.6  | 0    |
| Chicken Bacon Ranch             | 1 Slice | 8 | 270 | 150 | 14g | 4.5g | 0g   | 30mg | 440mg | 24g | 1g | 1g | 12g | 0.02 | 0    | 0.2  | 0    |
| Howie Maui                      | 1 Slice | 8 | 220 | 70  | 8g  | 4g   | 0g   | 25mg | 400mg | 26g | 1g | 3g | 11g | 1.4  | 0.04 | 0.2  | 0    |
| Howie Special                   | 1 Slice | 8 | 210 | 60  | 7g  | 3.5g | 0g   | 25mg | 390mg | 26g | 2g | 3g | 11g | 1.5  | 0.25 | 0.25 | 0.02 |
| Meat Eaters                     | 1 Slice | 8 | 250 | 100 | 11g | 5g   | 0g   | 30mg | 560mg | 25g | 1g | 2g | 12g | 1.4  | 0.02 | 0.25 | 0.02 |
| *Spicy Asian Chicken            | 1 Slice | 8 | 240 | 70  | 8g  | 3.5g | 0g   | 20mg | 500mg | 32g | 2g | 6g | 11g | 4%   | 25%  | 20%  | 2%   |
| *Spicy BBQ Chicken              | 1 Slice | 8 | 240 | 70  | 8g  | 3.5g | 0g   | 25mg | 410mg | 31g | 1g | 6g | 11g | 4%   | 2%   | 20%  | 0%   |
| *Spicy Buffalo Chicken          | 1 Slice | 8 | 230 | 80  | 9g  | 3.5g | 0g   | 25mg | 600mg | 26g | 1g | 1g | 11g | 60%  | 0%   | 60%  | 0%   |
| *Spicy Chicken Bacon Ranch      | 1 Slice | 8 | 270 | 150 | 14g | 4.5g | 0g   | 25mg | 420mg | 26g | 1g | 1g | 11g | 2%   | 0%   | 20%  | 0%   |
| *Taco Pizza                     | 1 Slice | 8 | 230 | 80  | 9g  | 4g   | 0.5g | 25mg | 350mg | 26g | 2g | 2g | 12g | 170% | 8%   | 110% | 4%   |
| Three Cheeser Pepperoni Pleaser | 1 Slice | 8 | 230 | 90  | 10g | 5g   | 0g   | 30mg | 370mg | 25g | 1g | 2g | 12g | 2.5  | 0.02 | 1    | 0    |
| The Works                       | 1 Slice | 8 | 250 | 100 | 11g | 5g   | 0g   | 30mg | 490mg | 26g | 2g | 2g | 13g | 1.5  | 0.2  | 0.3  | 0.02 |
| Veggie                          | 1 Slice | 8 | 200 | 50  | 6g  | 3g   | 0g   | 15mg | 270mg | 28g | 2g | 4g | 10g | 1.5  | 0.35 | 0.25 | 0.02 |

|                                 |         |   |     |     |     |      |    |      |       |     |      |    |     |      |      |      |      |
|---------------------------------|---------|---|-----|-----|-----|------|----|------|-------|-----|------|----|-----|------|------|------|------|
| <b>12" MEDIUM THIN CRUST</b>    |         |   |     |     |     |      |    |      |       |     |      |    |     |      |      |      |      |
| Asian Chicken                   | 1 Slice | 8 | 190 | 70  | 8g  | 3.5g | 0g | 25mg | 430mg | 19g | 1g   | 5g | 9g  | 0.04 | 0.25 | 0.15 | 0.02 |
| Bacon Cheddar Cheeseburger      | 1 Slice | 8 | 240 | 130 | 15g | 7g   | 0g | 35mg | 460mg | 13g | 1g   | 1g | 12g | 2.5  | 0.02 | 0.9  | 0.02 |
| BBQ Chicken                     | 1 Slice | 8 | 200 | 90  | 10g | 4g   | 0g | 30mg | 380mg | 17g | < 1g | 5g | 10g | 0.04 | 0.02 | 0.15 | 0.02 |
| Buffalo Chicken                 | 1 Slice | 8 | 170 | 80  | 9g  | 4g   | 0g | 25mg | 530mg | 13g | < 1g | 0g | 8g  | 0.6  | 0    | 0.5  | 0.02 |
| Chicken Bacon Ranch             | 1 Slice | 8 | 230 | 160 | 15g | 5g   | 0g | 30mg | 390mg | 12g | < 1g | 1g | 10g | 0.02 | 0    | 0.15 | 0.02 |
| Howie Maui                      | 1 Slice | 8 | 180 | 90  | 10g | 4g   | 0g | 25mg | 350mg | 14g | 1g   | 2g | 9g  | 1.4  | 0.04 | 0.15 | 0.02 |
| Howie Special                   | 1 Slice | 8 | 170 | 70  | 8g  | 4g   | 0g | 25mg | 340mg | 15g | 2g   | 2g | 8g  | 1.5  | 0.25 | 0.15 | 0.02 |
| Meat Eaters                     | 1 Slice | 8 | 210 | 110 | 13g | 5g   | 0g | 30mg | 510mg | 14g | 1g   | 1g | 10g | 1.4  | 0.02 | 0.15 | 0.04 |
| Spicy Asian Chicken             | 1 Slice | 6 | 210 | 60  | 7g  | 3g   | 0g | 20mg | 410mg | 27g | 1g   | 4g | 10g | 4%   | 20%  | 20%  | 2%   |
| *Spicy Asian Chicken            | 1 Slice | 8 | 210 | 90  | 10g | 3.5g | 0g | 20mg | 450mg | 21g | 1g   | 5g | 9g  | 4%   | 25%  | 15%  | 2%   |
| *Spicy BBQ Chicken              | 1 Slice | 8 | 200 | 90  | 10g | 4g   | 0g | 25mg | 360mg | 19g | < 1g | 5g | 9g  | 4%   | 2%   | 15%  | 2%   |
| *Spicy Buffalo Chicken          | 1 Slice | 8 | 190 | 100 | 11g | 4g   | 0g | 25mg | 550mg | 14g | < 1g | 0g | 8g  | 60%  | 0%   | 50%  | 2%   |
| *Taco Pizza                     | 1 Slice | 8 | 190 | 100 | 11g | 4.5g | 0g | 25mg | 300mg | 14g | 1g   | 1g | 9g  | 170% | 8%   | 100% | 6%   |
| Three Cheeser Pepperoni Pleaser | 1 Slice | 8 | 200 | 100 | 11g | 6g   | 0g | 30mg | 320mg | 13g | 1g   | 1g | 9g  | 2.5  | 0.02 | 0.9  | 0.02 |
| The Works                       | 1 Slice | 8 | 220 | 110 | 13g | 6g   | 0g | 30mg | 440mg | 15g | 2g   | 2g | 10g | 1.5  | 0.2  | 0.2  | 0.04 |
| Veggie                          | 1 Slice | 8 | 160 | 70  | 8g  | 3.5g | 0g | 15mg | 230mg | 15g | 2g   | 2g | 7g  | 160% | 30%  | 15%  | 2%   |

|                                 |         |   |     |     |     |      |      |       |       |     |    |    |     |      |     |      |    |
|---------------------------------|---------|---|-----|-----|-----|------|------|-------|-------|-----|----|----|-----|------|-----|------|----|
| <b>14" LARGE</b>                |         |   |     |     |     |      |      |       |       |     |    |    |     |      |     |      |    |
| Asian Chicken                   | 1 Slice | 8 | 310 | 80  | 9g  | 4.5g | 0g   | 35mg  | 660mg | 41g | 2g | 8g | 16g | 6%   | 30% | 30%  | 4% |
| Bacon Cheddar Cheeseburger      | 1 Slice | 8 | 350 | 140 | 15g | 8g   | 0g   | 45mg  | 630mg | 34g | 2g | 3g | 18g | 300% | 4%  | 100% | 2% |
| BBQ Chicken                     | 1 Slice | 8 | 300 | 80  | 9g  | 4.5g | 0g   | 40mg  | 530mg | 39g | 2g | 8g | 16g | 4%   | 4%  | 30%  | 2% |
| Buffalo Chicken                 | 1 Slice | 8 | 290 | 100 | 11g | 5g   | 0g   | 40mg  | 800mg | 33g | 1g | 2g | 16g | 90%  | 2%  | 90%  | 2% |
| Chicken Bacon Ranch             | 1 Slice | 8 | 350 | 180 | 17g | 6g   | 0g   | 40mg  | 540mg | 32g | 1g | 2g | 16g | 4%   | 0%  | 30%  | 2% |
| Howie Maui                      | 1 Slice | 8 | 290 | 80  | 10g | 5g   | 0g   | 30mg  | 490mg | 35g | 2g | 4g | 15g | 220% | 4%  | 30%  | 2% |
| Howie Special                   | 1 Slice | 8 | 280 | 80  | 9g  | 4.5g | 0g   | 30mg  | 520mg | 36g | 3g | 4g | 14g | 220% | 35% | 30%  | 2% |
| Meat Eaters                     | 1 Slice | 8 | 340 | 140 | 15g | 7g   | 0g   | 45mg  | 760mg | 34g | 2g | 3g | 17g | 220% | 4%  | 30%  | 4% |
| *Spicy Asian Chicken            | 1 Slice | 8 | 340 | 100 | 11g | 4.5g | 0g   | 30mg  | 690mg | 44g | 2g | 8g | 16g | 6%   | 30% | 30%  | 4% |
| *Spicy BBQ Chicken              | 1 Slice | 8 | 330 | 100 | 11g | 5g   | 0g   | 30mg  | 560mg | 42g | 2g | 8g | 15g | 4%   | 4%  | 30%  | 0% |
| *Spicy Buffalo Chicken          | 1 Slice | 8 | 320 | 120 | 13g | 5g   | 0g   | 35mg  | 830mg | 36g | 2g | 1g | 15g | 90%  | 0%  | 90%  | 0% |
| *Spicy Chicken Bacon Ranch      | 1 Slice | 8 | 380 | 200 | 19g | 6g   | 0g   | 35mg  | 570mg | 35g | 2g | 2g | 15g | 4%   | 0%  | 30%  | 0% |
| *Taco Pizza                     | 1 Slice | 8 | 300 | 100 | 11g | 5g   | 0.5g | 35mg  | 440mg | 35g | 2g | 2g | 15g | 210% | 10% | 140% | 6% |
| Three Cheeser Pepperoni Pleaser | 1 Slice | 8 | 370 | 150 | 16g | 8g   | 0g   | 50mg  | 750mg | 36g | 3g | 3g | 18g | 220% | 25% | 40%  | 4% |
| The Works                       | 1 Slice | 8 | 310 | 110 | 12g | 7g   | 0g   | 40mg  | 420mg | 34g | 2g | 3g | 16g | 300% | 4%  | 100% | 0% |
| Veggie                          | 1 Slice | 8 | 270 | 80  | 8g  | 4g   | 0g   | 25mg  | 370mg | 36g | 2g | 3g | 12g | 220% | 15% | 30%  | 2% |
| Pepperoni Duo                   | 1 Slice | 8 | 540 | 70  | 11g | 6g   | 0    | 265mg | 600mg | 5g  | 1g | 3g | 8g  | 220% | 25% | 40%  | 4% |

| SPECIALTY PIZZA | Serving Size | Total Servings | Calories | Calories from Fat | Sat. Fat (g.) | Cholesterol (mg.) | Trans Fat (g.) | Sodium (mg.) | Carbohydrates (g.) | Dietary Fiber (g.) | Sugars (g.) | Protein (g.) | Vitamin A | Vitamin C | Calcium | Iron |
|-----------------|--------------|----------------|----------|-------------------|---------------|-------------------|----------------|--------------|--------------------|--------------------|-------------|--------------|-----------|-----------|---------|------|
|-----------------|--------------|----------------|----------|-------------------|---------------|-------------------|----------------|--------------|--------------------|--------------------|-------------|--------------|-----------|-----------|---------|------|

| 14" LARGE THIN CRUST            |         |   |     |     |     |      |    |      |       |     |      |      |     |      |     |      |    |
|---------------------------------|---------|---|-----|-----|-----|------|----|------|-------|-----|------|------|-----|------|-----|------|----|
| Asian Chicken                   | 1 Slice | 8 | 260 | 100 | 12g | 4.5g | 0g | 35mg | 590mg | 25g | 2g   | 7g   | 13g | 6%   | 30% | 20%  | 4% |
| Bacon Cheddar Cheeseburger      | 1 Slice | 8 | 310 | 160 | 18g | 9g   | 0g | 45mg | 570mg | 19g | 2g   | 2g   | 15g | 300% | 4%  | 90%  | 4% |
| BBQ Chicken                     | 1 Slice | 8 | 240 | 120 | 14g | 5g   | 0g | 40mg | 760mg | 17g | 1g   | < 1g | 12g | 8%   | 2%  | 20%  | 2% |
| Buffalo Chicken                 | 1 Slice | 8 | 240 | 120 | 13g | 6g   | 0g | 40mg | 740mg | 18g | 1g   | < 1g | 12g | 90%  | 2%  | 80%  | 2% |
| Chicken Bacon Ranch             | 1 Slice | 8 | 300 | 200 | 19g | 6g   | 0g | 40mg | 480mg | 17g | < 1g | < 1g | 13g | 4%   | 0%  | 20%  | 2% |
| Howie Maui                      | 1 Slice | 8 | 230 | 100 | 12g | 5g   | 0g | 30mg | 410mg | 20g | 1g   | 3g   | 11g | 220% | 4%  | 25%  | 2% |
| Howie Special                   | 1 Slice | 8 | 230 | 100 | 11g | 5g   | 0g | 30mg | 450mg | 20g | 2g   | 3g   | 11g | 220% | 35% | 25%  | 4% |
| Meat Eaters                     | 1 Slice | 8 | 290 | 150 | 17g | 7g   | 0g | 45mg | 680mg | 19g | 2g   | 2g   | 13g | 220% | 4%  | 25%  | 4% |
| *Spicy Asian Chicken            | 1 Slice | 8 | 290 | 120 | 14g | 5g   | 0g | 30mg | 630mg | 28g | 2g   | 7g   | 12g | 6%   | 30% | 20%  | 4% |
| *Spicy BBQ Chicken              | 1 Slice | 8 | 270 | 140 | 16g | 6g   | 0g | 30mg | 790mg | 20g | 1g   | 0g   | 12g | 8%   | 0%  | 20%  | 2% |
| *Spicy Buffalo Chicken          | 1 Slice | 8 | 270 | 140 | 15g | 6g   | 0g | 35mg | 770mg | 20g | 2g   | < 1g | 12g | 90%  | 2%  | 80%  | 2% |
| *Spicy Chicken Bacon Ranch      | 1 Slice | 8 | 330 | 220 | 21g | 7g   | 0g | 35mg | 510mg | 20g | 1g   | < 1g | 12g | 4%   | 0%  | 20%  | 2% |
| *Taco Pizza                     | 1 Slice | 8 | 250 | 120 | 14g | 6g   | 0g | 35mg | 380mg | 19g | 2g   | 1g   | 12g | 210% | 10% | 130% | 6% |
| Three Cheeser Pepperoni Pleaser | 1 Slice | 8 | 320 | 170 | 19g | 8g   | 0g | 50mg | 680mg | 21g | 2g   | 3g   | 15g | 220% | 25% | 30%  | 4% |
| The Works                       | 1 Slice | 8 | 260 | 130 | 14g | 7g   | 0g | 40mg | 360mg | 18g | 2g   | 2g   | 12g | 300% | 4%  | 90%  | 2% |
| Veggie                          | 1 Slice | 8 | 220 | 100 | 11g | 4.5g | 0g | 25mg | 310mg | 21g | 2g   | 3g   | 9g  | 220% | 40% | 25%  | 2% |

| 16" XL                          |         |   |     |     |     |     |      |      |        |     |    |     |     |      |     |      |    |
|---------------------------------|---------|---|-----|-----|-----|-----|------|------|--------|-----|----|-----|-----|------|-----|------|----|
| Asian Chicken                   | 1 Slice | 8 | 430 | 110 | 13g | 6g  | 0g   | 50mg | 900mg  | 57g | 3g | 11g | 22g | 8%   | 40% | 40%  | 4% |
| Bacon Cheddar Cheeseburger      | 1 Slice | 8 | 480 | 190 | 21g | 11g | 0.5g | 60mg | 850mg  | 49g | 3g | 4g  | 25g | 420% | 4%  | 130% | 4% |
| BBQ Chicken                     | 1 Slice | 8 | 420 | 110 | 13g | 7g  | 0g   | 50mg | 720mg  | 55g | 2g | 11g | 21g | 6%   | 4%  | 40%  | 2% |
| Buffalo Chicken                 | 1 Slice | 8 | 390 | 120 | 14g | 7g  | 0g   | 50mg | 1070mg | 46g | 2g | 2g  | 21g | 90%  | 2%  | 90%  | 2% |
| Chicken Bacon Ranch             | 1 Slice | 8 | 490 | 260 | 24g | 8g  | 0g   | 55mg | 750mg  | 46g | 2g | 2g  | 22g | 6%   | 0%  | 40%  | 2% |
| Howie Maui                      | 1 Slice | 8 | 390 | 110 | 13g | 6g  | 0g   | 40mg | 670mg  | 50g | 3g | 5g  | 20g | 310% | 6%  | 45%  | 2% |
| Howie Special                   | 1 Slice | 8 | 390 | 110 | 12g | 7g  | 0g   | 45mg | 710mg  | 50g | 4g | 5g  | 20g | 300% | 45% | 45%  | 4% |
| Meat Eaters                     | 1 Slice | 8 | 470 | 180 | 20g | 9g  | 0g   | 60mg | 1010mg | 49g | 3g | 4g  | 23g | 310% | 4%  | 45%  | 6% |
| *Spicy Asian Chicken            | 1 Slice | 8 | 460 | 140 | 15g | 6g  | 0g   | 40mg | 940mg  | 61g | 3g | 10g | 21g | 8%   | 40% | 40%  | 4% |
| *Spicy BBQ Chicken              | 1 Slice | 8 | 450 | 140 | 15g | 7g  | 0g   | 45mg | 750mg  | 58g | 2g | 11g | 21g | 6%   | 4%  | 40%  | 2% |
| *Spicy Buffalo Chicken          | 1 Slice | 8 | 430 | 150 | 16g | 7g  | 0g   | 40mg | 1110mg | 50g | 2g | 2g  | 20g | 90%  | 0%  | 90%  | 2% |
| *Spicy Chicken Bacon Ranch      | 1 Slice | 8 | 520 | 290 | 26g | 9g  | 0g   | 50mg | 780mg  | 49g | 2g | 2g  | 21g | 6%   | 0%  | 40%  | 2% |
| *Taco Pizza                     | 1 Slice | 8 | 400 | 130 | 14g | 7g  | 1g   | 40mg | 570mg  | 49g | 3g | 3g  | 20g | 280% | 15% | 180% | 8% |
| Three Cheeser Pepperoni Pleaser | 1 Slice | 8 | 510 | 200 | 22g | 11g | 0g   | 65mg | 1010mg | 51g | 4g | 5g  | 25g | 310% | 35% | 50%  | 4% |
| The Works                       | 1 Slice | 8 | 440 | 160 | 17g | 10g | 0.5g | 55mg | 680mg  | 48g | 3g | 4g  | 22g | 420% | 4%  | 130% | 2% |
| Veggie                          | 1 Slice | 8 | 380 | 110 | 12g | 6g  | 0g   | 35mg | 520mg  | 51g | 4g | 5g  | 18g | 310% | 50% | 45%  | 2% |

| DEEP DISH                       |         |   |     |     |     |     |    |      |       |     |      |    |     |      |     |      |    |
|---------------------------------|---------|---|-----|-----|-----|-----|----|------|-------|-----|------|----|-----|------|-----|------|----|
| Asian Chicken                   | 1 Slice | 8 | 400 | 160 | 17g | 6g  | 0g | 40mg | 740mg | 44g | 2g   | 8g | 17g | 6%   | 30% | 35%  | 4% |
| Bacon Cheddar Cheeseburger      | 1 Slice | 8 | 440 | 220 | 24g | 10g | 0g | 55mg | 690mg | 37g | 2g   | 3g | 19g | 320% | 4%  | 110% | 2% |
| BBQ Chicken                     | 1 Slice | 8 | 390 | 160 | 17g | 7g  | 0g | 45mg | 590mg | 42g | 1g   | 9g | 17g | 6%   | 4%  | 35%  | 2% |
| Buffalo Chicken                 | 1 Slice | 8 | 380 | 170 | 19g | 7g  | 0g | 45mg | 880mg | 35g | < 1g | 2g | 16g | 110% | 2%  | 100% | 2% |
| Chicken Bacon Ranch             | 1 Slice | 8 | 440 | 270 | 26g | 8g  | 0g | 50mg | 600mg | 35g | < 1g | 2g | 17g | 4%   | 0%  | 35%  | 2% |
| Howie Maui                      | 1 Slice | 8 | 370 | 160 | 17g | 6g  | 0g | 35mg | 530mg | 38g | 2g   | 4g | 15g | 220% | 4%  | 35%  | 2% |
| Howie Special                   | 1 Slice | 8 | 370 | 150 | 17g | 7g  | 0g | 35mg | 570mg | 38g | 2g   | 4g | 15g | 220% | 35% | 35%  | 2% |
| Meat Eaters                     | 1 Slice | 8 | 420 | 210 | 23g | 9g  | 0g | 50mg | 790mg | 37g | 2g   | 3g | 17g | 220% | 4%  | 35%  | 4% |
| *Spicy Asian Chicken            | 1 Slice | 8 | 430 | 180 | 19g | 6g  | 0g | 35mg | 770mg | 47g | 2g   | 8g | 17g | 6%   | 30% | 35%  | 4% |
| *Spicy BBQ Chicken              | 1 Slice | 8 | 420 | 170 | 19g | 7g  | 0g | 40mg | 620mg | 45g | 1g   | 9g | 16g | 6%   | 4%  | 35%  | 0% |
| *Spicy Buffalo Chicken          | 1 Slice | 8 | 400 | 190 | 21g | 7g  | 0g | 40mg | 910mg | 38g | 1g   | 1g | 16g | 110% | 0%  | 100% | 0% |
| *Spicy Chicken Bacon Ranch      | 1 Slice | 8 | 470 | 290 | 28g | 8g  | 0g | 40mg | 630mg | 38g | 1g   | 2g | 16g | 4%   | 0%  | 35%  | 0% |
| Three Cheeser Pepperoni Pleaser | 1 Slice | 8 | 450 | 220 | 25g | 10g | 0g | 55mg | 800mg | 39g | 2g   | 4g | 19g | 220% | 25% | 45%  | 4% |
| The Works                       | 1 Slice | 8 | 400 | 190 | 21g | 9g  | 0g | 50mg | 550mg | 37g | 2g   | 3g | 17g | 320% | 4%  | 110% | 2% |
| Veggie                          | 1 Slice | 8 | 360 | 150 | 17g | 6g  | 0g | 30mg | 420mg | 39g | 2g   | 4g | 13g | 220% | 40% | 35%  | 2% |

| SHEET                           |         |    |     |     |     |      |    |      |       |     |    |    |     |      |      |      |      |
|---------------------------------|---------|----|-----|-----|-----|------|----|------|-------|-----|----|----|-----|------|------|------|------|
| Asian Chicken                   | 1 Slice | 32 | 230 | 60  | 7g  | 3g   | 0g | 25mg | 460mg | 30g | 1g | 5g | 11g | 0.04 | 0.2  | 0.2  | 0.02 |
| Bacon Cheddar Cheeseburger      | 1 Slice | 32 | 270 | 110 | 12g | 6g   | 0g | 35mg | 480mg | 26g | 2g | 2g | 14g | 2.5  | 0.02 | 0.9  | 0.02 |
| BBQ Chicken                     | 1 Slice | 32 | 230 | 70  | 7g  | 3.5g | 0g | 25mg | 400mg | 29g | 1g | 5g | 12g | 0.04 | 0.02 | 0.2  | 0    |
| Buffalo Chicken                 | 1 Slice | 32 | 240 | 90  | 10g | 5g   | 0g | 35mg | 610mg | 25g | 1g | 1g | 13g | 1    | 0    | 0.9  | 0    |
| Chicken Bacon Ranch             | 1 Slice | 32 | 260 | 130 | 12g | 4.5g | 0g | 30mg | 400mg | 25g | 1g | 1g | 12g | 0.02 | 0    | 0.2  | 0    |
| Howie Maui                      | 1 Slice | 32 | 220 | 70  | 8g  | 4g   | 0g | 25mg | 400mg | 27g | 1g | 3g | 11g | 1.5  | 0.04 | 0.25 | 0    |
| Howie Special                   | 1 Slice | 32 | 210 | 60  | 6g  | 3.5g | 0g | 20mg | 370mg | 27g | 2g | 2g | 11g | 1.5  | 0.2  | 0.25 | 0.02 |
| Meat Eaters                     | 1 Slice | 32 | 250 | 100 | 11g | 5g   | 0g | 30mg | 540mg | 26g | 2g | 2g | 12g | 1.5  | 0.02 | 0.25 | 0.02 |
| Three Cheeser Pepperoni Pleaser | 1 Slice | 32 | 250 | 90  | 11g | 6g   | 0g | 35mg | 410mg | 27g | 1g | 3g | 12g | 2.5  | 0.02 | 0.9  | 0    |
| The Works                       | 1 Slice | 32 | 260 | 100 | 11g | 5g   | 0g | 35mg | 470mg | 27g | 2g | 2g | 13g | 1.5  | 0.15 | 0.3  | 0.02 |
| Veggie                          | 1 Slice | 32 | 200 | 60  | 6g  | 3g   | 0g | 15mg | 270mg | 27g | 2g | 3g | 9g  | 150% | 25%  | 25%  | 2%   |



| SALAD                       | Serving Size | Total Servings | Calories | Calories from Fat | Fat (g.) | Sat. Fat (g.) | Trans Fat (g.) | Cholesterol (mg.) | Sodium (mg.) | Carbohydrates (g.) | Dietary Fiber (g.) | Sugars (g.) | Protein (g.) | Vitamin C | Calcium | Iron |     |
|-----------------------------|--------------|----------------|----------|-------------------|----------|---------------|----------------|-------------------|--------------|--------------------|--------------------|-------------|--------------|-----------|---------|------|-----|
|                             |              |                |          |                   |          |               |                |                   |              |                    |                    |             |              |           |         |      |     |
| Antipasto                   | Large        | 1              | 1        | 800               | 480      | 53g           | 25g            | 0g                | 190mg        | 2790mg             | 27g                | 11g         | 11g          | 53g       | 150%    | 90%  | 25% |
|                             | Regular      | 1              | 1        | 400               | 240      | 26g           | 12g            | 0g                | 95mg         | 1390mg             | 14g                | 5g          | 6g           | 27g       | 80%     | 45%  | 15% |
| Chef                        | Large        | 1              | 1        | 630               | 350      | 38g           | 19g            | 0.5g              | 145mg        | 1810mg             | 25g                | 10g         | 12g          | 44g       | 150%    | 280% | 25% |
|                             | Regular      | 1              | 1        | 320               | 170      | 19g           | 9g             | 0g                | 75mg         | 910mg              | 13g                | 5g          | 6g           | 22g       | 80%     | 140% | 10% |
| Chicken Asiago              | Large        | 1              | 1        | 370               | 130      | 14g           | 5g             | 0g                | 105mg        | 1200mg             | 27g                | 9g          | 12g          | 35g       | 160%    | 35%  | 25% |
|                             | Regular      | 1              | 1        | 240               | 80       | 9g            | 3.5g           | 0g                | 80mg         | 830mg              | 15g                | 5g          | 7g           | 25g       | 80%     | 20%  | 15% |
| Chicken Ceaser              | Large        | 1              | 1        | 310               | 90       | 10g           | 5g             | 0g                | 105mg        | 1100mg             | 22g                | 7g          | 7g           | 35g       | 120%    | 30%  | 20% |
|                             | Regular      | 1              | 1        | 220               | 70       | 8g            | 3.5g           | 0g                | 80mg         | 830mg              | 15g                | 3g          | 4g           | 25g       | 60%     | 20%  | 10% |
| Garden                      | Large        | 1              | 1        | 190               | 45       | 5g            | 0g             | 0g                | 0mg          | 240mg              | 31g                | 12g         | 15g          | 8g        | 340%    | 30%  | 20% |
|                             | Regular      | 1              | 1        | 90                | 25       | 2.5g          | 0g             | 0g                | 0mg          | 115mg              | 14g                | 5g          | 7g           | 3g        | 180%    | 10%  | 8%  |
| Greek                       | Large        | 1              | 1        | 460               | 210      | 21g           | 12g            | 0g                | 60mg         | 1910mg             | 34g                | 9g          | 16g          | 30g       | 160%    | 50%  | 20% |
|                             | Regular      | 1              | 1        | 230               | 100      | 11g           | 6g             | 0g                | 30mg         | 960mg              | 18g                | 5g          | 8g           | 15g       | 80%     | 35%  | 10% |
| Spicy Chicken               | Large        | 1              | 1        | 930               | 470      | 52g           | 18g            | 0g                | 145mg        | 2220mg             | 59g                | 12g         | 11g          | 56g       | 150%    | 80%  | 25% |
|                             | Regular      | 1              | 1        | 640               | 330      | 36g           | 12g            | 0g                | 105mg        | 1560mg             | 39g                | 7g          | 6g           | 40g       | 80%     | 50%  | 15% |
| *Spicy Chicken Asiago       | Large        | 1              | 1        | 740               | 340      | 37g           | 9g             | 0g                | 90mg         | 1910mg             | 59g                | 11g         | 11g          | 43g       | 150%    | 35%  | 25% |
|                             | Regular      | 1              | 1        | 640               | 300      | 33g           | 8g             | 0g                | 85mg         | 1730mg             | 48g                | 7g          | 6g           | 39g       | 80%     | 25%  | 15% |
| *Spicy Chicken Caesar       | Large        | 1              | 1        | 680               | 310      | 33g           | 9g             | 0g                | 90mg         | 1810mg             | 54g                | 9g          | 6g           | 43g       | 120%    | 35%  | 20% |
|                             | Regular      | 1              | 1        | 500               | 230      | 25g           | 6g             | 0g                | 65mg         | 1360mg             | 38g                | 5g          | 3g           | 31g       | 60%     | 20%  | 10% |
| *Grilled Chicken            | Large        | 1              | 1        | 560               | 260      | 29g           | 14g            | 0g                | 165mg        | 1510mg             | 27g                | 10g         | 12g          | 48g       | 160%    | 80%  | 25% |
|                             | Regular      | 1              | 1        | 360               | 170      | 19g           | 9g             | 0g                | 115mg        | 1030mg             | 15g                | 5g          | 7g           | 33g       | 80%     | 50%  | 15% |
| *Antipasto Salad            | Small        | 1              | 1        | 200               | 120      | 13g           | 6g             | 0g                | 45mg         | 670mg              | 8g                 | 3g          | 3g           | 13g       | 60%     | 25%  | 8%  |
| *Chef Salad                 | Small        | 1              | 1        | 160               | 90       | 9g            | 4.5g           | 0g                | 35mg         | 450mg              | 8g                 | 3g          | 3g           | 11g       | 60%     | 60%  | 8%  |
| *Chicken Asiago Salad       | Small        | 1              | 1        | 140               | 45       | 5g            | 2g             | 0g                | 50mg         | 510mg              | 9g                 | 3g          | 4g           | 16g       | 60%     | 10%  | 10% |
| *Garden Salad               | Small        | 1              | 1        | 60                | 10       | 1g            | 0g             | 0g                | 0mg          | 65mg               | 10g                | 4g          | 4g           | 2g        | 120%    | 10%  | 8%  |
| *Greek Salad                | Small        | 1              | 1        | 120               | 50       | 5g            | 3g             | 0g                | 15mg         | 440mg              | 10g                | 3g          | 4g           | 8g        | 60%     | 20%  | 6%  |
| *Grilled Chicken Salad      | Small        | 1              | 1        | 200               | 90       | 10g           | 5g             | 0g                | 70mg         | 610mg              | 9g                 | 3g          | 4g           | 20g       | 60%     | 25%  | 10% |
| *Spicy Chicken Salad        | Small        | 1              | 1        | 390               | 200      | 21g           | 7g             | 0g                | 60mg         | 970mg              | 25g                | 4g          | 3g           | 24g       | 60%     | 25%  | 8%  |
| *Chicken Caesar Salad       | Small        | 1              | 1        | 140               | 40       | 4.5g          | 2g             | 0g                | 50mg         | 560mg              | 11g                | 2g          | 2g           | 16g       | 35%     | 10%  | 8%  |
| *Spicy Chicken Asiago Salad | Small        | 1              | 1        | 330               | 150      | 16g           | 4g             | 0g                | 40mg         | 870mg              | 25g                | 4g          | 3g           | 20g       | 60%     | 10%  | 8%  |
| *Spicy Chicken Caesar       | Small        | 1              | 1        | 330               | 150      | 16g           | 4g             | 0g                | 40mg         | 920mg              | 26g                | 3g          | 2g           | 20g       | 35%     | 10%  | 6%  |

| WINGS | Serving Size | Total Servings | Calories | Calories from Fat | Fat (g.) | Sat. Fat (g.) | Trans Fat (g.) | Cholesterol (mg.) | Sodium (mg.) | Carbohydrates (g.) | Dietary Fiber (g.) | Sugars (g.) | Protein (g.) | Vitamin C | Calcium | Iron |
|-------|--------------|----------------|----------|-------------------|----------|---------------|----------------|-------------------|--------------|--------------------|--------------------|-------------|--------------|-----------|---------|------|
|       |              |                |          |                   |          |               |                |                   |              |                    |                    |             |              |           |         |      |

| HOWIE WINGS   |          |        |    |    |    |      |    |      |       |       |      |    |      |    |    |    |
|---|----------|--------|----|----|----|------|----|------|-------|-------|------|----|------|----|----|----|
| To calculate total nutritional values for 1 Wing: Add selected "Sauces" to "Original Howie Wings" |          |        |    |    |    |      |    |      |       |       |      |    |      |    |    |    |
| Original Howie Wings  | 1 Wing   | 1      | 70 | 45 | 5g | 1.5g | 0g | 20mg | 290mg | 0g    | 0g   | 0g | 5g   | 0% | 0% | 2% |
| Sauces  | Asian    | 1 Wing | 1  | 10 | 0  | 0g   | 0g | 0g   | 85mg  | 2g    | 0g   | 2g | 0g   | 0% | 0% | 0% |
|   | BBQ      | 1 Wing | 1  | 10 | 0  | 0g   | 0g | 0g   | 35mg  | 2g    | 0g   | 2g | 0g   | 0% | 0% | 0% |
|   | Buffalo  | 1 Wing | 1  | 5  | 0  | 0.5g | 0g | 0g   | 125mg | 0g    | 0g   | 0g | 0g   | 0% | 0% | 0% |
|   | Sriracha | 1 Wing | 1  | 0  | 0  | 0g   | 0g | 0g   | 0mg   | 115mg | < 1g | 0g | < 1g | 0g | 0% | 0% |

| BONELESS HOWIE WINGS   |          |        |    |    |    |      |    |      |       |       |    |      |      |    |    |    |
|--|----------|--------|----|----|----|------|----|------|-------|-------|----|------|------|----|----|----|
| To calculate total nutritional values for 1 Wing: Add selected "Sauces" to "Original Boneless Howie Wings" |          |        |    |    |    |      |    |      |       |       |    |      |      |    |    |    |
| Original Boneless Howie Wings  | 1 Wing   | 1      | 60 | 20 | 2g | 0g   | 0g | 15mg | 270mg | 5g    | 0g | < 1g | 5g   | 0% | 0% | 2% |
| Sauces   | Asian    | 1 Wing | 1  | 10 | 0  | 0g   | 0g | 0g   | 85mg  | 2g    | 0g | 2g   | 0g   | 0% | 0% | 0% |
|  | BBQ      | 1 Wing | 1  | 10 | 0  | 0g   | 0g | 0g   | 35mg  | 2g    | 0g | 2g   | 0g   | 0% | 0% | 0% |
|  | Buffalo  | 1 Wing | 1  | 5  | 0  | 0.5g | 0g | 0g   | 125mg | 0g    | 0g | 0g   | 0g   | 0% | 0% | 0% |
|  | Sriracha | 1 Wing | 1  | 0  | 0  | 0g   | 0g | 0g   | 0mg   | 180mg | 1g | 0g   | < 1g | 0g | 2% | 0% |

| SPICY CHICKEN TENDERS   |          |  |     |    |    |      |    |      |       |    |      |    |    |    |    |    |
|---|----------|--|-----|----|----|------|----|------|-------|----|------|----|----|----|----|----|
| The average total nutritional value for 1 tender (tenders vary in size) |          |  |     |    |    |      |    |      |       |    |      |    |    |    |    |    |
| Spicy Chicken Tenders   | 1 Tender |  | 130 | 60 | 7g | 1.5g | 0g | 20mg | 370mg | 9g | < 1g | 0g | 8g | 0% | 2% | 2% |

| PASTA                   | Serving Size | Total Servings | Calories | Calories from Fat | Fat (g.) | Sat. Fat (g.) | Trans Fat (g.) | Cholesterol (mg.) | Sodium (mg.) | Carbohydrates (g.) | Dietary Fiber (g.) | Sugars (g.) | Protein (g.) | Vitamin C | Calcium | Iron |     |
|-------------------------|--------------|----------------|----------|-------------------|----------|---------------|----------------|-------------------|--------------|--------------------|--------------------|-------------|--------------|-----------|---------|------|-----|
|                         |              |                |          |                   |          |               |                |                   |              |                    |                    |             |              |           |         |      |     |
| Baked Pasta             | Large        | 1              | 2        | 400               | 80       | 9g            | 4.5g           | 0g                | 25mg         | 550mg              | 63g                | 4g          | 7g           | 16g       | 10%     | 45%  | 4%  |
|                         | Regular      | 1              | 1        | 450               | 110      | 12g           | 7g             | 0g                | 40mg         | 630mg              | 64g                | 5g          | 7g           | 20g       | 10%     | 50%  | 4%  |
| Chicken Parmesan        | Large        | 1              | 2        | 700               | 230      | 25g           | 9g             | 0g                | 75mg         | 1370mg             | 81g                | 6g          | 7g           | 36g       | 10%     | 60%  | 6%  |
|                         | Regular      | 1              | 1        | 740               | 260      | 29g           | 11g            | 0g                | 85mg         | 1450mg             | 81g                | 6g          | 7g           | 39g       | 10%     | 70%  | 6%  |
| Baked Pasta & Meatballs | Large        | 1              | 2        | 650               | 240      | 27g           | 11g            | 0g                | 65mg         | 1230mg             | 68g                | 7g          | 7g           | 34g       | 15%     | 60%  | 20% |
|                         | Regular      | 1              | 1        | 780               | 320      | 36g           | 15g            | 0g                | 90mg         | 1540mg             | 70g                | 9g          | 7g           | 44g       | 15%     | 70%  | 25% |
| Baked Pasta & Mushrooms | Large        | 1              | 2        | 430               | 100      | 11g           | 6g             | 0g                | 30mg         | 590mg              | 64g                | 5g          | 7g           | 19g       | 10%     | 50%  | 4%  |
|                         | Regular      | 1              | 1        | 450               | 110      | 12g           | 7g             | 0g                | 40mg         | 630mg              | 65g                | 5g          | 7g           | 20g       | 10%     | 50%  | 4%  |
| Baked Pasta & Sausage   | Large        | 1              | 2        | 530               | 190      | 21g           | 9g             | 0g                | 50mg         | 840mg              | 64g                | 4g          | 7g           | 21g       | 10%     | 50%  | 6%  |
|                         | Regular      | 1              | 1        | 560               | 210      | 23g           | 10g            | 0g                | 60mg         | 880mg              | 64g                | 5g          | 7g           | 23g       | 10%     | 50%  | 6%  |

\* Product only available in Florida.

| HOWIE BREAD<br>(Based On 1 Piece)     | Serving Size | Total Servings | Calories | Calories from Fat | Fat (g.) | Sat. Fat (g.) | Trans Fat (g.) | Cholesterol (mg.) | Sodium (mg.) | Carbohydrates (g.) | Dietary Fiber (g.) | Sugars (g.) | Protein (g.) | Vitamin C | Calcium | Iron |
|---------------------------------------|--------------|----------------|----------|-------------------|----------|---------------|----------------|-------------------|--------------|--------------------|--------------------|-------------|--------------|-----------|---------|------|
|                                       |              |                |          |                   |          |               |                |                   |              |                    |                    |             |              |           |         |      |
| Howie Bread                           | 1 Piece      | 16             | 70       | 10                | 1.5g     | 0g            | 0g             | < 5mg             | 95mg         | 12g                | < 1g               | < 1g        | 2g           | 0%        | 4%      | 0%   |
| 3 Cheeser Howie Bread                 | 1 Piece      | 16             | 90       | 25                | 3g       | 1g            | 0g             | 5mg               | 130mg        | 12g                | < 1g               | < 1g        | 3g           | 0%        | 20%     | 0%   |
| Asiago Howie Bread                    | 1 Piece      | 16             | 80       | 15                | 2g       | 1g            | 0g             | < 5mg             | 75mg         | 12g                | < 1g               | < 1g        | 3g           | 0%        | 6%      | 0%   |
| Cajun Howie Bread                     | 1 Piece      | 16             | 60       | 10                | 1g       | 0g            | 0g             | 0mg               | 75mg         | 11g                | < 1g               | < 1g        | 2g           | 0%        | 4%      | 0%   |
| Cinnamon Howie Bread                  | 1 Piece      | 16             | 70       | 10                | 1g       | 0g            | 0g             | 0mg               | 45mg         | 13g                | < 1g               | 2g          | 2g           | 0%        | 4%      | 0%   |
| Deep Dish 3 Cheeser                   | 1 Piece      | 16             | 140      | 45                | 6g       | 2.5g          | 0g             | 15mg              | 220mg        | 17g                | < 1g               | 1g          | 6g           | 0%        | 70%     | 0%   |
| *Howie Bread (Fla. 8 piece)           | 1 Piece      | 8              | 80       | 10                | 1.5g     | 0g            | 0g             | < 5mg             | 105mg        | 15g                | < 1g               | < 1g        | 3g           | 0%        | 6%      | 0%   |
| *3 Cheeser Howie Bread (Fla. 8 piece) | 1 Piece      | 8              | 130      | 45                | 5g       | 2.5g          | 0g             | 15mg              | 190mg        | 15g                | 1g                 | < 1g        | 6g           | 0%        | 35%     | 0%   |
| Stuffed Howie Bread                   | 1 Piece      | 16             | 130      | 45                | 5g       | 2.5g          | 0g             | 15mg              | 190mg        | 15g                | 1g                 | < 1g        | 6g           | 0%        | 35%     | 0%   |
| Stuffed Howie Bread & Bacon           | 1 Piece      | 16             | 100      | 30                | 4g       | 1.5g          | 0g             | 10g               | 150g         | 12g                | < 1g               | < 1g        | 4g           | 0%        | 20%     | 0%   |
| Stuffed Howie Bread & Jalapino        | 1 Piece      | 16             | 90       | 25                | 3.5g     | 1.5g          | 0g             | 10g               | 140g         | 12g                | < 1g               | < 1g        | 4g           | 6%        | 20%     | 0%   |
| Stuffed Howie Bread an Pepperoni      | 1 Piece      | 16             | 100      | 30                | 3.5g     | 1.5g          | 0g             | 10g               | 160g         | 12g                | < 1g               | < 1g        | 4g           | 0%        | 20%     | 0%   |
| *Asiago Howie Bread                   | 1 Piece      | 8              | 90       | 20                | 2.5g     | 1g            | 0g             | < 5mg             | 90mg         | 15g                | < 1g               | < 1g        | 4g           | 0%        | 8%      | 0%   |
| *Cajun Howie Bread                    | 1 Piece      | 8              | 80       | 10                | 1.5g     | 0g            | 0g             | 0mg               | 90mg         | 15g                | < 1g               | < 1g        | 3g           | 0%        | 4%      | 0%   |
| *Cinnamon Howie Bread                 | 1 Piece      | 8              | 90       | 10                | 1g       | 0g            | 0g             | 0mg               | 55mg         | 16g                | < 1g               | 2g          | 3g           | 0%        | 4%      | 0%   |
| *Howie Bread (side for pasta)         | 1 Piece      | 4              | 120      | 20                | 3g       | 1g            | 0g             | < 5mg             | 180mg        | 20g                | 1g                 | 1g          | 4g           | 0%        | 8%      | 0%   |
| *Cajun Howie Bread (side for wings)   | 1 Piece      | 4              | 110      | 10                | 1.5g     | 0g            | 0g             | 0mg               | 110mg        | 20g                | 1g                 | < 1g        | 4g           | 0%        | 6%      | 0%   |
| 4 oz. Marinara Sauce                  | 1 Piece      | 1              | 45       | 0                 | 0g       | 0g            | 0g             | 0mg               | 490mg        | 735g               | 2g                 | 5g          | 2g           | 15%       | 4%      | 8%   |

| HOWIE COOKIE<br>(Based On 8 Slices)  | Serving Size | Total Servings | Calories | Calories from Fat | Fat (g.) | Sat. Fat (g.) | Trans Fat (g.) | Cholesterol (mg.) | Sodium (mg.) | Carbohydrates (g.) | Dietary Fiber (g.) | Sugars (g.) | Protein (g.) | Vitamin C | Calcium | Iron |
|--|--------------|----------------|----------|-------------------|----------|---------------|----------------|-------------------|--------------|--------------------|--------------------|-------------|--------------|-----------|---------|------|
|  |              |                |          |                   |          |               |                |                   |              |                    |                    |             |              |           |         |      |
| To calculate total nutritional values for One Slice: Add sauce to "Howie Brownie Original" |              |                |          |                   |          |               |                |                   |              |                    |                    |             |              |           |         |      |
| Howie Cookie Chocolate Chip  | 1 Piece      | 8              | 180      | 70                | 8g       | 4g            | 0g             | 10mg              | 660mg        | 28g                | < 1g               | 17g         | 2g           | 0%        | 2%      | 6%   |

| DIPPING SAUCE<br>(Per Cup) | Serving Size | Total Servings | Calories | Calories from Fat | Fat (g.) | Sat. Fat (g.) | Trans Fat (g.) | Cholesterol (mg.) | Sodium (mg.) | Carbohydrates (g.) | Dietary Fiber (g.) | Sugars (g.) | Protein (g.) | Vitamin C | Calcium | Iron |
|----------------------------|--------------|----------------|----------|-------------------|----------|---------------|----------------|-------------------|--------------|--------------------|--------------------|-------------|--------------|-----------|---------|------|
|                            |              |                |          |                   |          |               |                |                   |              |                    |                    |             |              |           |         |      |
| BBQ                        | 1 Cup        | 1              | 80       | 0                 | 0g       | 0g            | 0g             | 0mg               | 0mg          | 340mg              | 20g                | 0g          | 19g          | 0g        | 6%      | 0%   |
| Blue Cheese                | 1 Cup        | 1              | 200      | 130               | 21g      | 4g            | 0g             | 25mg              | 440mg        | 2g                 | 0g                 | 1g          | 1g           | 0%        | 2%      | 0%   |
| Buffalo Sauce              | 1 Cup        | 1              | 60       | 50                | 6g       | 1g            | 0g             | 0mg               | 1280mg       | 2g                 | 1g                 | 1g          | 0g           | 2%        | 0%      | 0%   |
| Cheese Sauce               | 1 Cup        | 1              | 140      | 80                | 9g       | 5g            | 0g             | 5mg               | 890mg        | 12g                | 0g                 | 5g          | 1g           | 0%        | 10%     | 0%   |
| Garlic Sauce               | 1 Cup        | 1              | 230      | 230               | 25g      | 4g            | 0g             | 0mg               | 380mg        | 0g                 | 0g                 | 0g          | 0g           | 0%        | 0%      | 0%   |
| Icing                      | 1 Cup        | 1              | 150      | 15                | 1.5g     | 0g            | 1g             | 0mg               | 0mg          | 34g                | 0g                 | 33g         | 0g           | 0%        | 0%      | 0%   |
| Pizza Sauce                | 1 Cup        | 1              | 35       | 0                 | 0g       | 0g            | 0g             | 0mg               | 190mg        | 7g                 | 1g                 | 4g          | 1g           | 35%       | 2%      | 0%   |
| Ranch                      | 1 Cup        | 1              | 200      | 190               | 22g      | 3.5g          | 0g             | 10mg              | 320mg        | 2g                 | 0g                 | < 1g        | 0g           | 0%        | 0%      | 0%   |

| DRESSINGS<br>(Per Packet) | Serving Size | Total Servings | Calories | Calories from Fat | Fat (g.) | Sat. Fat (g.) | Trans Fat (g.) | Cholesterol (mg.) | Sodium (mg.) | Carbohydrates (g.) | Dietary Fiber (g.) | Sugars (g.) | Protein (g.) | Vitamin C | Calcium | Iron |
|---------------------------|--------------|----------------|----------|-------------------|----------|---------------|----------------|-------------------|--------------|--------------------|--------------------|-------------|--------------|-----------|---------|------|
|                           |              |                |          |                   |          |               |                |                   |              |                    |                    |             |              |           |         |      |
| 1000 Island               | 1 Packet     | 1              | 210      | 130               | 21       | 4             | 0g             | 20mg              | 300mg        | 6g                 | 0g                 | 6g          | 0g           | 2%        | 0%      | 0%   |
| Caesar                    | 1 Packet     | 1              | 180      | 170               | 18g      | 3g            | 0g             | 10mg              | 400mg        | 2g                 | 0g                 | < 1g        | 1g           | 0%        | 0%      | 0%   |
| Fat Free Italian          | 1 Packet     | 1              | 15       | 0                 | 0g       | 0g            | 0g             | 0mg               | 350mg        | 4g                 | 0g                 | 3g          | 0g           | 4%        | 0%      | 0%   |
| Fat Free Ranch            | 1 Packet     | 1              | 40       | 5                 | 0g       | 0g            | 0g             | 0g                | 490mg        | 9g                 | < 1g               | 3g          | 0g           | 0%        | 0%      | 0%   |
| Greek                     | 1 Packet     | 1              | 220      | 100               | 24g      | 4g            | 0g             | < 5mg             | 540mg        | 1g                 | 0g                 | < 1g        | 1g           | 0%        | 0%      | 0%   |
| Honey Mustard             | 1 Packet     | 1              | 180      | 0                 | 0g       | 2.5g          | 0g             | 10mg              | 220mg        | 7g                 | 0g                 | 7g          | 0g           | 0%        | 0%      | 0%   |
| Italian                   | 1 Packet     | 1              | 130      | 70                | 13g      | 2.5g          | 0g             | 0mg               | 370mg        | 3g                 | 0g                 | 2g          | < 1g         | 0%        | 0%      | 0%   |
| Ranch                     | 1 Packet     | 1              | 200      | 200               | 22g      | 3.5g          | 0g             | 10mg              | 320mg        | 2g                 | 0g                 | 1g          | 0g           | 0%        | 0%      | 0%   |
| Blue Cheese               | 1 Packet     | 1              | 200      | 130               | 21g      | 4g            | 0g             | 25mg              | 430mg        | 2g                 | 0g                 | 1g          | 1g           | 0%        | 2%      | 0%   |

IMPORTANT INFORMATION: Information provided is an estimate of nutritional data and is based on approved ingredients and standard recipes. Ingredients listed are provided by the manufacturer. Standard portion guides are used for the calculations, however, there may be variations due to differences in assembly and other normal operational and seasonal variances. Substituting ingredients may change nutritional values. This information does not include limited time offers or test products not in general release. Temporary substitution of standard ingredients may alter nutritional values within reasonable tolerances. There may be regional variations and not all items or options may be available at all locations.

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\* Product only available in Florida.

| SUBS                       | Serving Size | Servings | Calories | Calories from Fat | Fat (g.) | Sat. Fat (g.) | Trans Fat (g.) | Cholesterol (mg.) | Sodium (mg.) | Carbohydrates (g.) | Dietary Fiber (g.) | Sugars (g.) | Protein (g.) | Vitamin A | Vitamin C | Calcium | Iron |      |
|----------------------------|--------------|----------|----------|-------------------|----------|---------------|----------------|-------------------|--------------|--------------------|--------------------|-------------|--------------|-----------|-----------|---------|------|------|
|                            |              |          |          |                   |          |               |                |                   |              |                    |                    |             |              |           |           |         |      | Size |
| Chicken Bacon Ranch        | Large        | 1        | 2        | 640               | 270      | 26g           | 10g            | 0g                | 105mg        | 1230mg             | 61g                | 3g          | 3g           | 38g       | 6%        | 2%      | 50%  | 4%   |
|                            | Regular      | 1        | 2        | 430               | 190      | 18g           | 7g             | 0g                | 65mg         | 800mg              | 41g                | 2g          | 2g           | 24g       | 4%        | 2%      | 35%  | 2%   |
| Ham & Cheese               | Large        | 1        | 2        | 590               | 210      | 23g           | 9g             | 0g                | 75mg         | 1860mg             | 62g                | 3g          | 5g           | 32g       | 6%        | 0%      | 50%  | 4%   |
|                            | Regular      | 1        | 2        | 310               | 70       | 8g            | 4g             | 0g                | 40mg         | 780mg              | 39g                | 2g          | 2g           | 19g       | 4%        | 0%      | 30%  | 2%   |
| Italian                    | Large        | 1        | 2        | 620               | 240      | 27g           | 10g            | 0g                | 75mg         | 2040mg             | 62g                | 2g          | 5g           | 31g       | 0.04      | 0       | 0.4  | 0.06 |
|                            | Regular      | 1        | 2        | 550               | 280      | 31g           | 13g            | 0g                | 80mg         | 2530mg             | 44g                | 1g          | 3g           | 25g       | 2%        | 0%      | 25%  | 10%  |
| Meatball                   | Large        | 1        | 2        | 640               | 240      | 27g           | 12g            | 0g                | 70mg         | 1080mg             | 66g                | 6g          | 4g           | 35g       | 2.5       | 0.06    | 0.6  | 0.15 |
|                            | Regular      | 1        | 2        | 400               | 140      | 15g           | 7g             | 0g                | 40mg         | 630mg              | 43g                | 3g          | 2g           | 21g       | 190%      | 4%      | 40%  | 6%   |
| Steak & Cheese             | Large        | 1        | 2        | 650               | 250      | 29g           | 12g            | 0g                | 85mg         | 1080mg             | 62g                | 3g          | 5g           | 35g       | 0.06      | 0       | 0.5  | 0.1  |
|                            | Regular      | 1        | 2        | 360               | 120      | 14g           | 5g             | 0g                | 40mg         | 530mg              | 41g                | 2g          | 3g           | 19g       | 2%        | 0%      | 25%  | 6%   |
| Chicken Club               | Large        | 1        | 2        | 840               | 400      | 46g           | 13g            | 0g                | 135mg        | 1890mg             | 60g                | 4g          | 4g           | 45g       | 6%        | 0%      | 50%  | 6%   |
|                            | Regular      | 1        | 2        | 500               | 210      | 24g           | 7g             | 0g                | 80mg         | 1210mg             | 40g                | 2g          | 2g           | 29g       | 4%        | 0%      | 30%  | 4%   |
| Veggie                     | Large        | 1        | 2        | 580               | 220      | 24g           | 8g             | 0.5g              | 40mg         | 1190mg             | 69g                | 5g          | 8g           | 22g       | 100%      | 100%    | 110% | 4%   |
|                            | Regular      | 1        | 2        | 380               | 130      | 15g           | 5g             | 0g                | 25mg         | 700mg              | 46g                | 3g          | 5g           | 15g       | 70%       | 70%     | 70%  | 2%   |
| Chicken Parmesan           | Large        | 1        | 2        | 690               | 230      | 25g           | 9g             | 0g                | 75mg         | 1310mg             | 260g               | 4g          | 3g           | 37g       | 8%        | 4%      | 50%  | 4%   |
|                            | Regular      | 1        | 2        | 420               | 130      | 15g           | 6g             | 0g                | 45mg         | 760mg              | 186g               | 3g          | 2g           | 22g       | 6%        | 2%      | 35%  | 2%   |
| Deluxe Combo               | Large        | 1        | 2        | 540               | 180      | 20g           | 9g             | 0g                | 70mg         | 1120mg             | 60g                | 3g          | 2g           | 29g       | 6%        | 0%      | 50%  | 4%   |
|                            | Regular      | 1        | 2        | 340               | 110      | 12g           | 6g             | 0g                | 40mg         | 630mg              | 40g                | 2g          | 2g           | 18g       | 4%        | 0%      | 35%  | 2%   |
| Pizza Sub Deluxe (low)     | Large        | 1        | 2        | 460               | 110      | 12g           | 7g             | 0g                | 40mg         | 520mg              | 66g                | 5g          | 6g           | 22g       | 250%      | 70%     | 50%  | 2%   |
|                            | Regular      | 1        | 2        | 300               | 70       | 8g            | 4.5g           | 0g                | 25mg         | 350mg              | 43g                | 3g          | 4g           | 14g       | 190%      | 35%     | 35%  | 2%   |
| Pizza Sub Deluxe (high)    | Large        | 1        | 2        | 620               | 250      | 28g           | 12g            | 0g                | 70mg         | 1000mg             | 63g                | 4g          | 4g           | 29g       | 250%      | 4%      | 60%  | 6%   |
|                            | Regular      | 1        | 2        | 410               | 160      | 18g           | 8g             | 0g                | 45mg         | 650mg              | 42g                | 3g          | 2g           | 19g       | 190%      | 4%      | 35%  | 4%   |
| *Pizza Sub Special         | Large        | 1        | 2        | 490               | 120      | 14g           | 7g             | 0.5g              | 45mg         | 880mg              | 67g                | 5g          | 6g           | 24g       | 480%      | 70%     | 120% | 4%   |
|                            | Regular      | 1        | 2        | 270               | 60       | 7g            | 3.5g           | 0g                | 20mg         | 260mg              | 39g                | 2g          | 1g           | 12g       | 70%       | 0%      | 70%  | 0%   |
| *Spicy Chicken Bacon Ranch | Large        | 1        | 2        | 600               | 200      | 22g           | 12g            | 1g                | 75mg         | 1050mg             | 67g                | 5g          | 7g           | 31g       | 750%      | 70%     | 310% | 4%   |
|                            | Regular      | 1        | 2        | 510               | 240      | 24g           | 8g             | 0g                | 50mg         | 880mg              | 48g                | 2g          | 2g           | 23g       | 4%        | 0%      | 35%  | 2%   |
| *Taco Sub                  | Large        | 1        | 2        | 770               | 350      | 35g           | 11g            | 0g                | 75mg         | 1370mg             | 74g                | 3g          | 2g           | 36g       | 6%        | 0%      | 50%  | 2%   |
|                            | Regular      | 1        | 2        | 390               | 140      | 16g           | 8g             | 1g                | 45mg         | 580mg              | 42g                | 2g          | 2g           | 20g       | 290%      | 4%      | 220% | 6%   |

| REGULAR PIZZA DELUXE SUB  |                   |         |   |   |     |     |      |      |      |       |       |      |      |      |      |      |     |      |    |
|---|-------------------|---------|---|---|-----|-----|------|------|------|-------|-------|------|------|------|------|------|-----|------|----|
| To calculate total nutritional values for One Serving: Add selected "Toppings" to "Cheese Only" |                   |         |   |   |     |     |      |      |      |       |       |      |      |      |      |      |     |      |    |
| Toppings  | Cheese Only       | Regular | 1 | 1 | 580 | 140 | 16g  | 9g   | 0.5g | 50mg  | 700mg | 83g  | 4g   | 5g   | 27g  | 370% | 6%  | 70%  | 2% |
|   | Anchovies         | Regular | 1 | 1 | 30  | 15  | 1.5g | 0g   | 0g   | 0mg   | 920mg | 0g   | 0g   | 0g   | 3g   | 0%   | 0%  | 0%   | 0% |
|   | Bacon             | Regular | 1 | 1 | 40  | 30  | 3.5g | 1g   | 0g   | 5mg   | 125mg | 0g   | 0g   | 0g   | 2g   | 0%   | 0%  | 0%   | 0% |
|   | Black Olive       | Regular | 1 | 1 | 25  | 20  | 2g   | 0g   | 0g   | 0mg   | 95mg  | < 1g | 0g   | 0g   | 0g   | 0%   | 0%  | 0%   | 0% |
|   | Cheddar           | Regular | 1 | 1 | 110 | 80  | 9g   | 5g   | 0g   | 30mg  | 180mg | < 1g | 0g   | 0g   | 7g   | 280% | 0%  | 200% | 0% |
|   | Chicken           | Regular | 1 | 1 | 35  | 5   | 1g   | 0g   | 0g   | 20mg  | 190mg | < 1g | 0g   | 0g   | 6g   | 0%   | 0%  | 0%   | 2% |
|   | Feta              | Regular | 1 | 1 | 70  | 40  | 4g   | 3g   | 0g   | 15mg  | 340mg | 2g   | 0g   | 1g   | 6g   | 4%   | 0%  | 10%  | 0% |
|   | Green Olive       | Regular | 1 | 1 | 20  | 20  | 2g   | 0g   | **   | 0mg   | 220mg | < 1g | 0g   | 0g   | 0g   | 2%   | 0%  | 0%   | 0% |
|   | Green Pepper      | Regular | 1 | 1 | 10  | 0   | 0g   | 0g   | 0g   | 0mg   | 0mg   | 2g   | 1g   | 1g   | < 1g | 4%   | 60% | 0%   | 2% |
|   | Ground Beef       | Regular | 1 | 1 | 70  | 45  | 5g   | 2g   | 0g   | 15mg  | 350mg | 1g   | < 1g | < 1g | 4g   | 0%   | 0%  | 2%   | 4% |
|   | Ham               | Regular | 1 | 1 | 30  | 10  | 1g   | 0g   | 0g   | 15mg  | 300mg | 0g   | 0g   | 0g   | 4g   | 0%   | 0%  | 0%   | 2% |
|   | Jalapenos         | Regular | 1 | 1 | 10  | 0   | 0g   | 0g   | **   | 0mg   | 470mg | 1g   | < 1g | < 1g | 0g   | 10%  | 4%  | 0%   | 2% |
|   | Meatball          | Regular | 1 | 1 | 80  | 50  | 6g   | 2g   | 0g   | 15mg  | 230mg | 2g   | 1g   | 0g   | 6g   | 2%   | 0%  | 6%   | 6% |
|   | Mild Pepper Rings | Regular | 1 | 1 | 5   | 0   | 0g   | 0g   | 0g   | 0mg   | 410mg | 1g   | 0g   | 0g   | 0g   | 10%  | 15% | 20%  | 0% |
|   | Mushroom          | Regular | 1 | 1 | 5   | 0   | 0g   | 0g   | **   | 0mg   | 0mg   | < 1g | 0g   | < 1g | < 1g | 0%   | 0%  | 0%   | 0% |
|   | Pepperoni         | Regular | 1 | 1 | 25  | 20  | 2g   | 1g   | 0g   | < 5mg | 180mg | 0g   | 0g   | 0g   | < 1g | 0%   | 0%  | 0%   | 0% |
|   | Pineapple         | Regular | 1 | 1 | 15  | 0   | 0g   | 0g   | 0g   | 0mg   | 0mg   | 4g   | 0g   | 3g   | 0g   | 0%   | 4%  | 0%   | 0% |
|   | Red Onion         | Regular | 1 | 1 | 5   | 0   | 0g   | 0g   | 0g   | 0mg   | 0mg   | 1g   | 0g   | < 1g | 0g   | 0%   | 2%  | 0%   | 0% |
|   | Sausage           | Regular | 1 | 1 | 110 | 100 | 11g  | 3.5g | 0g   | 20mg  | 250mg | < 1g | 0g   | 0g   | 3g   | 0%   | 0%  | 0%   | 2% |
|   | Steak             | Regular | 1 | 1 | 50  | 30  | 3.5g | 1.5g | 0g   | 20mg  | 15mg  | 0g   | 0g   | 0g   | 6g   | 0%   | 0%  | 0%   | 4% |
| Tomato  | Regular           | 1       | 1 | 5 | 0   | 0g  | 0g   | **   | 0mg  | 0mg   | 1g    | 0g   | < 1g | 0g   | 4%   | 6%   | 0%  | 0%   |    |

| LARGE PIZZA DELUXE SUB  |                   |       |   |    |     |     |      |      |     |       |        |      |      |      |     |      |      |      |     |
|---|-------------------|-------|---|----|-----|-----|------|------|-----|-------|--------|------|------|------|-----|------|------|------|-----|
| To calculate total nutritional values for One Serving: Add selected "Toppings" to "Cheese Only" |                   |       |   |    |     |     |      |      |     |       |        |      |      |      |     |      |      |      |     |
| Toppings  | Cheese Only       | Large | 1 | 1  | 870 | 220 | 24g  | 13g  | 1g  | 75mg  | 1030mg | 123g | 6g   | 7g   | 41g | 500% | 8%   | 100% | 2%  |
|   | Anchovies         | Large | 1 | 1  | 45  | 20  | 2g   | 0g   | 0g  | < 5mg | 1380mg | 0g   | 0g   | 0g   | 4g  | 0%   | 0%   | 0%   | 0%  |
|   | Bacon             | Large | 1 | 1  | 80  | 60  | 7g   | 2g   | 0g  | 10mg  | 250mg  | 0g   | 0g   | 0g   | 4g  | 0%   | 0%   | 0%   | 0%  |
|   | Black Olive       | Large | 1 | 1  | 50  | 45  | 4.5g | 0g   | 0g  | 0mg   | 190mg  | 2g   | 0g   | 0g   | 0g  | 0%   | 0%   | 0%   | 0%  |
|   | Cheddar           | Large | 1 | 1  | 230 | 170 | 18g  | 10g  | 1g  | 60mg  | 370mg  | 1g   | 0g   | 0g   | 14g | 570% | 0%   | 410% | 0%  |
|   | Chicken           | Large | 1 | 1  | 50  | 10  | 1.5g | 0.5g | 0g  | 35mg  | 290mg  | 1g   | 0g   | < 1g | 9g  | 0%   | 2%   | 2%   | 2%  |
|   | Feta              | Large | 1 | 1  | 140 | 80  | 8g   | 6g   | 0g  | 30mg  | 690mg  | 4g   | 0g   | 2g   | 12g | 8%   | 0%   | 20%  | 0%  |
|   | Green Olive       | Large | 1 | 1  | 40  | 35  | 4.5g | 0.5g | **  | 0mg   | 440mg  | 1g   | < 1g | 0g   | 0g  | 2%   | 0%   | 2%   | 0%  |
|   | Green Pepper      | Large | 1 | 1  | 20  | 0   | 0g   | 0g   | 0g  | 0mg   | 0mg    | 4g   | 2g   | 2g   | 1g  | 8%   | 120% | 2%   | 2%  |
|   | Ground Beef       | Large | 1 | 1  | 100 | 70  | 8g   | 3g   | 0g  | 20mg  | 530mg  | 2g   | < 1g | < 1g | 6g  | 0%   | 0%   | 2%   | 6%  |
|   | Ham               | Large | 1 | 1  | 45  | 15  | 2g   | 0.5g | 0g  | 20mg  | 450mg  | 0g   | 0g   | < 1g | 7g  | 0%   | 0%   | 0%   | 2%  |
|   | Jalapenos         | Large | 1 | 1  | 10  | 0   | 0g   | 0g   | **  | 0mg   | 710mg  | 2g   | 1g   | < 1g | 0g  | 15%  | 8%   | 0%   | 4%  |
|   | Meatball          | Large | 1 | 1  | 250 | 160 | 18g  | 6g   | 0g  | 40mg  | 680mg  | 5g   | 3g   | 0g   | 18g | 4%   | 2%   | 15%  | 15% |
|   | Mild Pepper Rings | Large | 1 | 1  | 10  | 0   | 0g   | 0g   | 0g  | 0mg   | 620mg  | 2g   | 0g   | < 1g | 0g  | 15%  | 20%  | 25%  | 0%  |
|   | Mushroom          | Large | 1 | 1  | 10  | 0   | 0g   | 0g   | **  | 0mg   | 0mg    | 1g   | 0g   | < 1g | 1g  | 0%   | 2%   | 0%   | 2%  |
|   | Pepperoni         | Large | 1 | 1  | 50  | 40  | 4.5g | 2g   | 0g  | 10mg  | 360mg  | < 1g | 0g   | 0g   | 2g  | 0%   | 0%   | 0%   | 2%  |
|   | Pineapple         | Large | 1 | 1  | 25  | 0   | 0g   | 0g   | 0g  | 0mg   | 0mg    | 6g   | 0g   | 5g   | 0g  | 0%   | 4%   | 0%   | 0%  |
|   | Red Onion         | Large | 1 | 1  | 10  | 0   | 0g   | 0g   | 0g  | 0mg   | 0mg    | 3g   | < 1g | 1g   | 0g  | 0%   | 4%   | 0%   | 0%  |
|   | Sausage           | Large | 1 | 1  | 170 | 140 | 16g  | 5g   | 0g  | 30mg  | 380mg  | < 1g | 0g   | 0g   | 5g  | 0%   | 0%   | 0%   | 4%  |
|   | Steak             | Large | 1 | 1  | 80  | 45  | 5g   | 2.5g | 0g  | 30mg  | 25mg   | 0g   | 0g   | 0g   | 9g  | 0%   | 0%   | 0%   | 6%  |
| Tomato  | Large             | 1     | 1 | 10 | 0   | 0g  | 0g   | **   | 0mg | 0mg   | 2g     | < 1g | 1g   | 0g   | 10% | 15%  | 0%   | 0%   |     |

\* Product only available in Florida.

|              |      |          |                   |               |                |                   |              |                    |                    |             |              |           |           |         |      |
|--------------|------|----------|-------------------|---------------|----------------|-------------------|--------------|--------------------|--------------------|-------------|--------------|-----------|-----------|---------|------|
| <b>PEPSI</b> | Size | Calories | Calories from Fat | Sat. Fat (g.) | Trans Fat (g.) | Cholesterol (mg.) | Sodium (mg.) | Carbohydrates (g.) | Dietary Fiber (g.) | Sugars (g.) | Protein (g.) | Vitamin A | Vitamin C | Calcium | Iron |
|              |      |          |                   |               |                |                   |              |                    |                    |             |              |           |           |         |      |

| <b>FOUNTAIN</b> |        |     |   |    |    |    |     |       |      |    |      |    |    |    |    |
|-----------------|--------|-----|---|----|----|----|-----|-------|------|----|------|----|----|----|----|
| Pepsi           | 22 oz. | 270 | 0 | 0g | 0g | 0g | 0mg | 55mg  | 75g  | 0g | 75g  | 0g | 0% | 0% | 0% |
|                 | 32 oz. | 400 | 0 | 0g | 0g | 0g | 0mg | 80mg  | 109g | 0g | 109g | 0g | 0% | 0% | 0% |
| Diet Pepsi      | 22 oz. | 0   | 0 | 0g | 0g | 0g | 0mg | 65mg  | 0g   | 0g | 0g   | 0g | 0% | 0% | 0% |
|                 | 32 oz. | 0   | 0 | 0g | 0g | 0g | 0mg | 95mg  | 0g   | 0g | 0g   | 0g | 0% | 0% | 0% |
| Mountain Dew    | 22 oz. | 310 | 0 | 0g | 0g | 0g | 0mg | 110mg | 84g  | 0g | 84g  | 0g | 0% | 0% | 0% |
|                 | 32 oz. | 450 | 0 | 0g | 0g | 0g | 0mg | 160mg | 123g | 0g | 123g | 0g | 0% | 0% | 0% |
| Starry          | 22 oz. | 270 | 0 | 0g | 0g | 0g | 0mg | 65mg  | 71g  | 0g | 71g  | 0g | 0% | 0% | 0% |
|                 | 32 oz. | 400 | 0 | 0g | 0g | 0g | 0mg | 95mg  | 104g | 0g | 104g | 0g | 0% | 0% | 0% |
| Sweet Tea       | 22 oz. | 140 | 0 | 0g | 0g | ** | 0mg | 20mg  | 37g  | 0g | 35g  | 0g | 0% | 0% | 0% |
|                 | 32 oz. | 200 | 0 | 0g | 0g | ** | 0mg | 30mg  | 53g  | 0g | 50g  | 0g | 0% | 0% | 2% |
| Unsweetened Tea | 22 oz. | 5   | 0 | 0g | 0g | ** | 0mg | 20mg  | 2g   | 0g | 0g   | 0g | 0% | 0% | 0% |
|                 | 32 oz. | 10  | 0 | 0g | 0g | ** | 0mg | 30mg  | 3g   | 0g | 0g   | 0g | 0% | 0% | 2% |

Actual calorie counts may vary based on cup fill level, the type and precise amount of ice used, and fountain equipment performance. Diet beverages contain small amounts of calories that typically round to zero per FDA rules. In larger sizes, these calories may round to more than zero.

IMPORTANT INFORMATION: Information provided is an estimate of nutritional data and is based on approved ingredients and standard recipes. Ingredients listed are provided by the manufacturer. Standard portion guides are used for the calculations, however, there may be variations due to differences in assembly and other normal operational and seasonal variances. Substituting ingredients may change nutritional values. This information does not include limited time offers or test products not in general release. Temporary substitution of standard ingredients may alter nutritional values within reasonable tolerances. There may be regional variations and not all items or options may be available at all locations.

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\* Product only available in Florida.